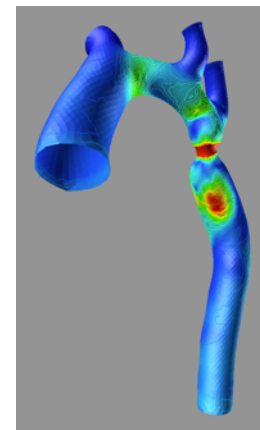
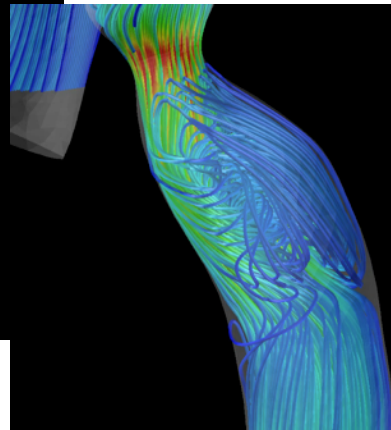
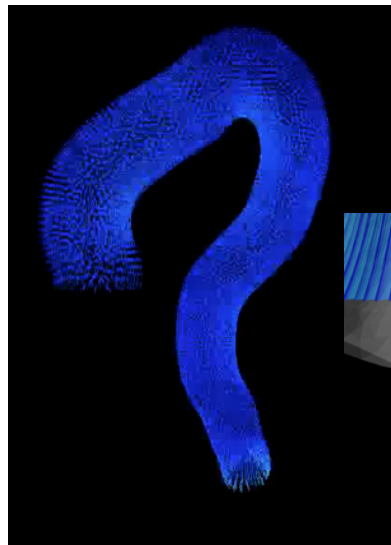
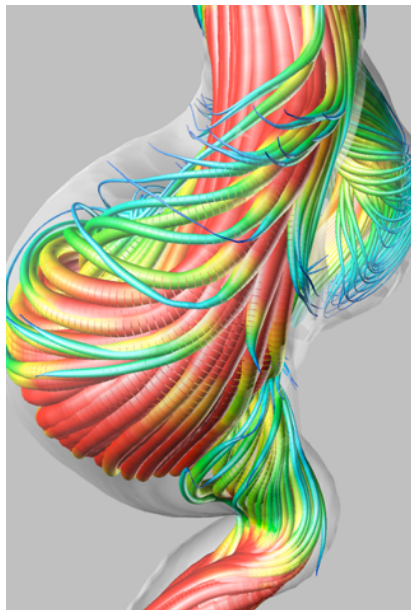
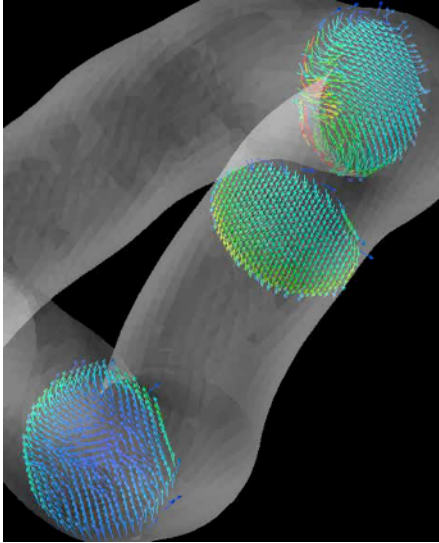


# Computational approach elucidating the mechanisms of cardiovascular diseases



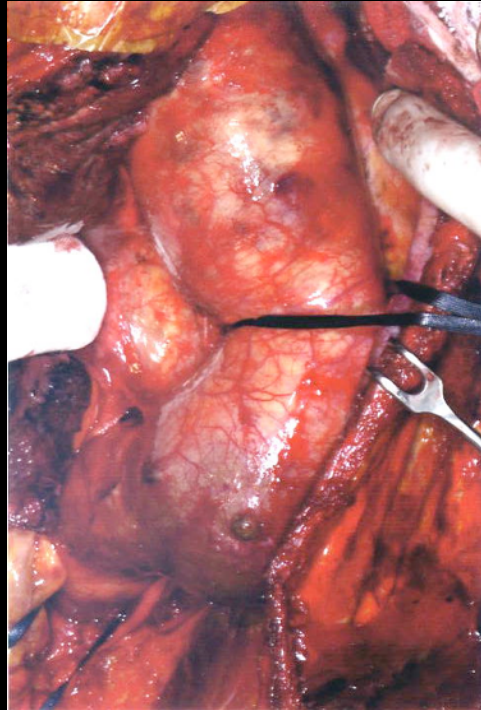
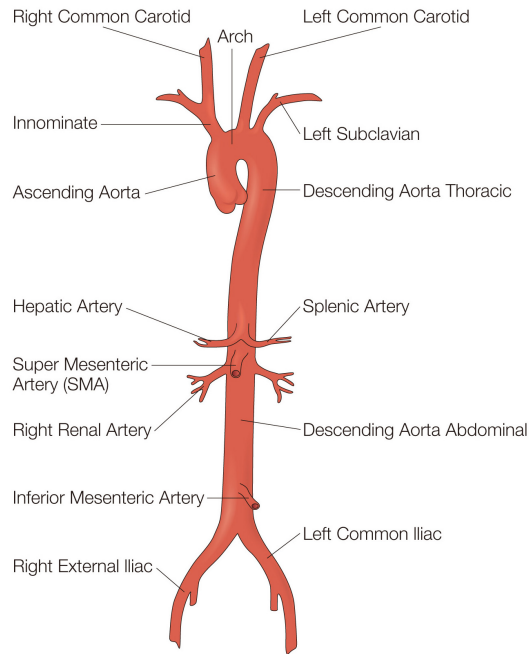
**Hiroshi Suito**  
**Tohoku University**

# Contents

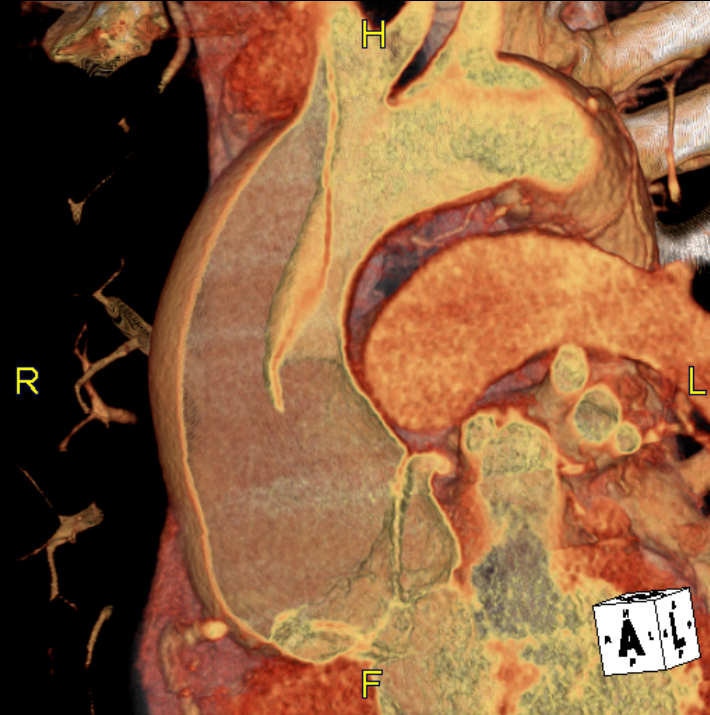
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- ❑ Medical background for cardiovascular diseases
- ❑ Flow computations using patient-specific geometries
- ❑ Examining flow characteristics in the aorta using simplified geometries
- ❑ Machine learning to predict important quantities
- ❑ Conclusions and future works

# Background



Aortic aneurysm

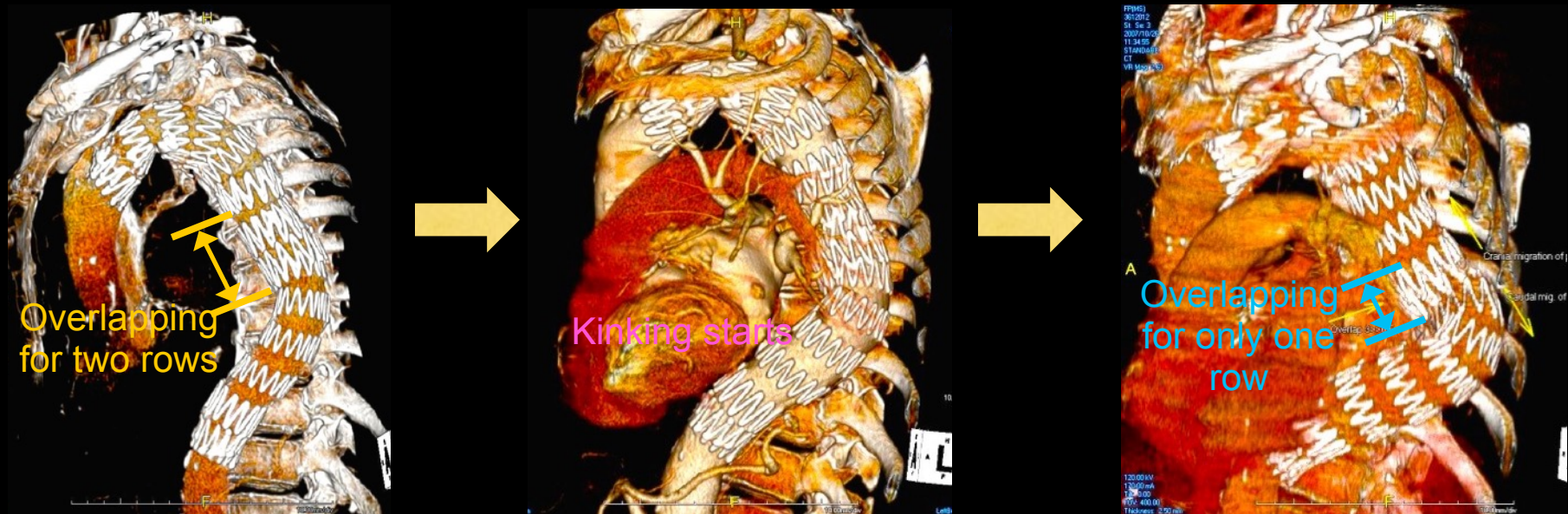


Aortic dissection

Aortic aneurysm is a life-threatening disease that slowly develops with advancing age of the patient . It presents risk of rupture. Many reports have described the risk factors, but the natural history of aneurysm development remains unclear. However, at least, stress from blood flow to the vessel wall is regarded as playing an important role in these diseases.

# Backgrounds

For cardiovascular diseases, several treatment options might be used such as open surgery and stent graft treatment. Even if the initial treatment technically succeeds, some patients show recurrence and progression of disease many years after treatment.



- In this patient's case, kinking slowly started and suddenly accelerated. Such long-term morphological change seems to interact synergically with hemodynamics.
- However, not all the patients show this kind of adverse event. This means that the relation between aorta shapes and blood flow seems to have positive feedback.
- The prediction whether this phenomenon will occur or not, is extremely important from the view point of clinical medicine.



# Factors influencing cardiovascular disease

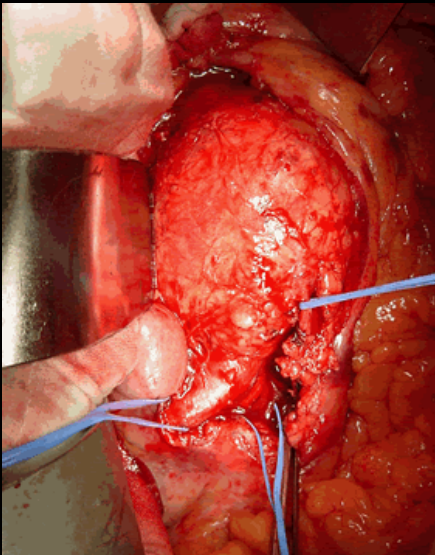
Lifestyle

Inheritable  
characters

Morphology



Disease



Morphology



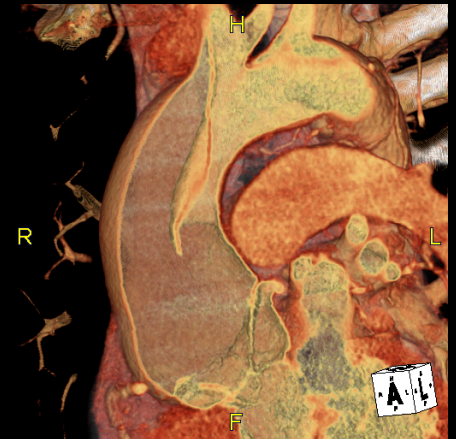
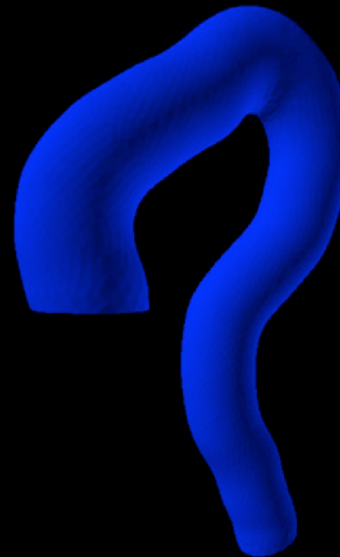
Flow  
characteristics



Vessel wall  
stresses



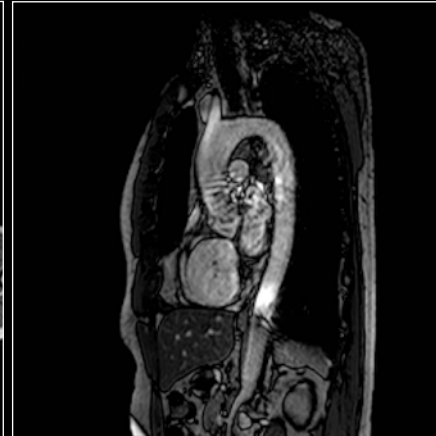
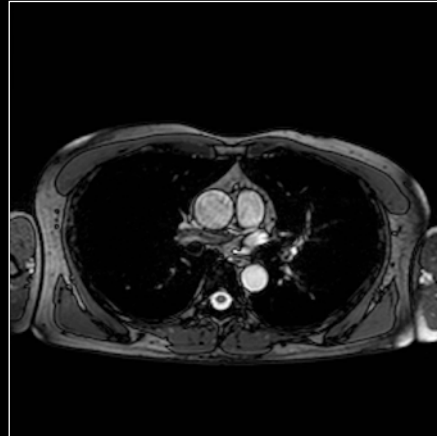
Disease



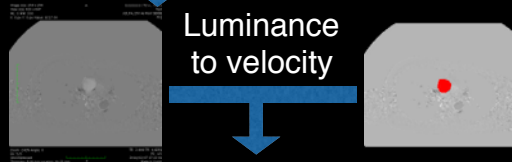
# Simulation using medical imaging data



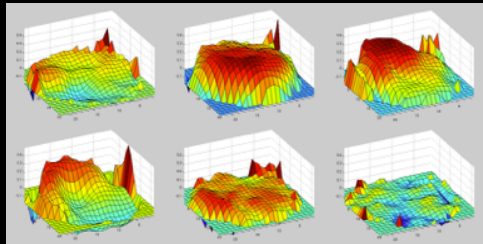
CT or  
MRI



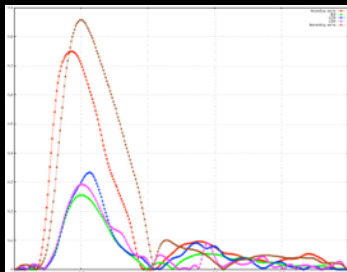
Phase-contrast MRI



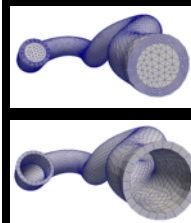
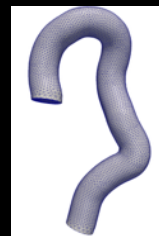
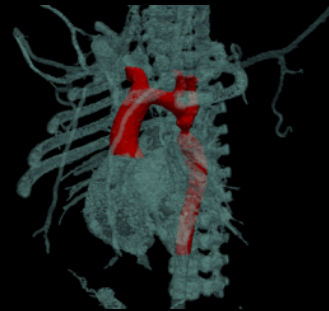
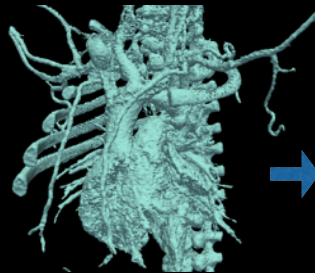
Luminance  
to velocity



Boundary conditions



Segmentation & Mesh generation



# Computational Method

## T. Tezduyar and K. Takizawa

- Deforming-Spatial-Domain/Stabilized-Space–Time Method (DSD/SST)
- Variational Multiscale (VMS) method

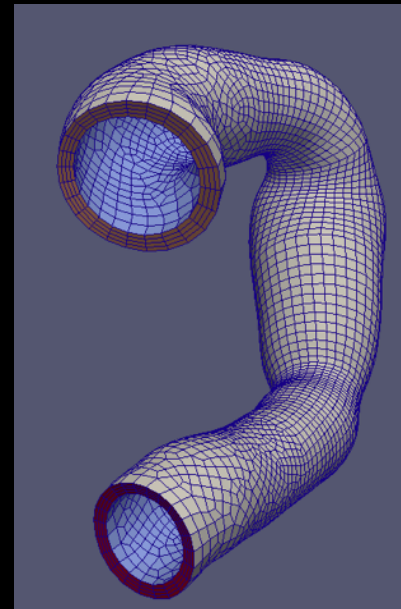
- [1] T.E. Tezduyar, "Stabilized finite element formulations for incompressible flow computations", *Advances in Applied Mechanics*, Vol. 28, pp. 1–44 (1992).
- [2] K. Takizawa and T.E. Tezduyar, "Multiscale space–time fluid–structure interaction techniques", *Computational Mechanics*, Vol. 248, No. 3, pp. 247–267 (2011).
- [3] T.E. Tezduyar, K. Takizawa, C. Moorman, S. Wright and J. Christopher, "Multiscale Sequentially-Coupled Arterial FSI Technique", *Computational Mechanics*, Vol. 46 17–29 (2010).



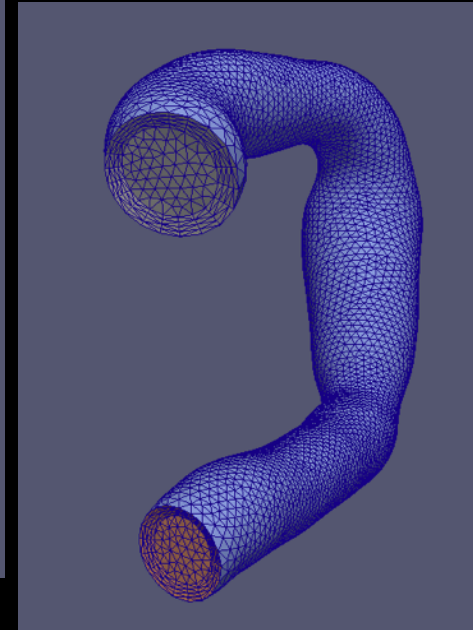
# FSI (Fluid-structure Interaction) procedure

## Sequentially-Coupled Arterial FSI (SCAFSI) Technique

1. Compute the vessel wall motion for one heart period using the equation for structure. Measured pressure history data are given as an external force.
2. Compute the mesh motion for the fluid region by imposing the surface mesh displacement as a Dirichlet condition.
3. Compute the flow field on the prescribed moving mesh calculated in the previous step.



Hexahedral mesh  
for structure

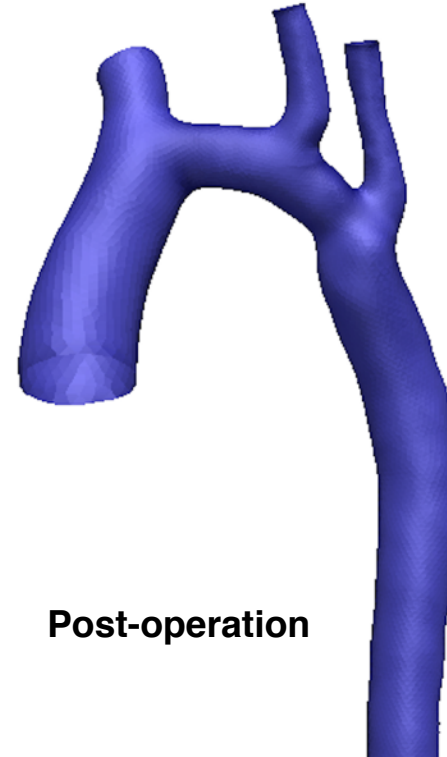
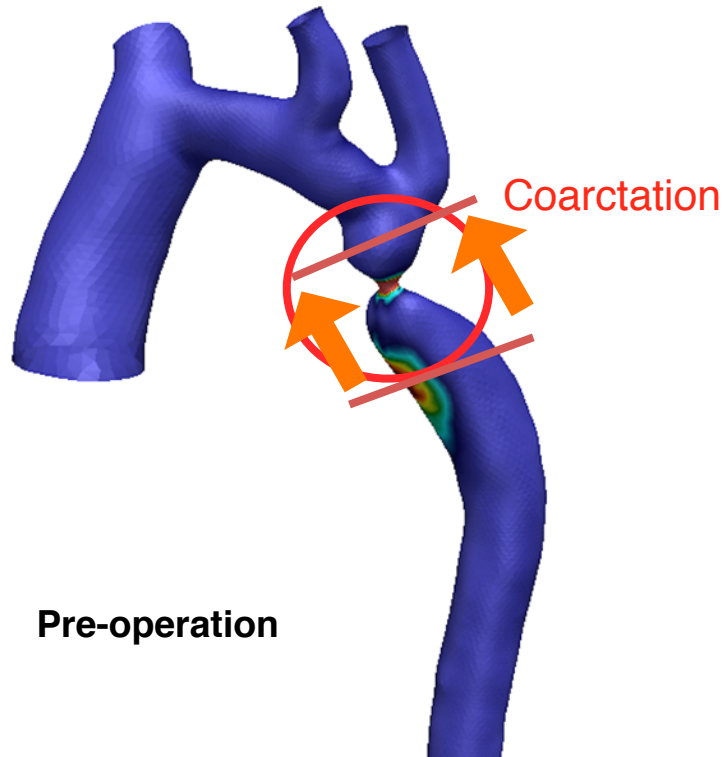
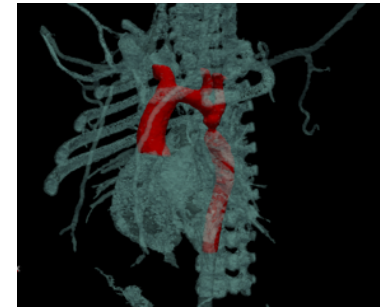
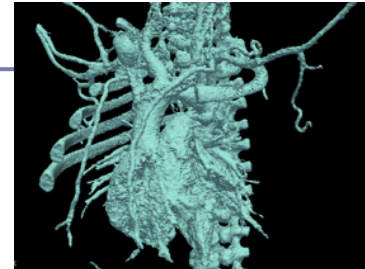


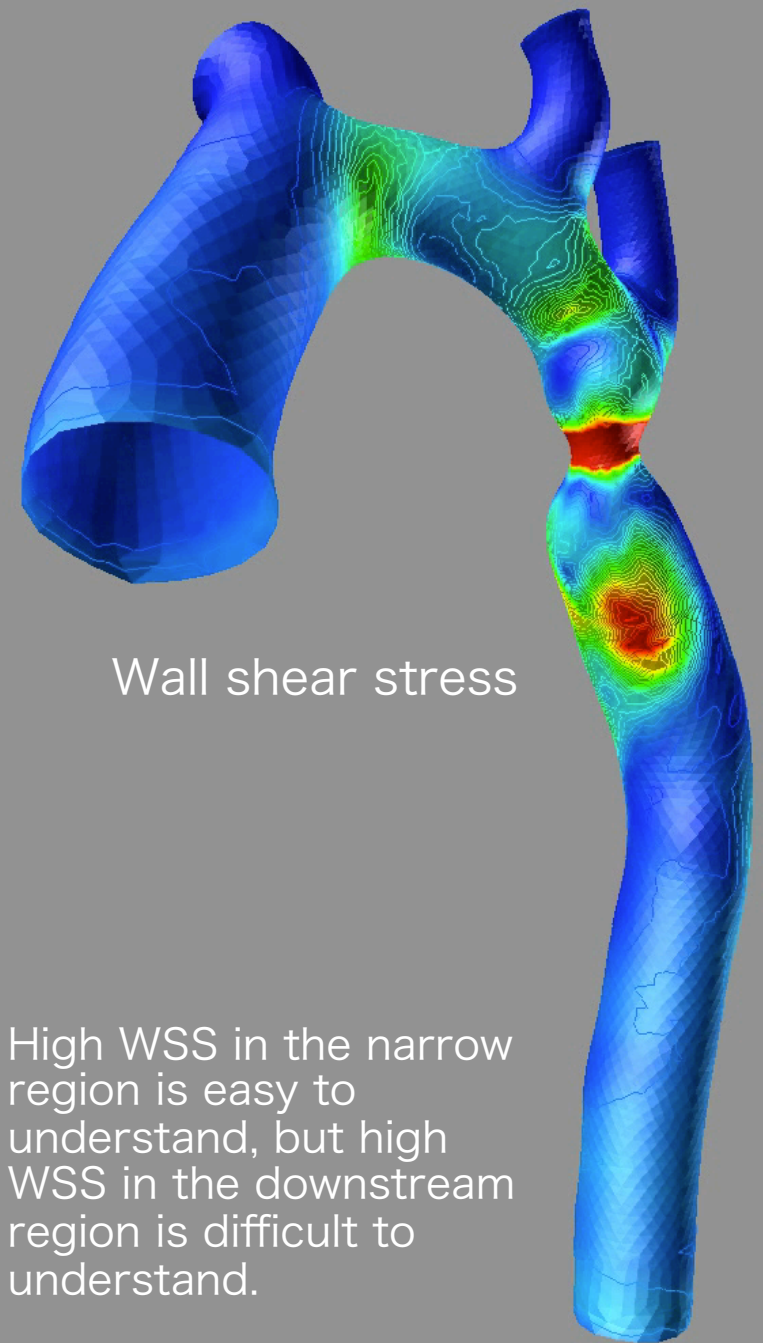
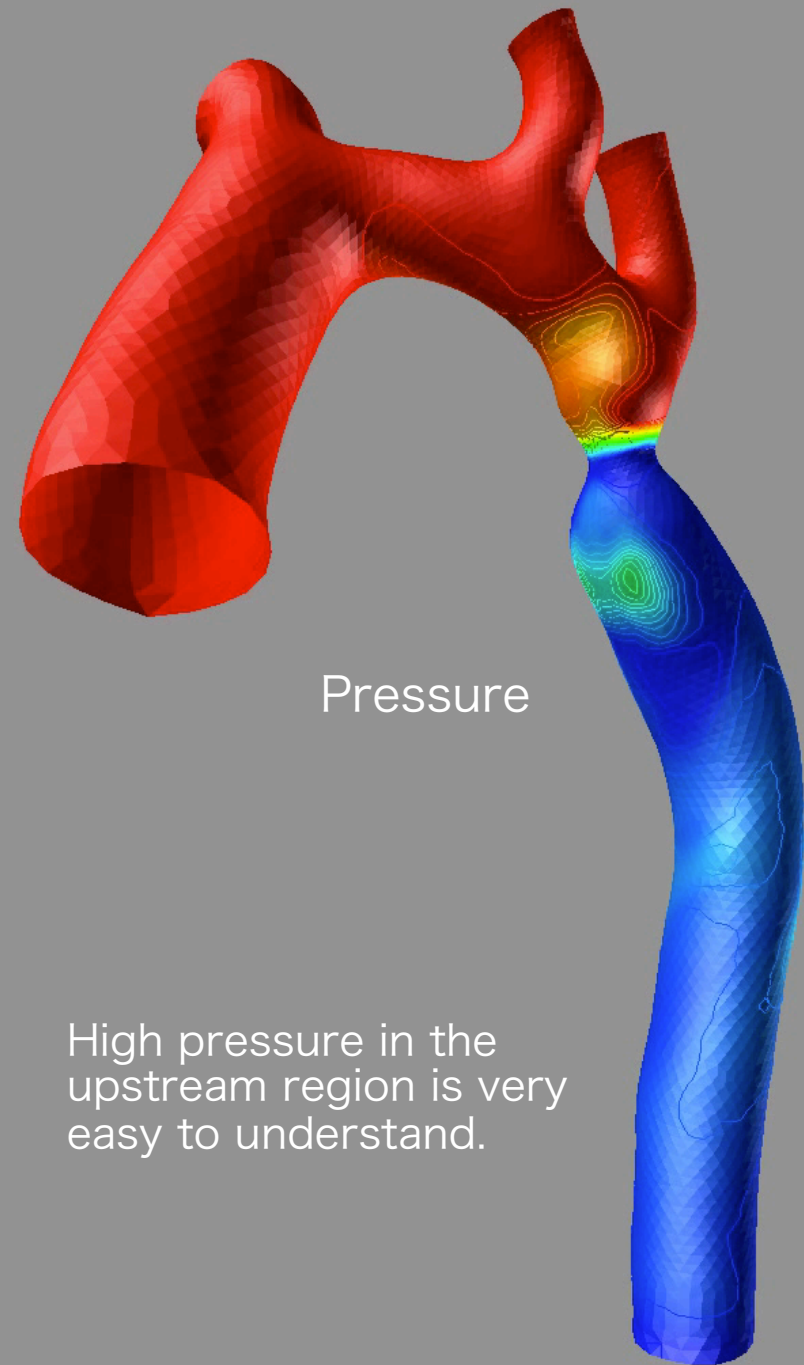
Tetrahedral mesh  
for fluid

[3] T.E. Tezduyar, K. Takizawa, C. Moorman, S. Wright and J. Christopher, "Multiscale Sequentially-Coupled Arterial FSI Technique", *Computational Mechanics*, Vol. 46 17–29 (2010).

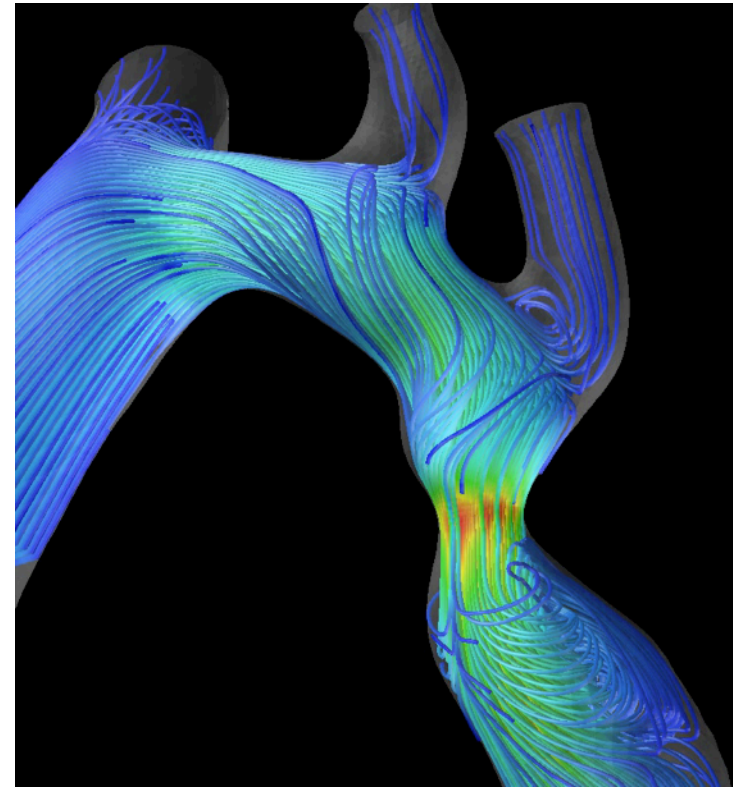
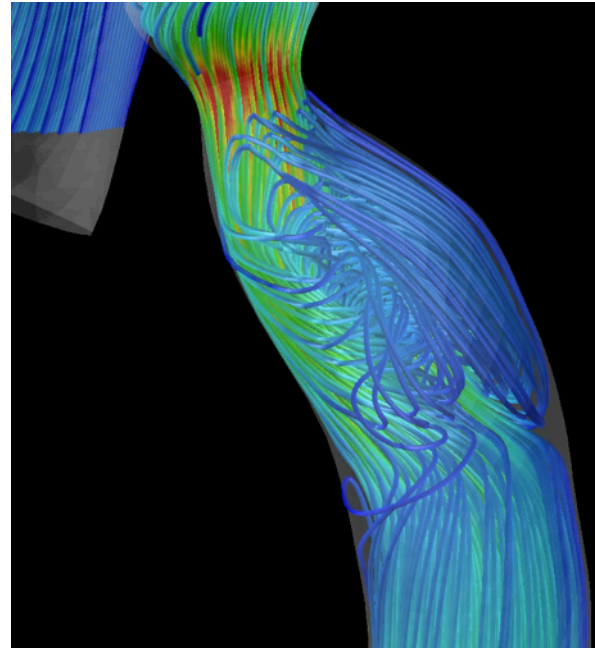
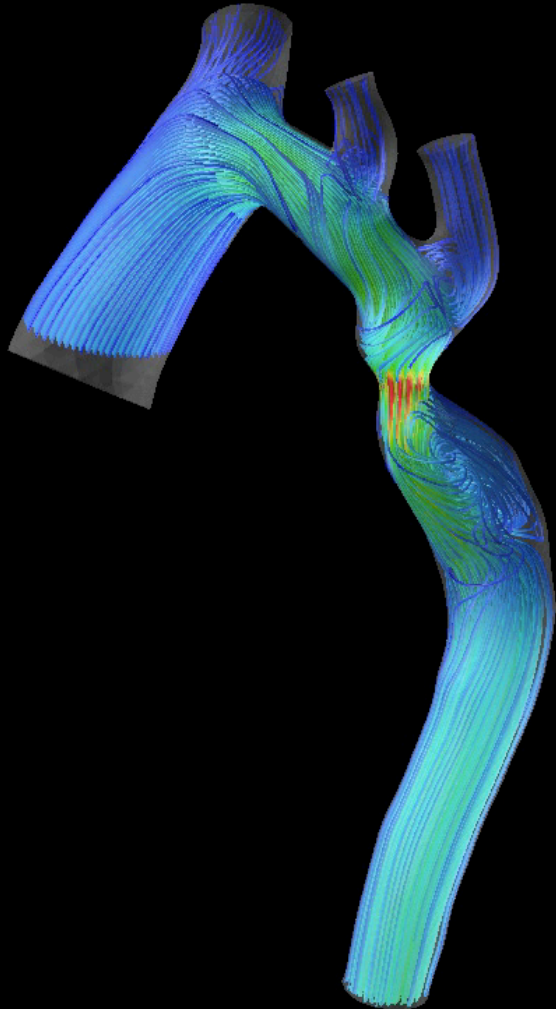
## Example: coarctation case

- Three-month-old baby, weight 4.9 kg
- Ascending aorta: 9 mm diameter
- Narrowest part: 1.8 mm diameter, max. velocity 3.2 m/s.
- Heart rate 110/min





# Streamlines







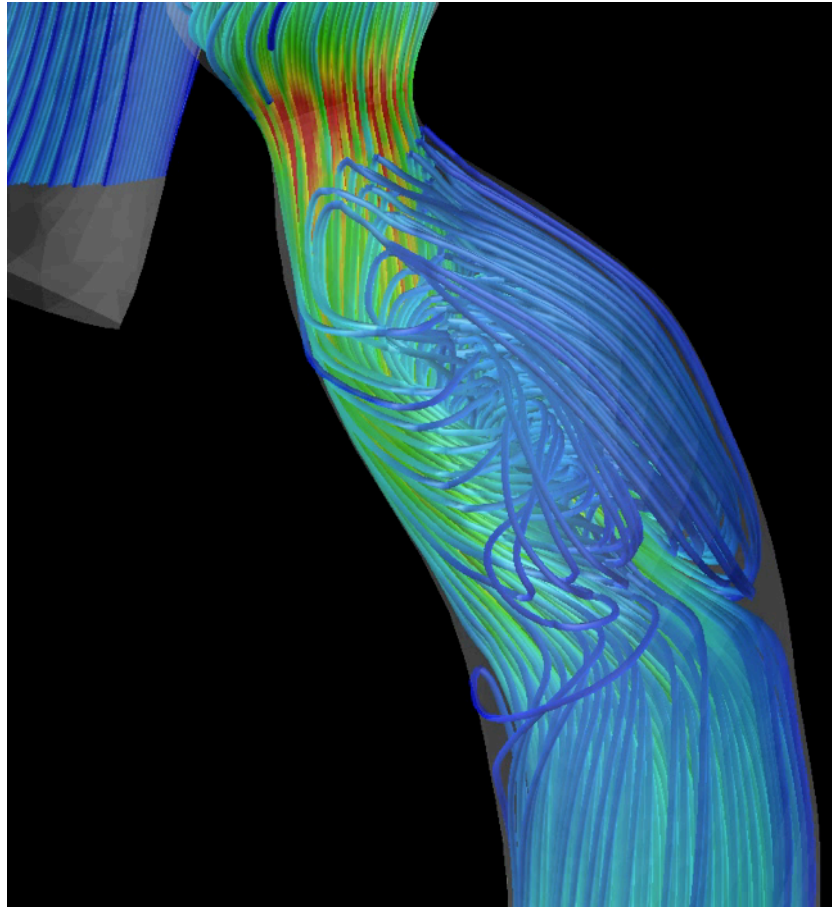
Rigid wall

Peak systole

FSI

Late systole

Diastole

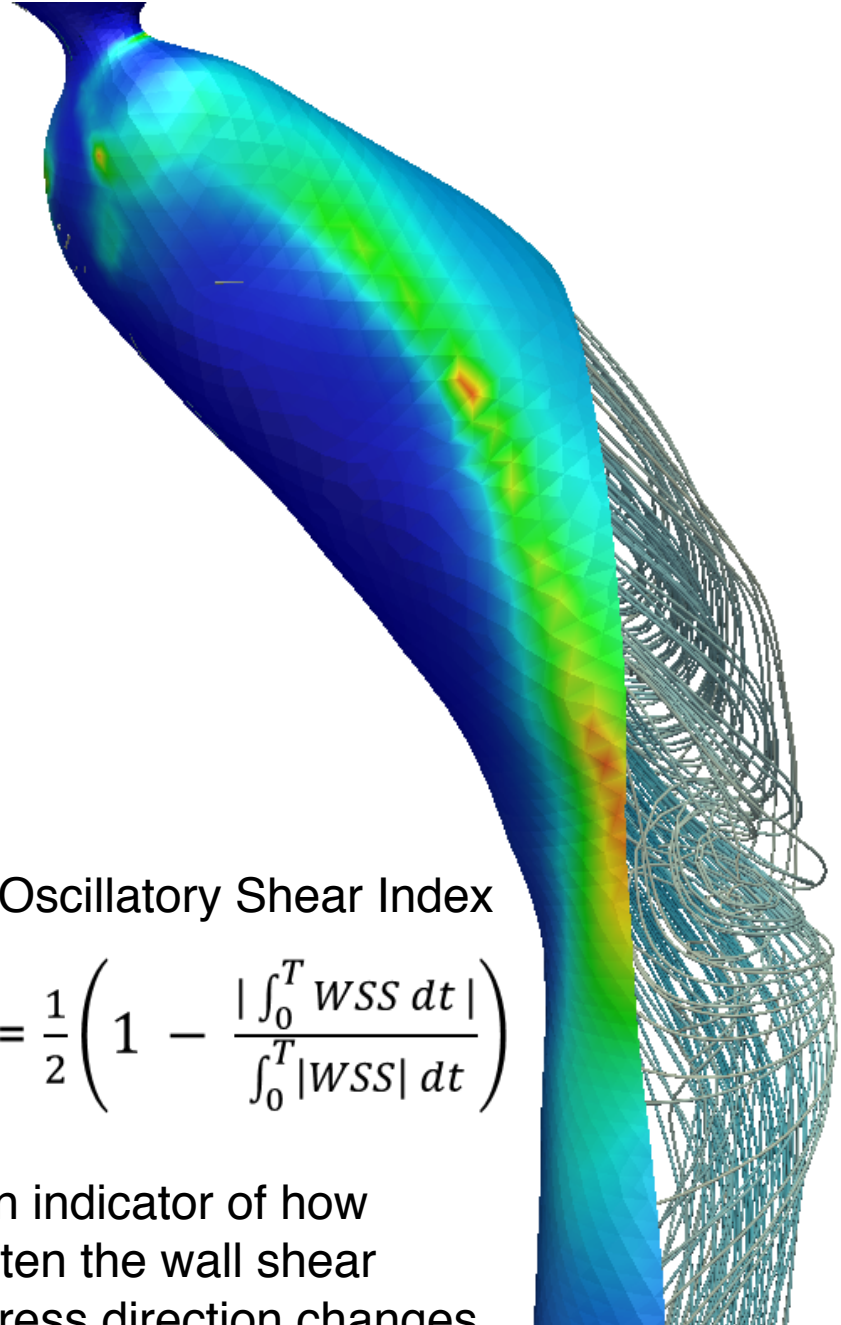


Pressure

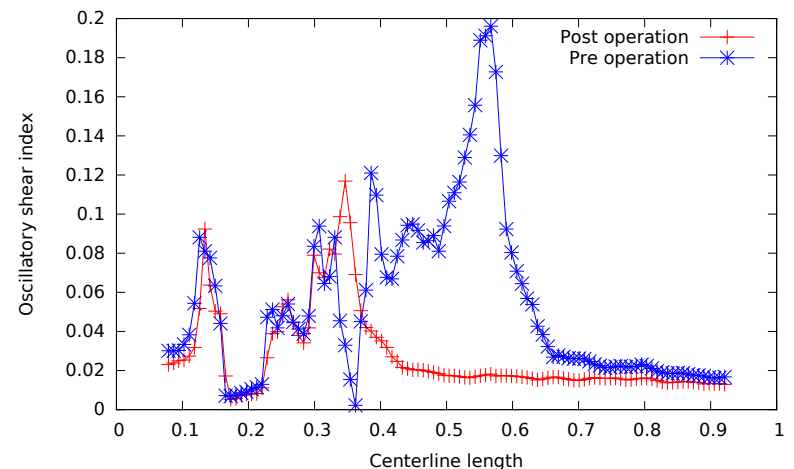
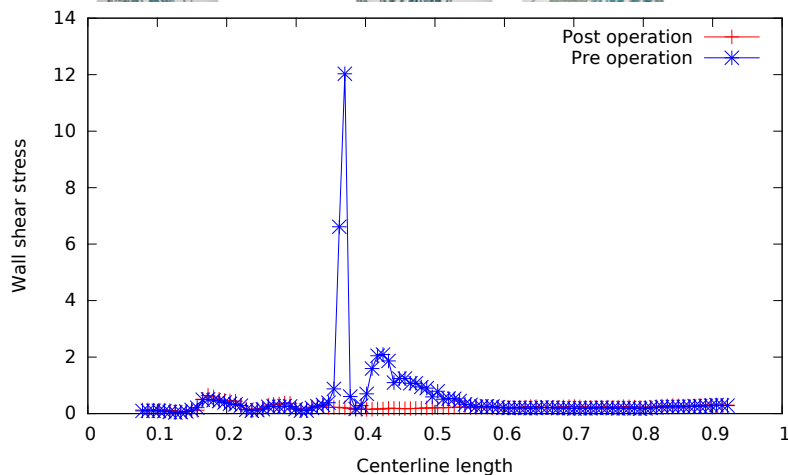
OSI: Oscillatory Shear Index

$$OSI = \frac{1}{2} \left( 1 - \frac{|\int_0^T WSS \, dt|}{\int_0^T |WSS| \, dt} \right)$$

An indicator of how often the wall shear stress direction changes



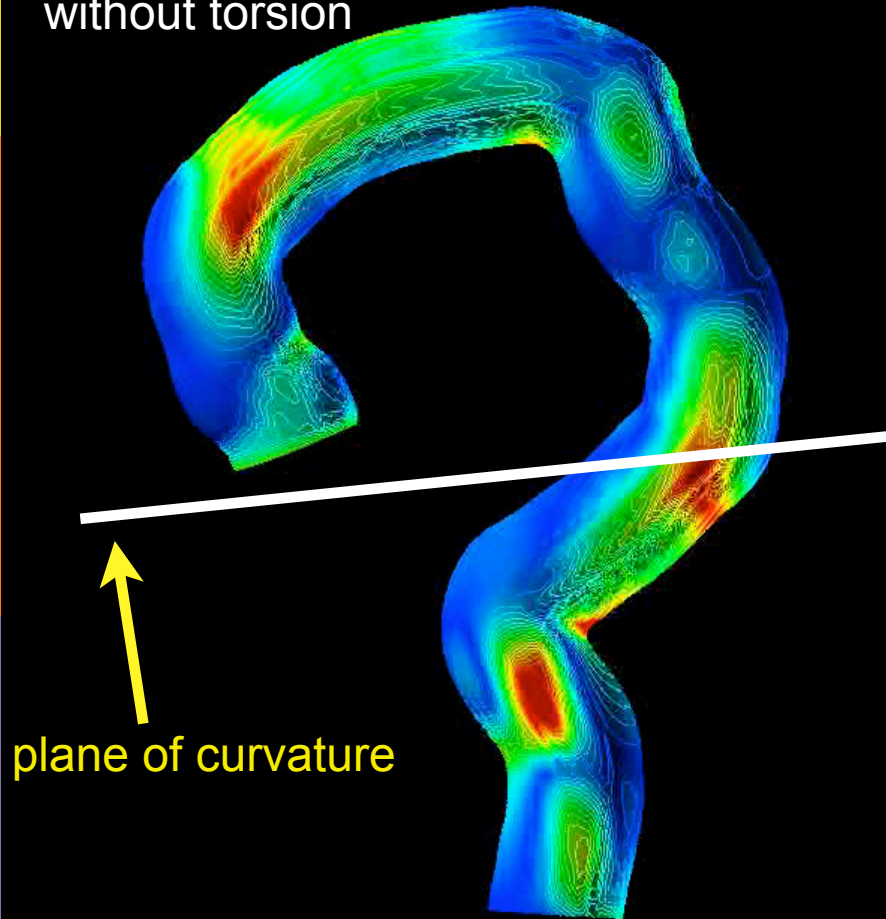




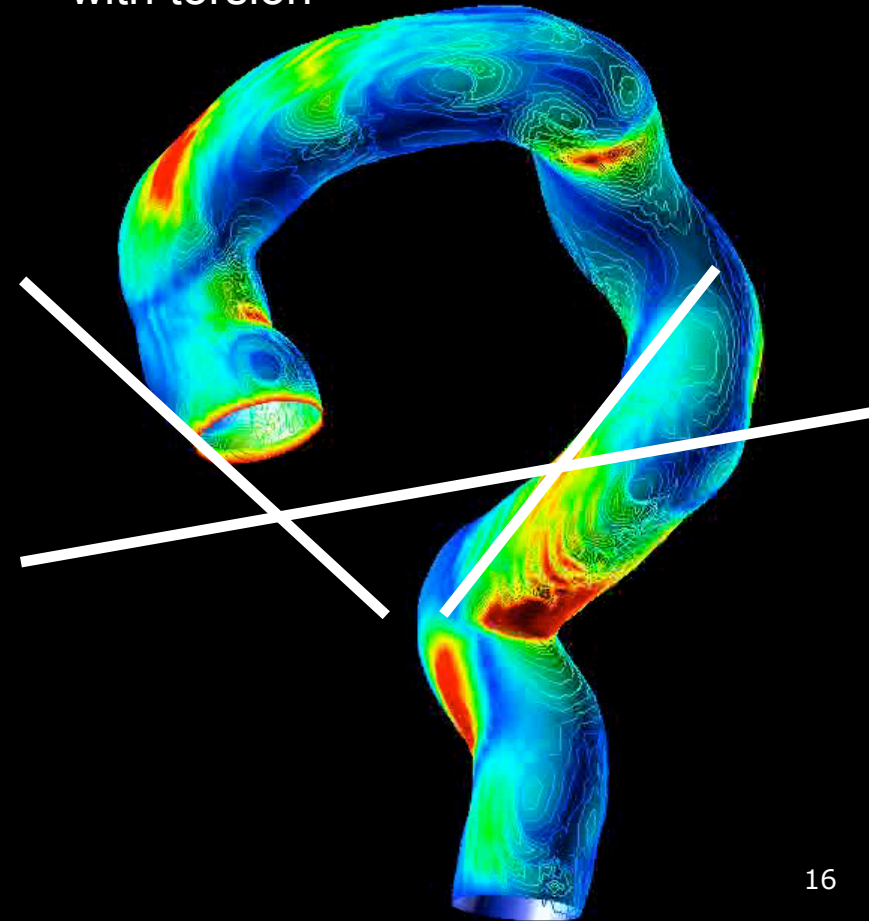
- Large WSS and OSI are observed just downstream of the coarctation, which is caused by an instability of the jet from the orifice.
- This phenomenon can be regarded as one reason for dilation sometimes observed in downstream of coarctation.
- These high wall shear stress and high OSI regions disappeared in the post-operation shape.

# Geometrical and fluid dynamical characteristics of vessels and blood flows

without torsion



with torsion



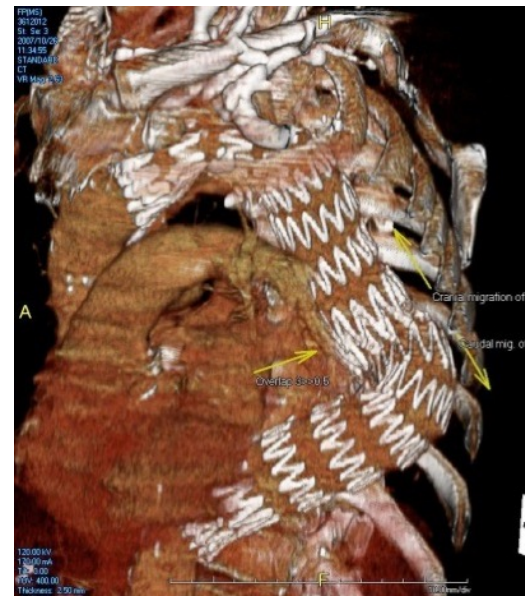
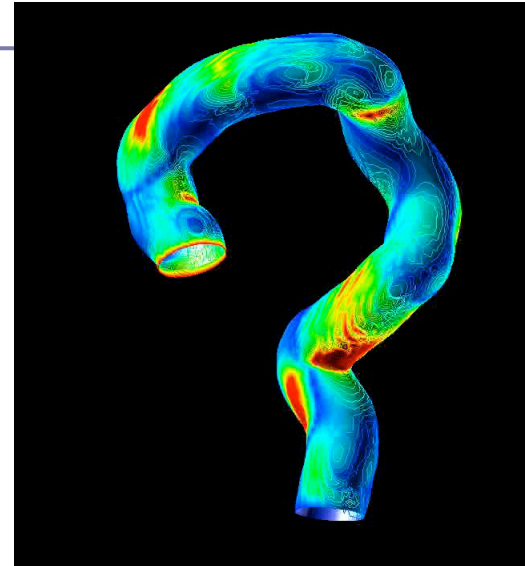


# Geometrical representation of the aorta

# Frenet–Serret formula

$$\frac{d}{ds} \begin{pmatrix} \tau \\ \mathbf{n} \\ \mathbf{b} \end{pmatrix} = \begin{pmatrix} 0 & Cv & 0 \\ -Cv & 0 & To \\ 0 & -To & 0 \end{pmatrix} \begin{pmatrix} \tau \\ \mathbf{n} \\ \mathbf{b} \end{pmatrix}$$

- ❑ **Radius:** Almost linearly decreasing for healthy aorta. Not considered here.
- ❑ **Curvature:** Human aorta goes upward from heart and then turns downward. Therefore, differences among individuals are small. Curvature effect is characterized by **Dean's number**.
- ❑ **Torsion:** Human aorta goes through several organs and bends. Therefore, torsion differences among individuals are large.



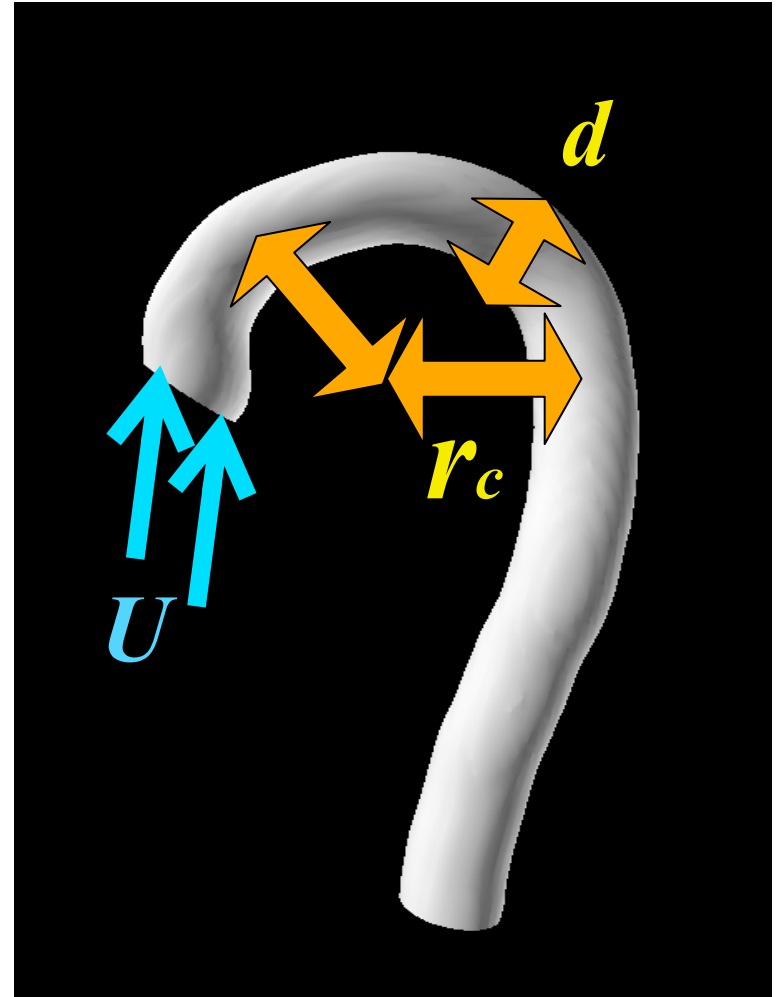
# Non-dimensional parameters

- Reynolds number

$$Re = \frac{Ud}{\nu}$$

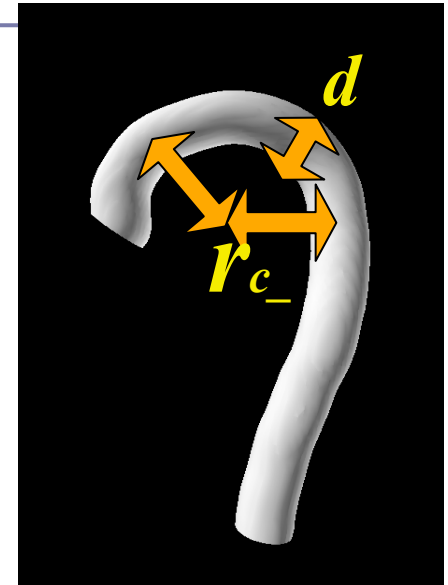
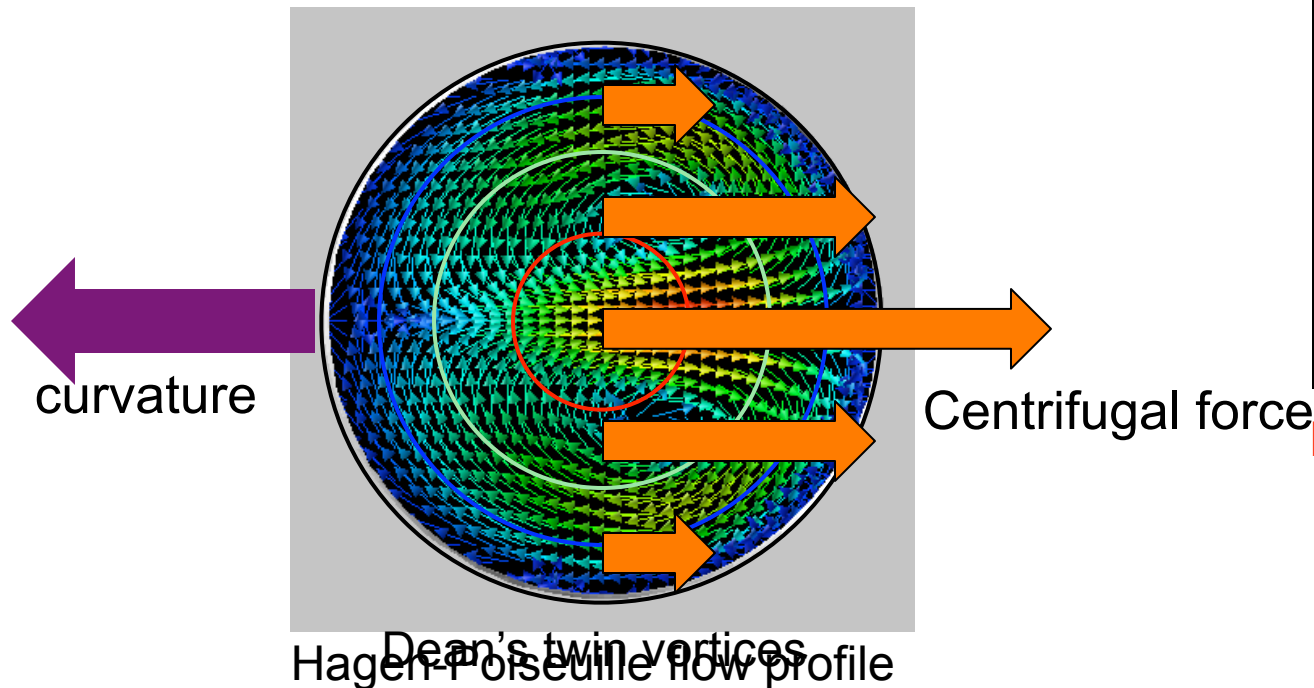
- Dean number

$$De = 4\sqrt{\frac{d}{r_c}}$$



# Dean's vortices

Characteristic secondary flows are observed in curved tubes.

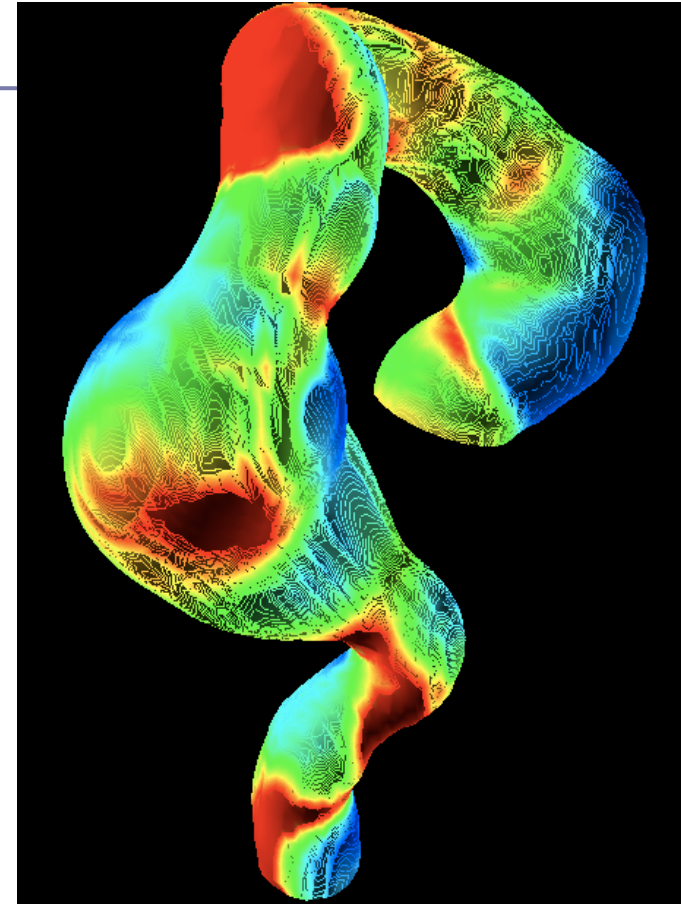
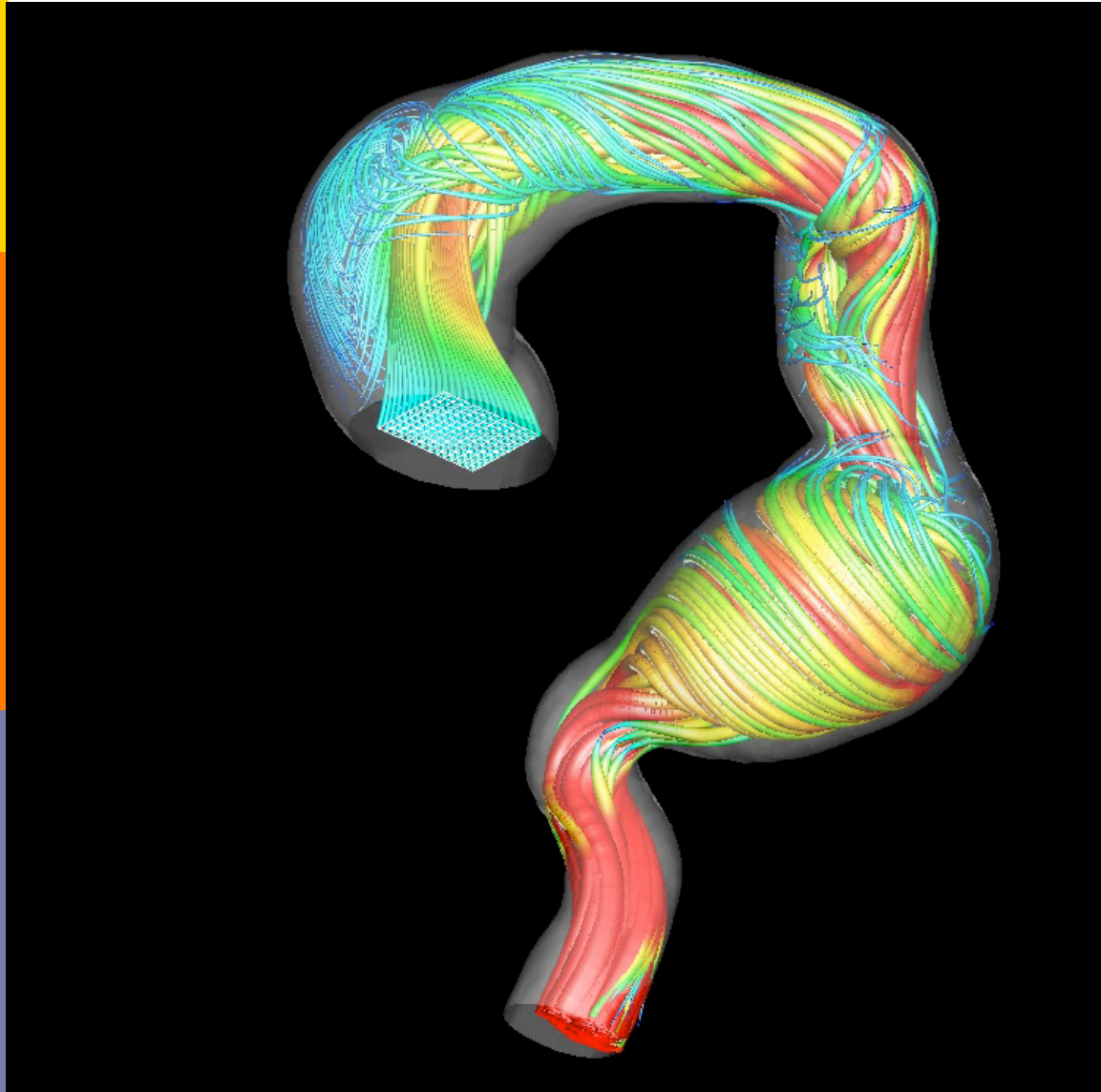


Dean number

$$De = 4 \sqrt{\frac{d}{r_c}} \approx 5$$

- (1) In the straight circular tube, Hagen-Poiseuille flow profile is achieved.
- (2) If the tube has curvature, then the centrifugal force acts in the opposite direction of the curvature.
- (3) The centrifugal force is proportional to the velocity in the axis direction.
- (4) A set of opposite-sign vortices is generated as a secondary flow.

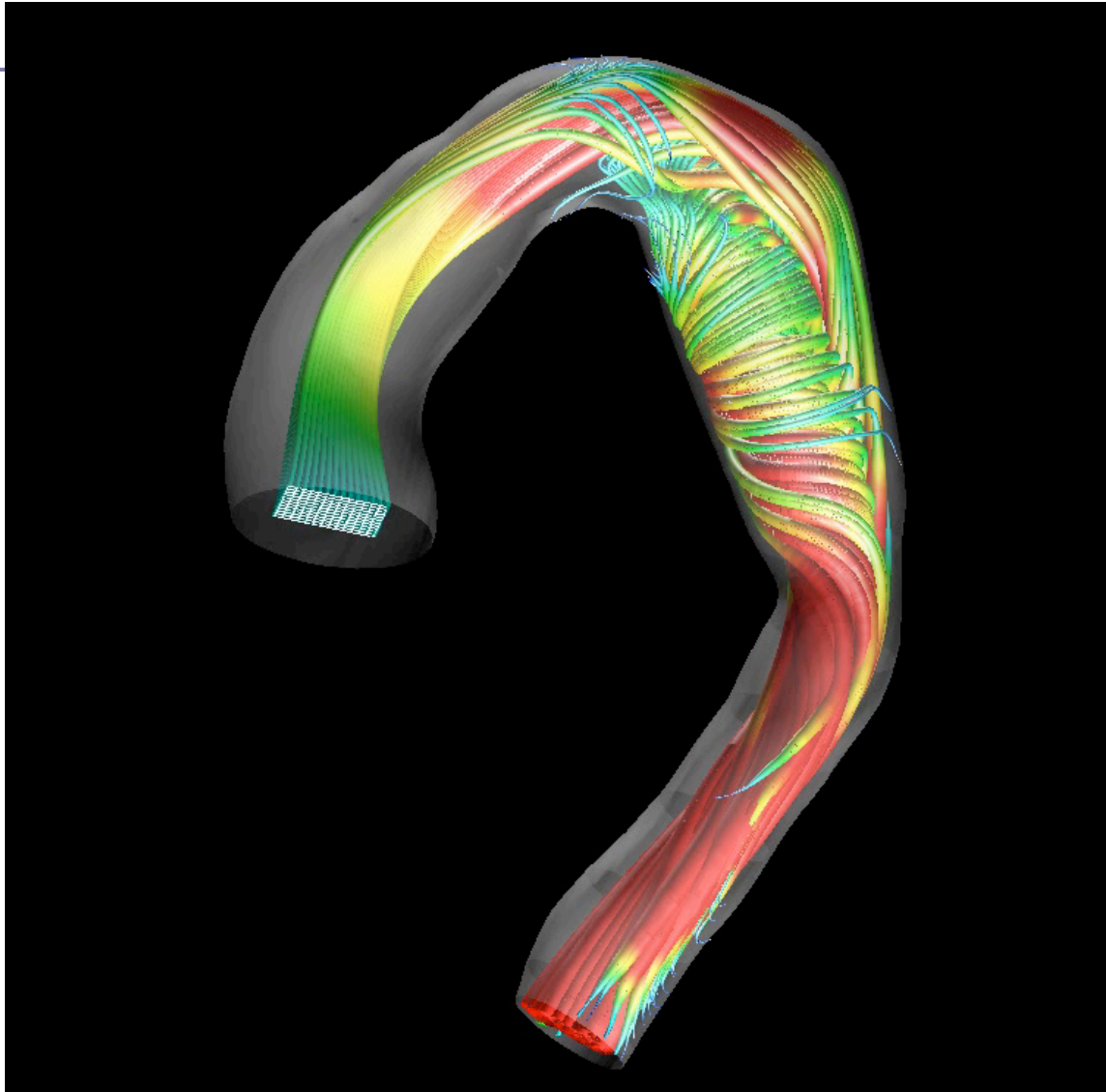
## Blood flow visualized by instantaneous streamlines

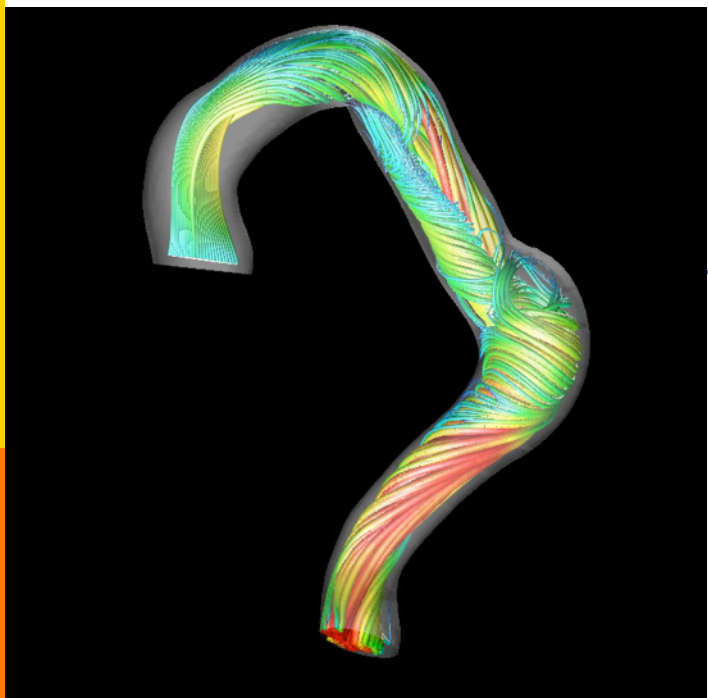


Distribution of time-averaged wall shear stress

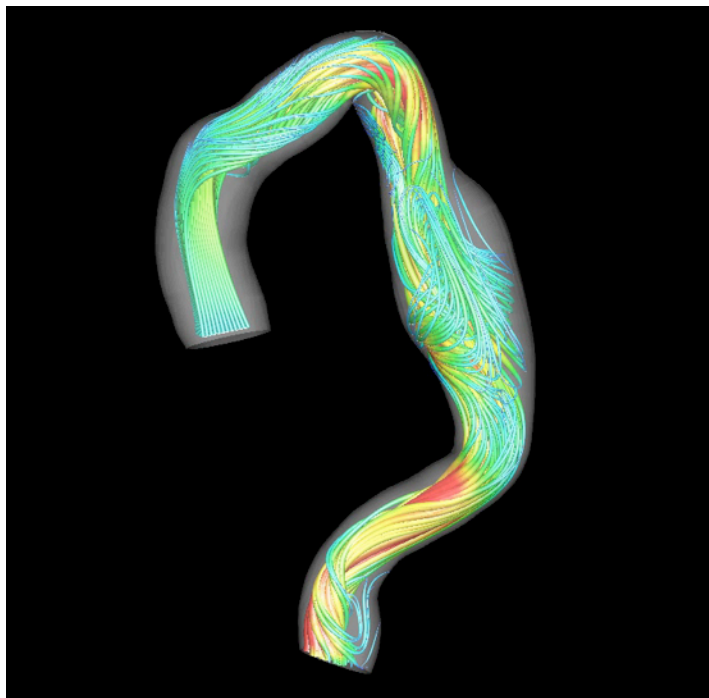


# Swirling flow visualized by instantaneous streamlines (A001)

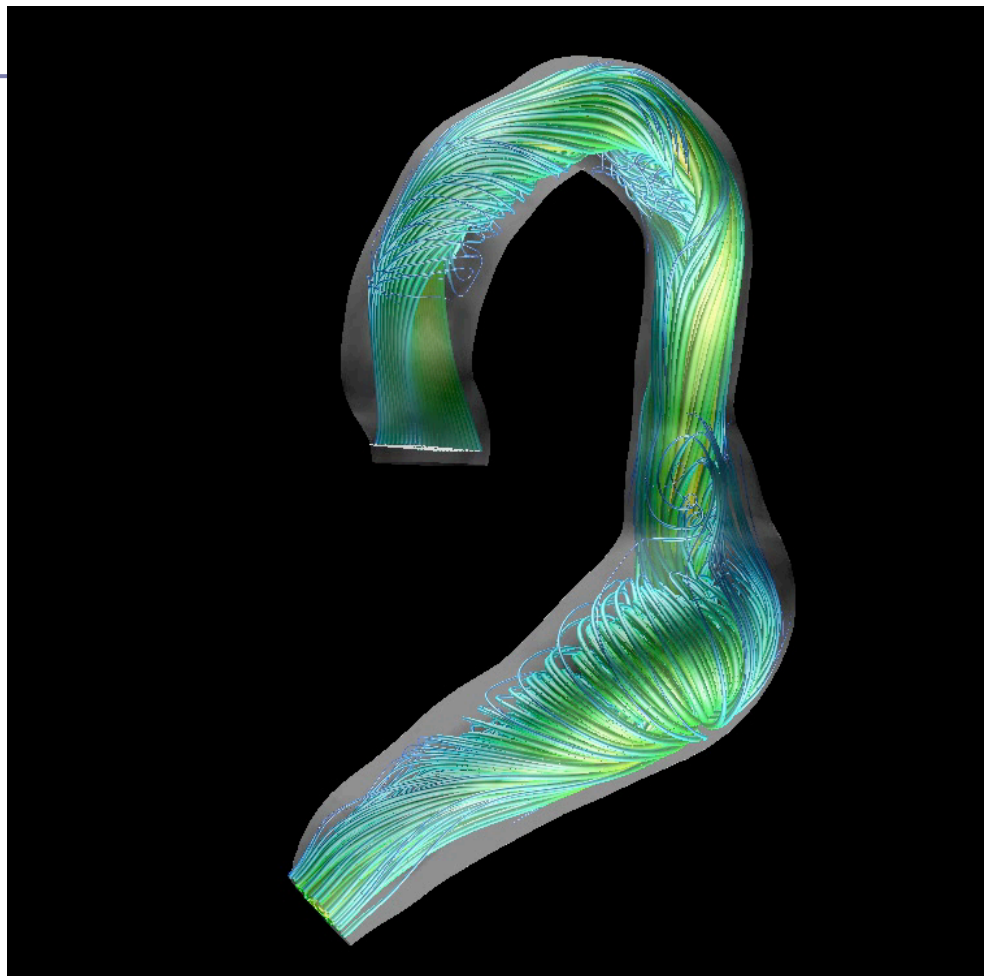




A006

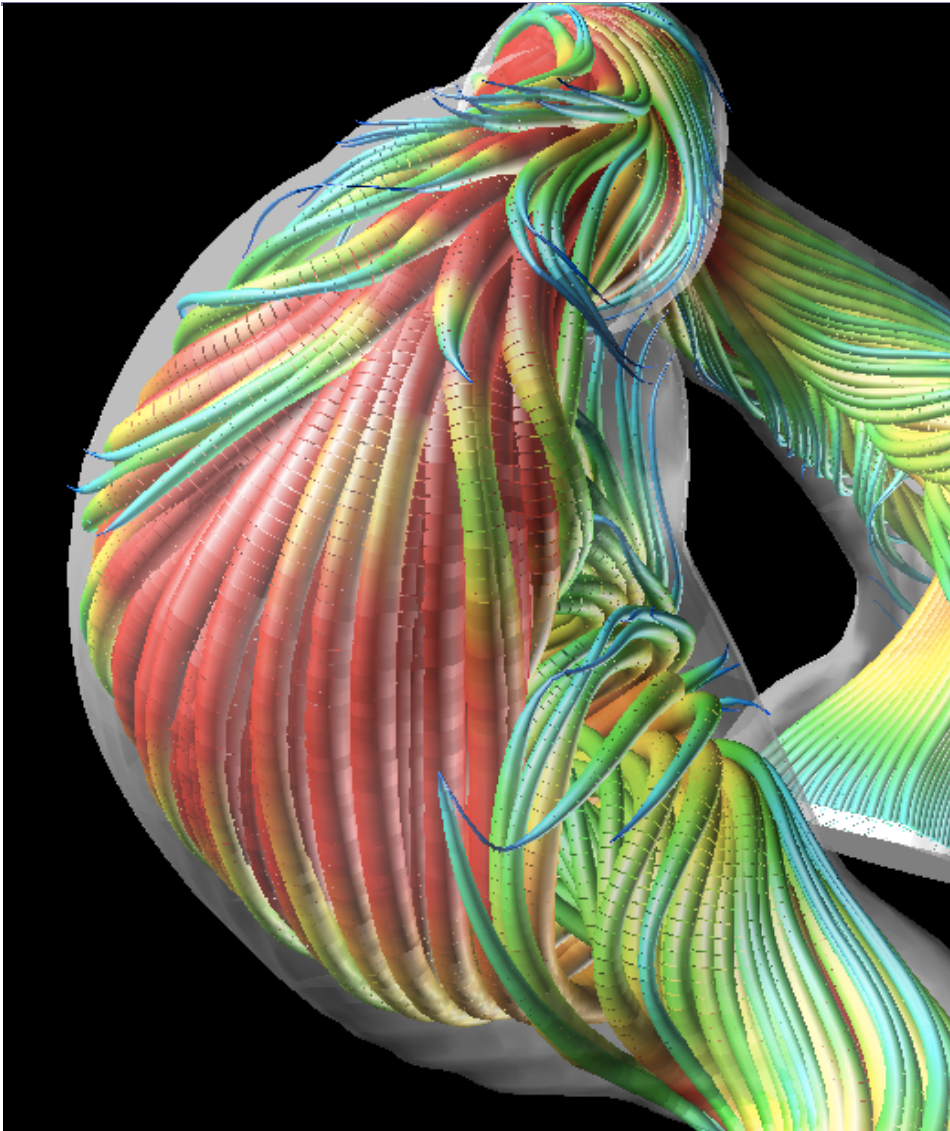


A004

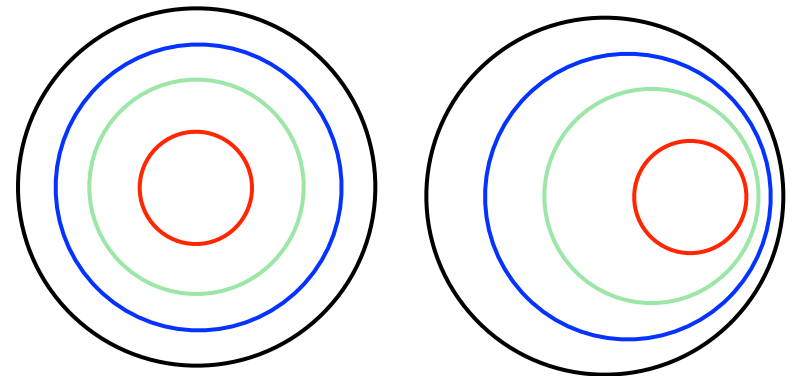


A010 with stagnation point

# Naked flow



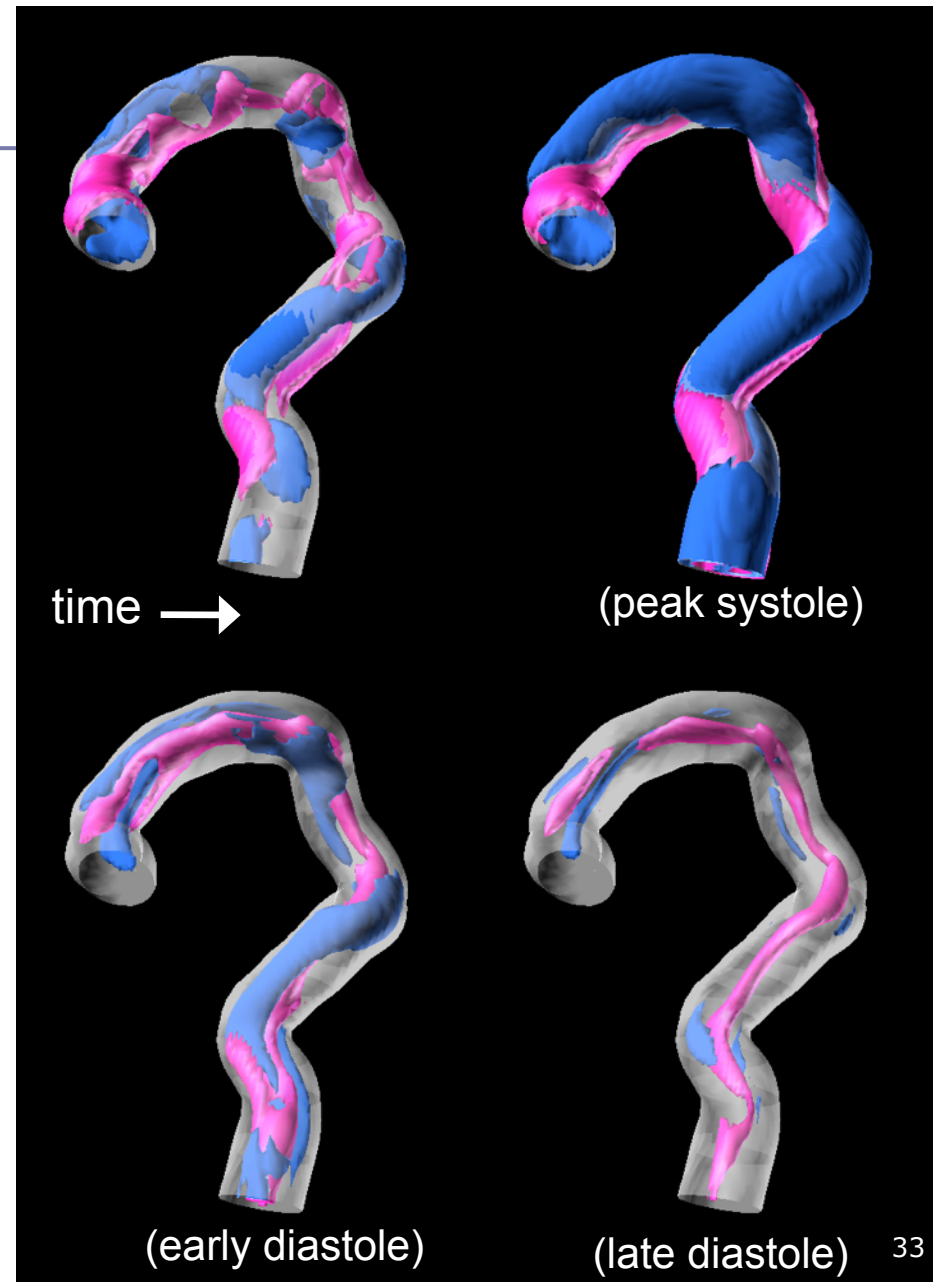
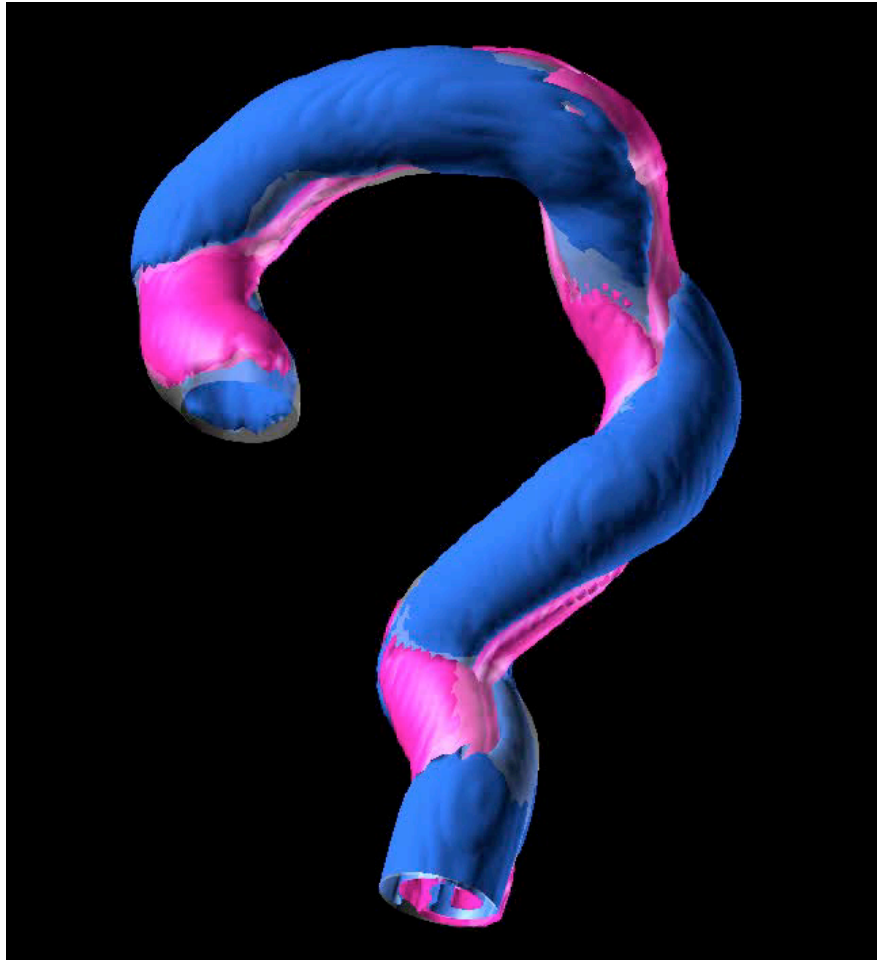
- If the vessel is straight, Poiseuille-like flow profile is achieved. The strong velocity is confined to the center region of the vessel.
- In the case with curvature and torsion, this strong velocity is conducted to the near-wall region, which causes strong wall shear stress.



# Streamwise vorticity contours

red, clockwise

blue, counter-clockwise

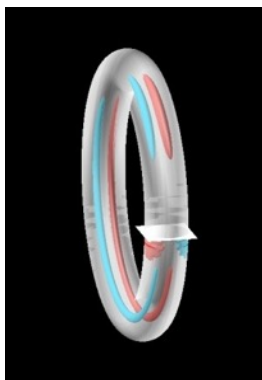




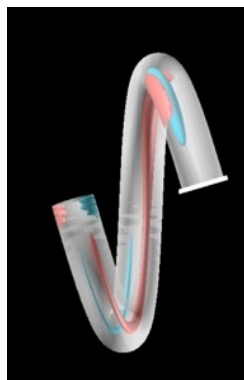
# Simple spiral tubes

- The aorta has numerous shape factors, such as the radius, shape of cross-sections, and shape of centerlines.
- We are going to examine the fundamental flow characteristics using simplified spiral geometries.

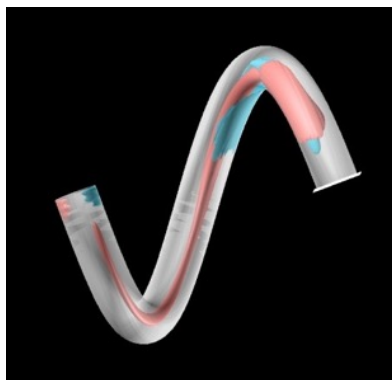
$$\begin{cases} x = a \cos u \\ y = a \sin u \\ z = hu \end{cases} \quad \begin{aligned} C_v &= \frac{a}{a^2 + h^2} \\ T_o &= \frac{h}{a^2 + h^2} \end{aligned}$$



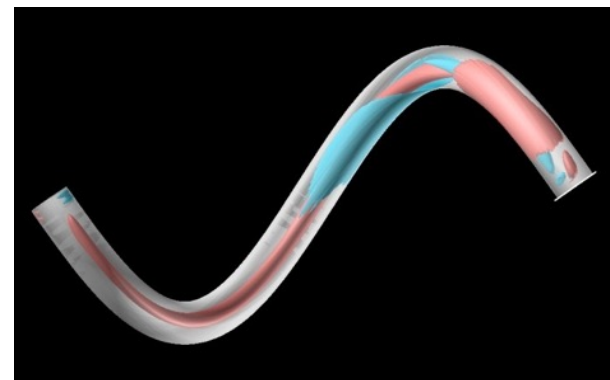
$$\begin{aligned} \chi &= 16.7 \\ \tau &= 0.0 \end{aligned}$$



$$\begin{aligned} \chi &= 16.2 \\ \tau &= 2.7 \end{aligned}$$



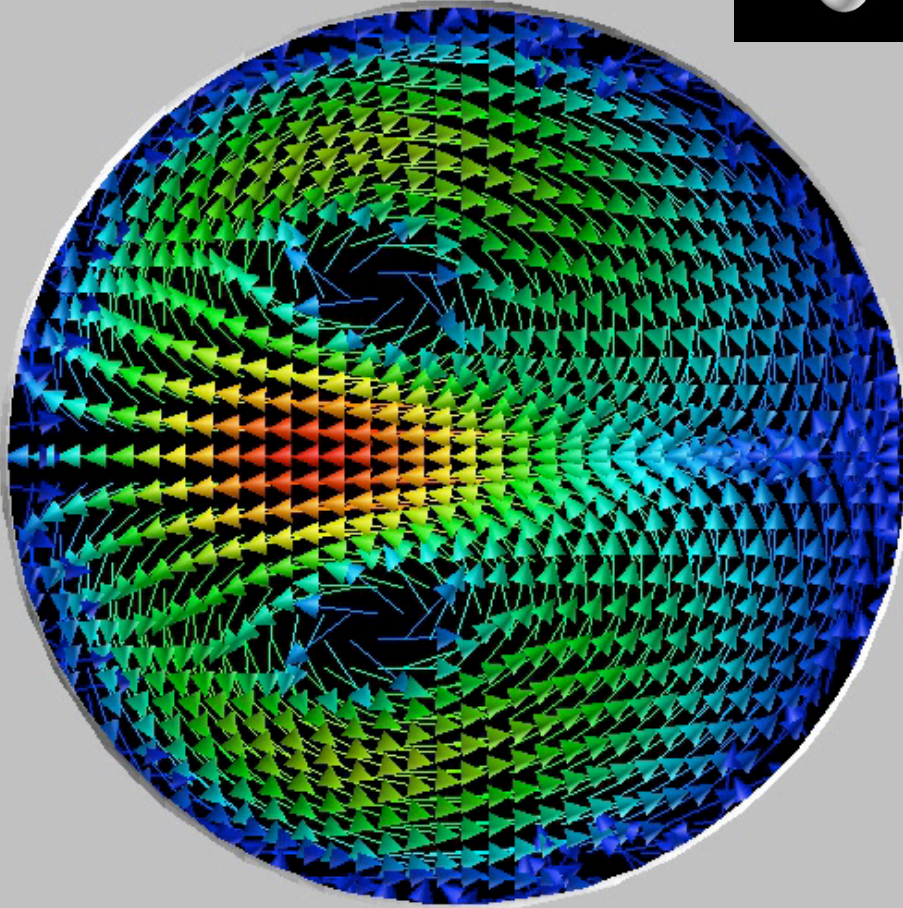
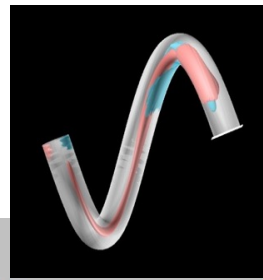
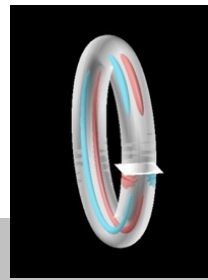
$$\begin{aligned} \chi &= 15.0 \\ \tau &= 5.0 \end{aligned}$$



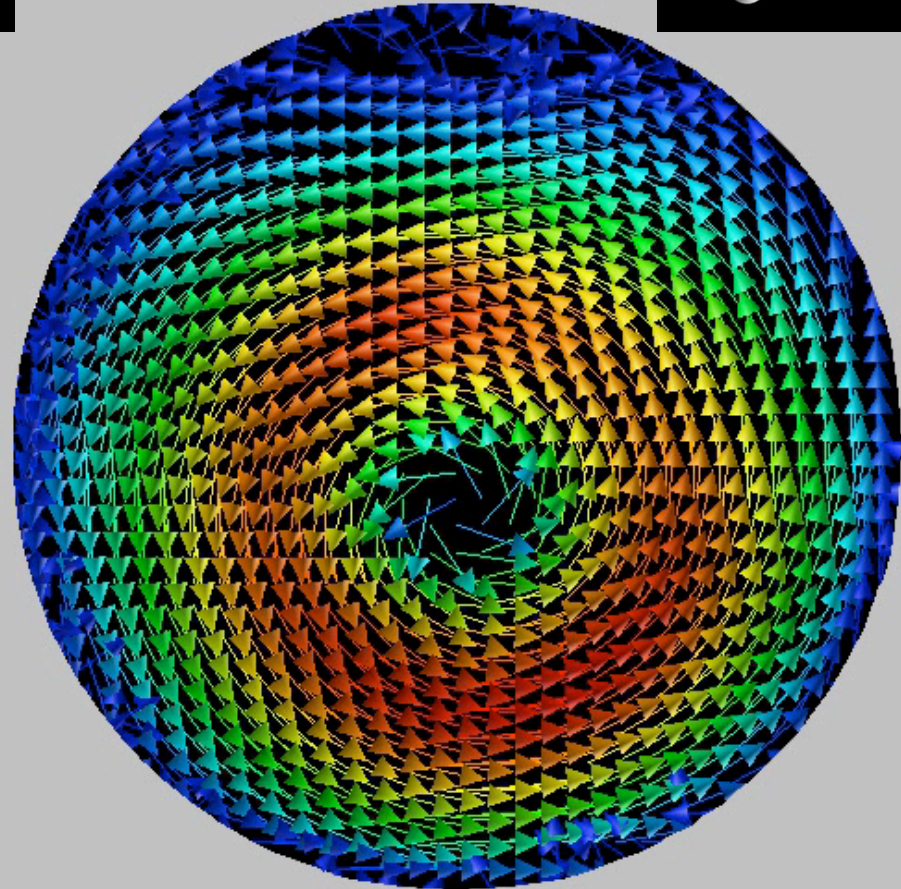
$$\begin{aligned} \chi &= 11.5 \\ \tau &= 7.7 \end{aligned}$$

Consider these simple spiral tubes to investigate the dependence of the flows on several parameters. The pulsate velocity profile is given in the in-flow boundary. 17

# Secondary flows



Torsion = 0.0

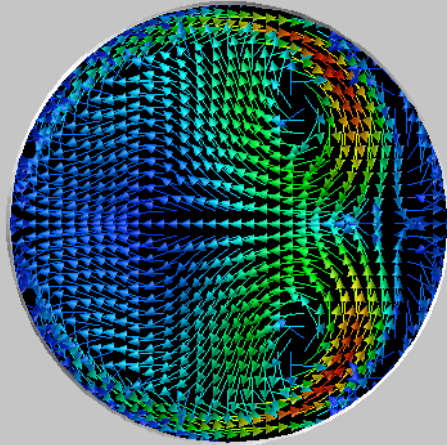
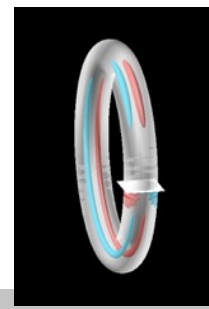


Torsion = 5.0

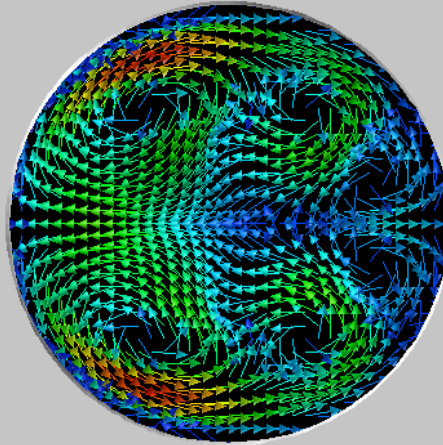
In the right hand side movie, merging and growing history of the one vortex can be seen.



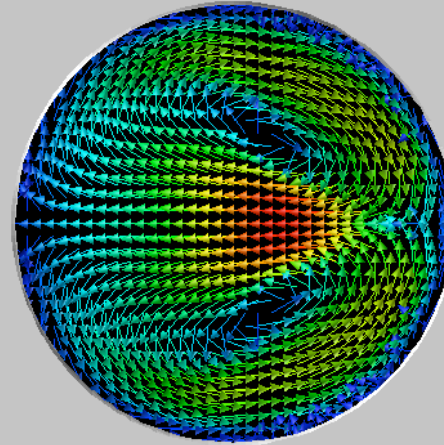
## Secondary flow in a simple spiral tube (zero torsion case)



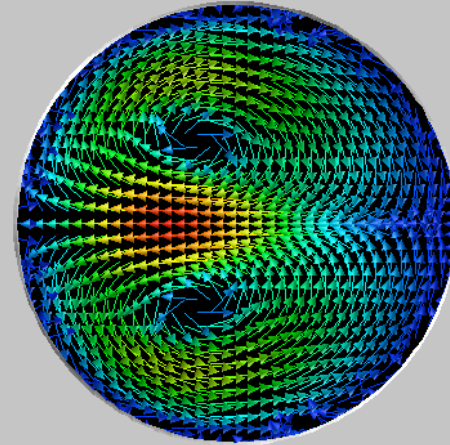
(peak systole)



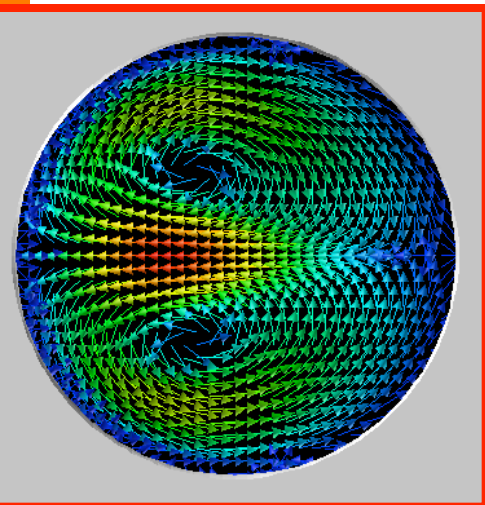
(late systole)



(early diastole)



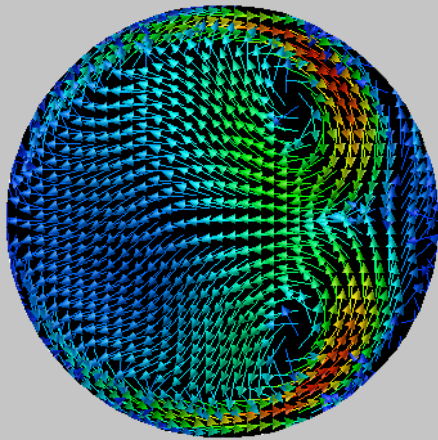
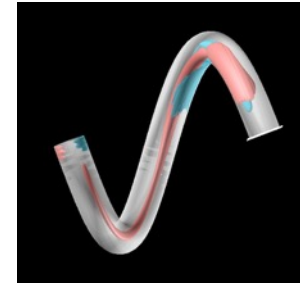
(late diastole)



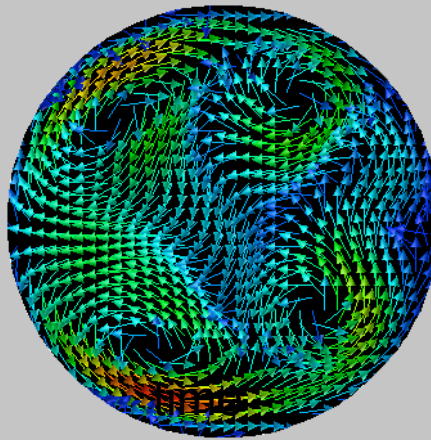
steady case

In the zero-torsion case, two Dean's vortices are apparent throughout the whole cardiac cycle. Furthermore, these characteristics are the same for the steady case.

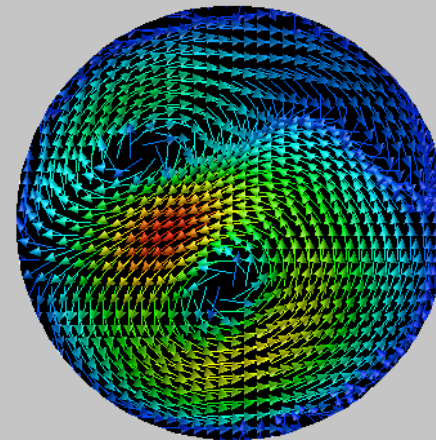
## Secondary flow in a simple spiral tube (non-zero torsion case)



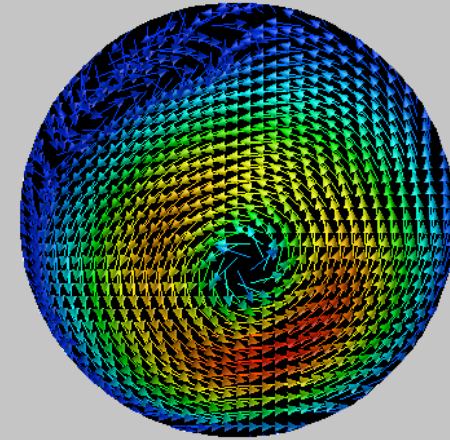
(peak systole)



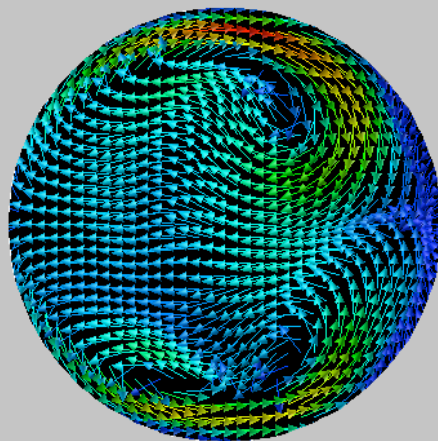
(late systole)



(early diastole)



(late diastole)



steady case

In the peak systole phase, symmetric Dean's vortices are generated just as in the zero-torsion case. However, in the diastole phase, they merge; one of them dominates the other. Actually, the lower right small vortex in the second figure persists and expands.

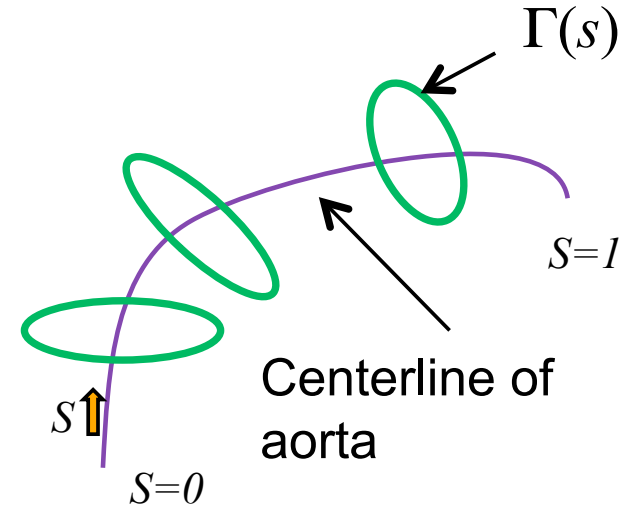
This phenomenon differs completely from that of the steady flow case for equivalent geometry. In the steady case, nearly symmetric Dean's vortices exist.



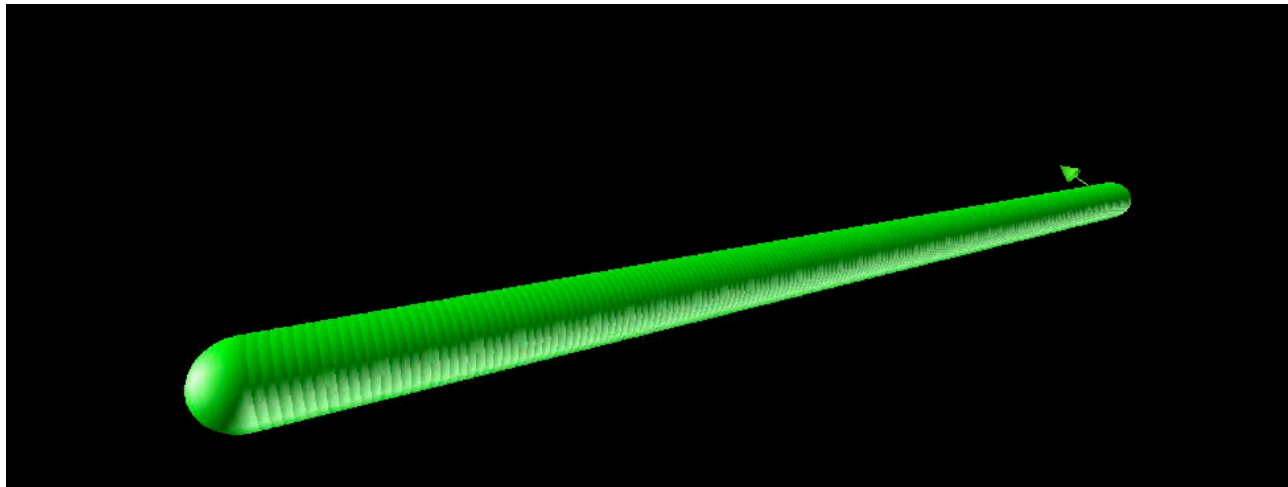
## Torque on the aortic wall

To evaluate the swirling flow effect, we compute the torque as

$$T(s) = \int_{\Gamma(s)} (\mathbf{r} \times \boldsymbol{\sigma}) \cdot \boldsymbol{\tau} d\Gamma$$



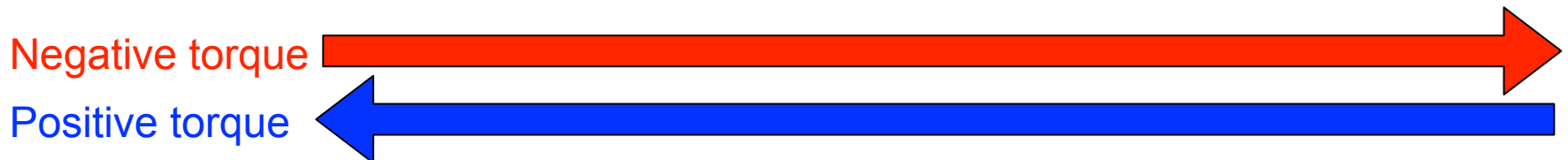
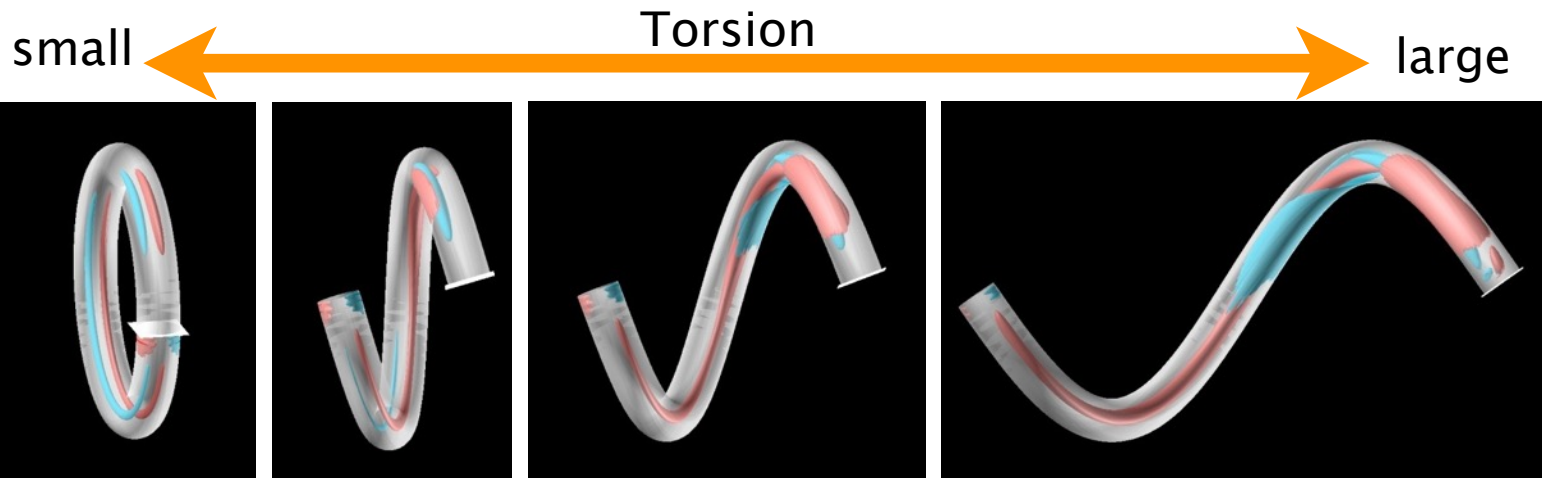
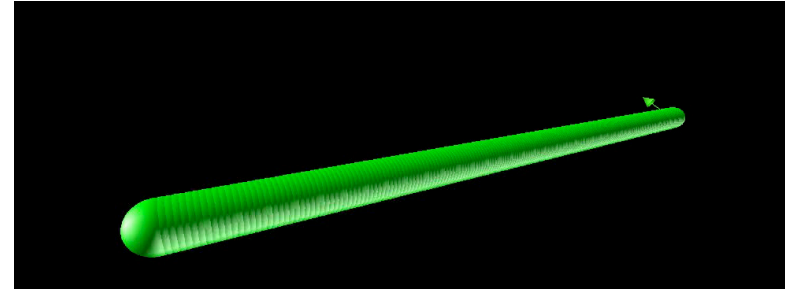
1D elastic rod (Kirchhoff rod)



It is apparent that the rod forms a spiral if the positive torque is applied at the end.

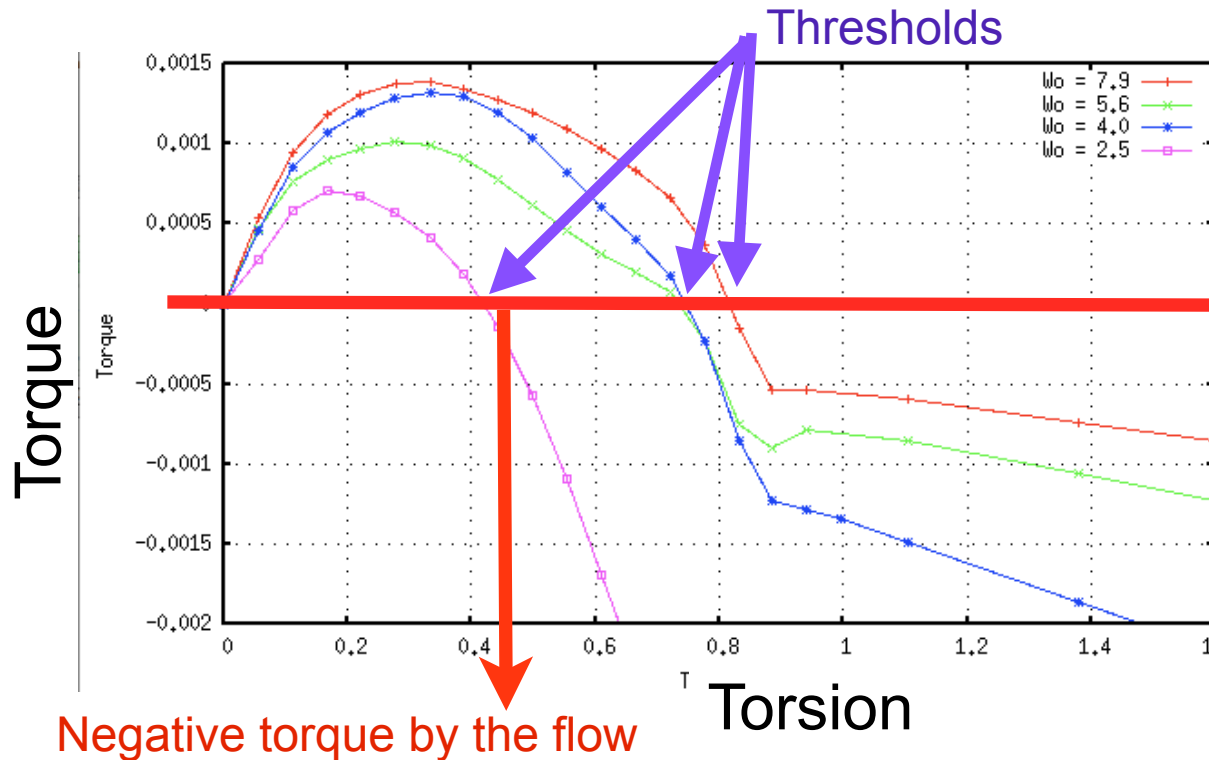
## Relation between torque and torsion

As for the relation between torque and torsion in a one-dimensional elastic rod, negative torque intensifies torsion, whereas the positive torque works to reduce torsion.



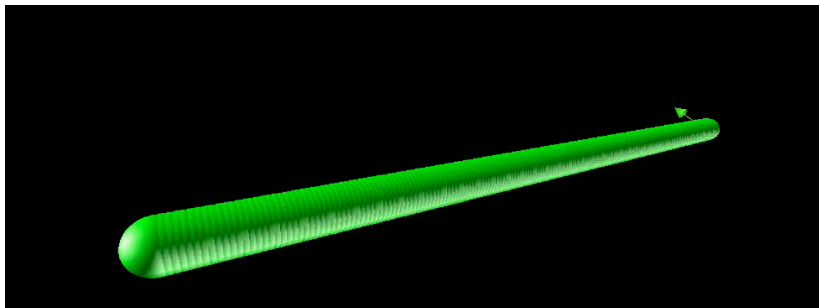
# Diagram

$$Wo = \frac{d}{2} \sqrt{\frac{2\pi}{\nu T_p}}$$



- If the torsion = 0, the torque is of course 0.
- An important characteristic of this diagram is that there exists a threshold at which the sign of the torque becomes negative.

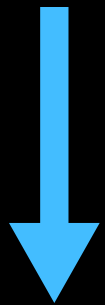
Positive feedback between aorta morphology and flow structure



If the torsion of the tube is smaller than the threshold, the flow works to reduce the torsion. However, if the torsion is larger than the threshold, the flow-induced torque intensifies the torsion.

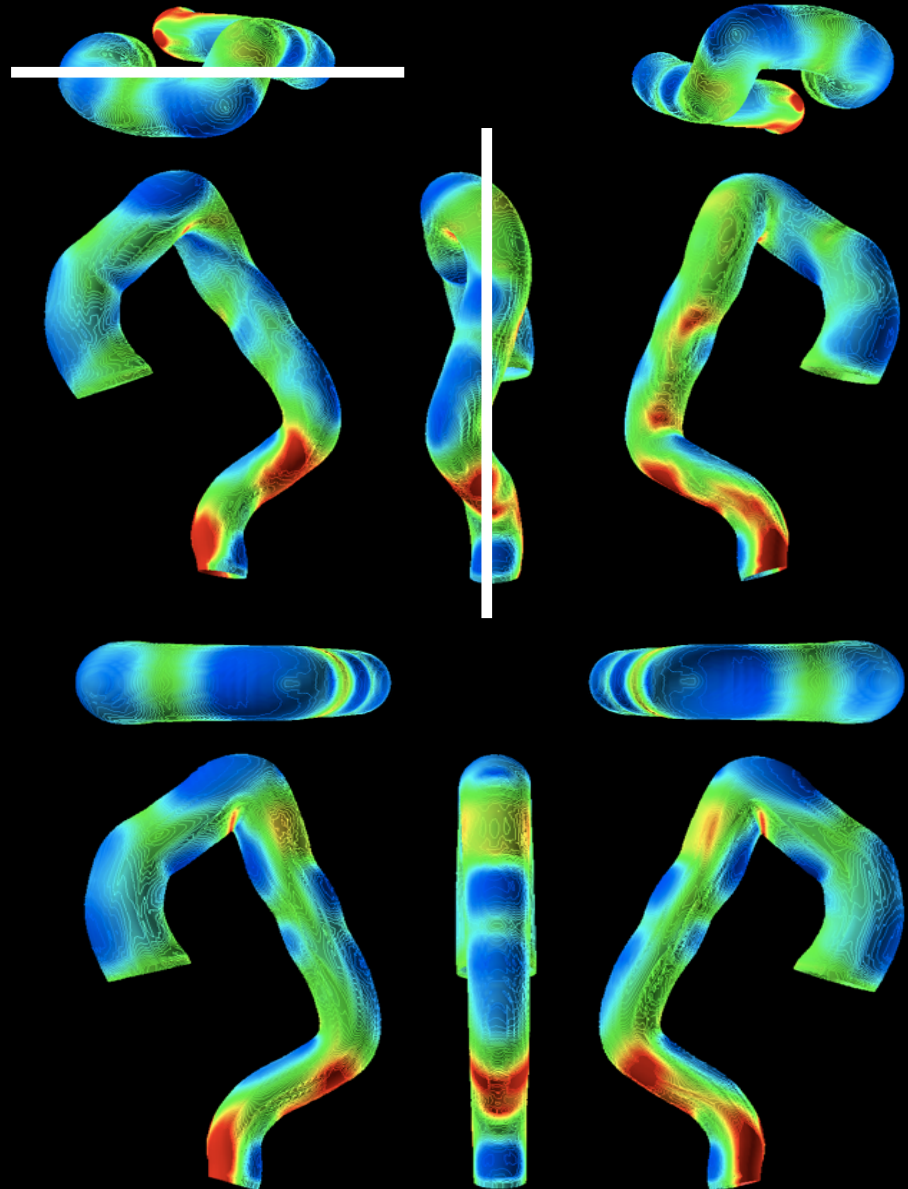
# Examine the effects of torsion from a different perspective

Original shape



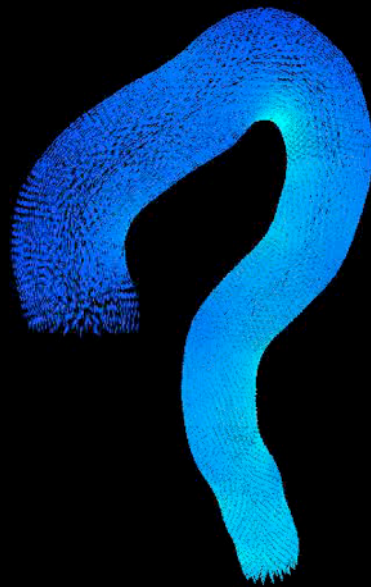
Projection  
onto a plane  
of curvature

Artificial shape  
without torsion





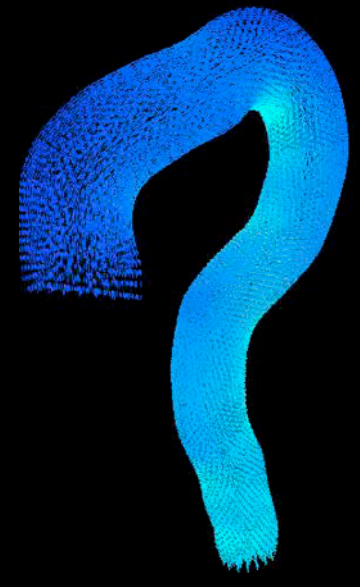
**Velocity vectors**  
considering FSI



soft



medium



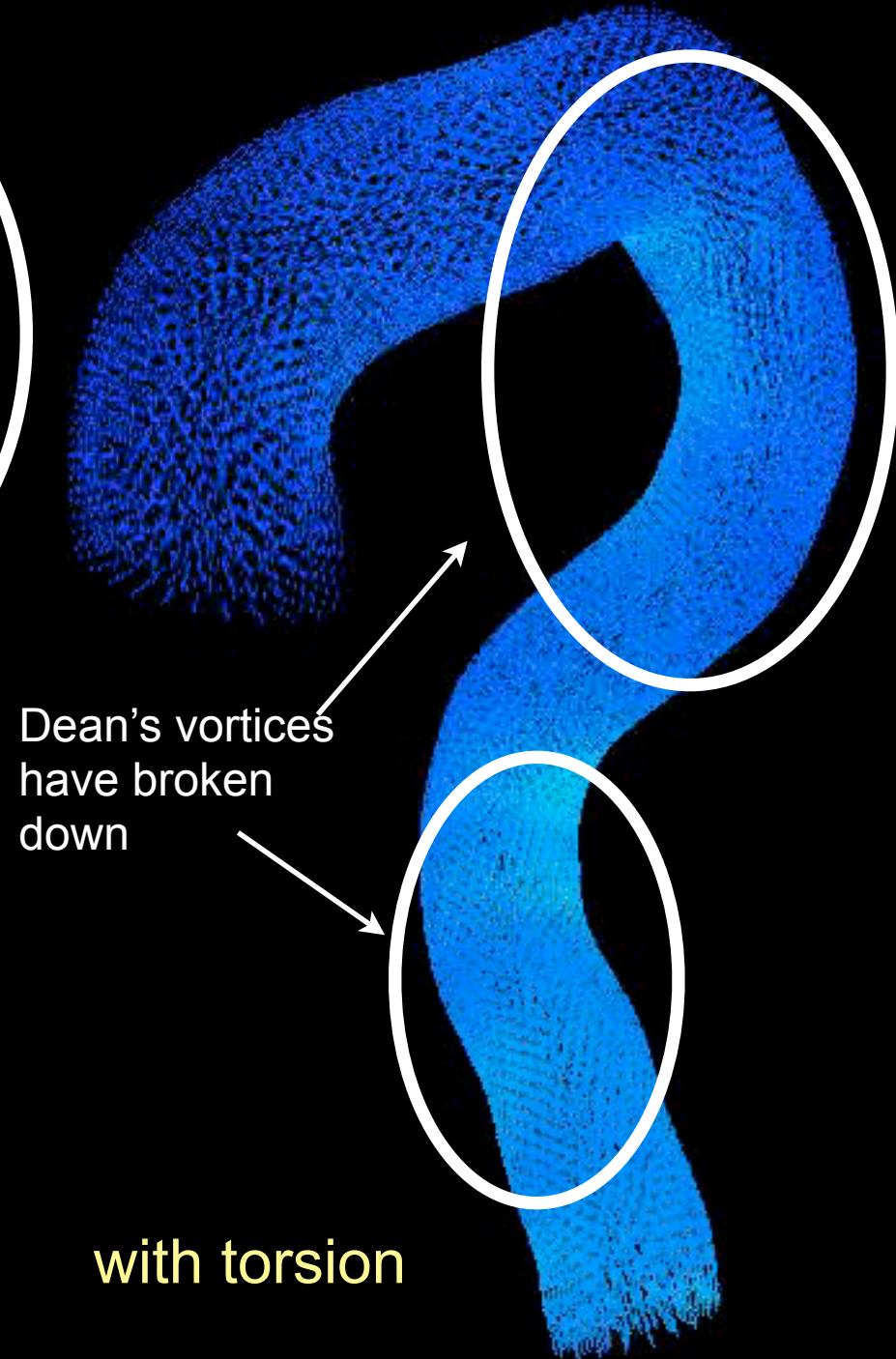
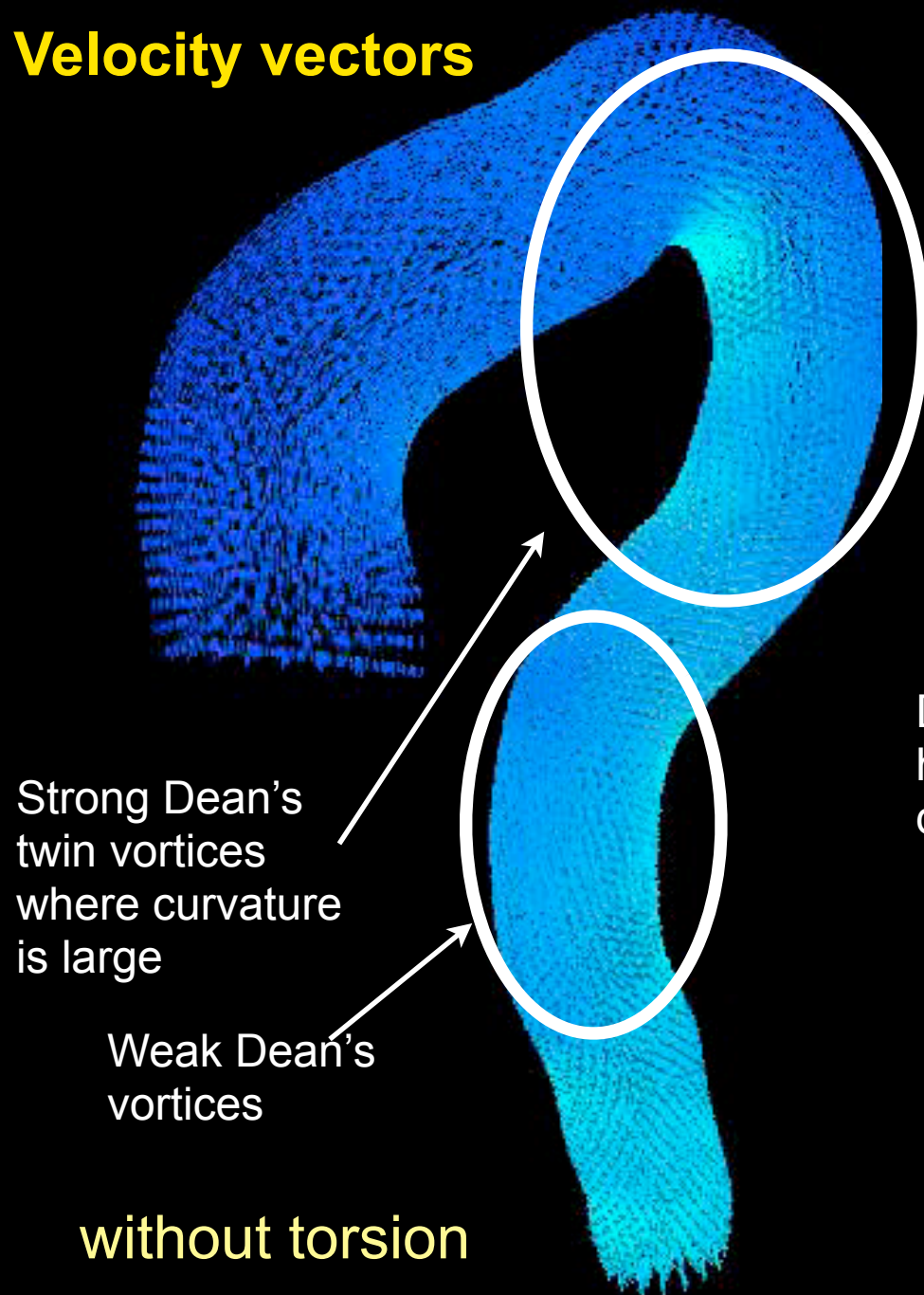
hard

without torsion



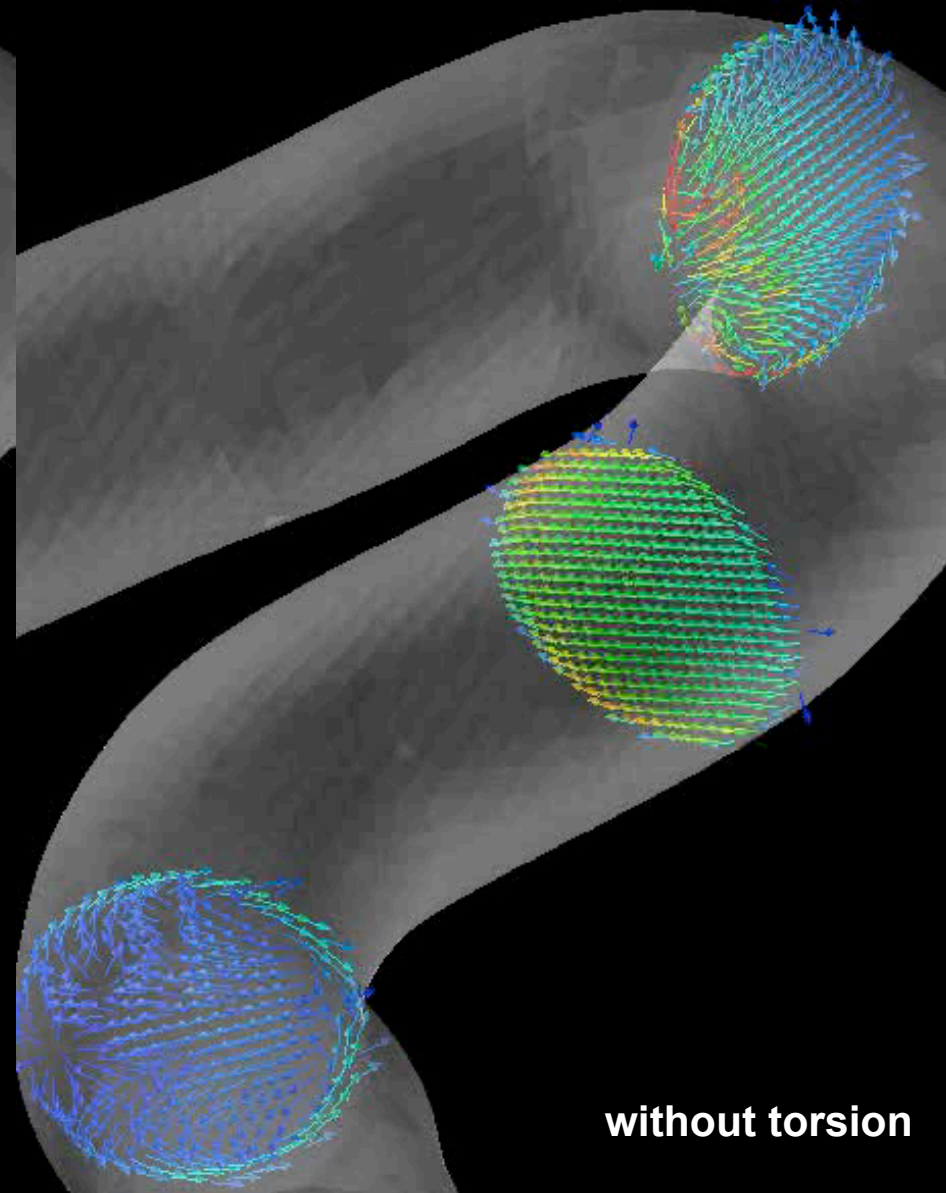
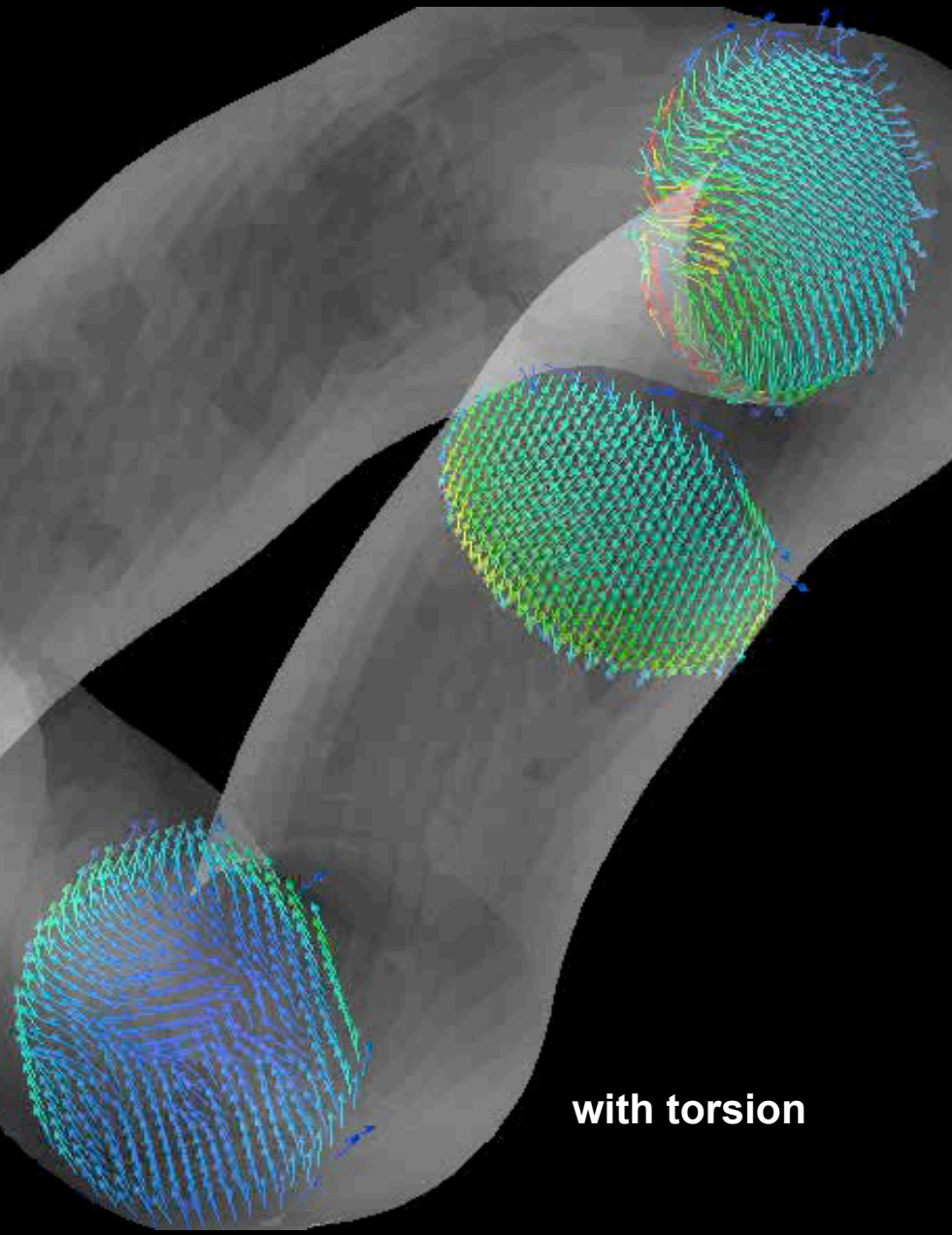
with torsion

## Velocity vectors

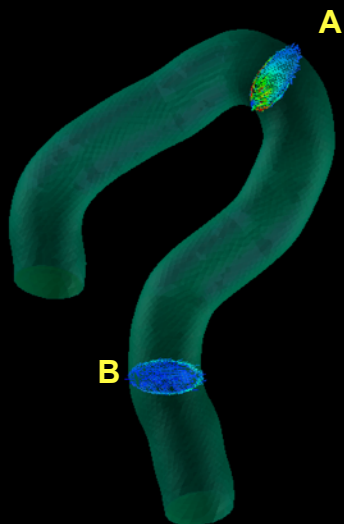




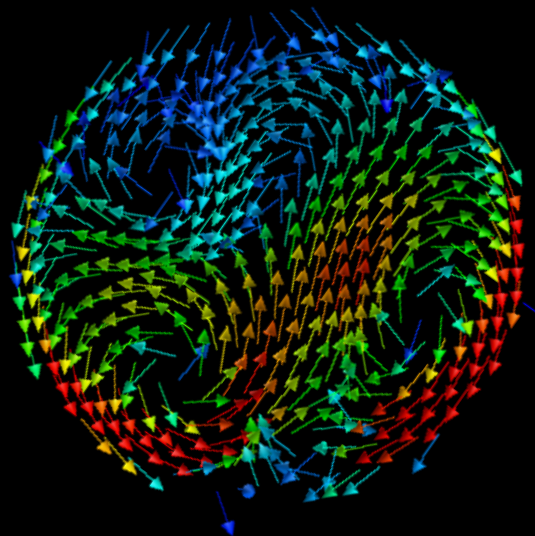
## Secondary flows



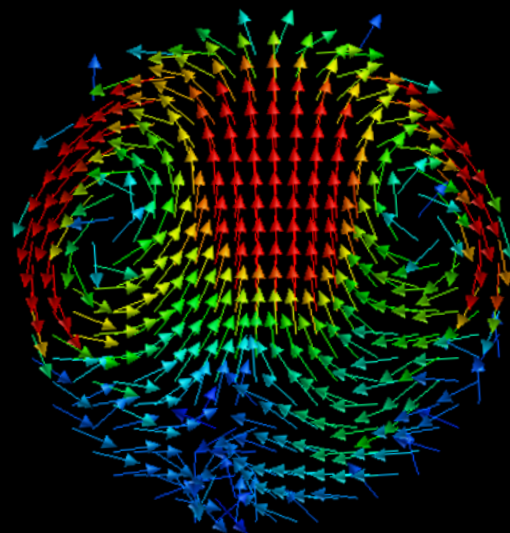
Without torsion



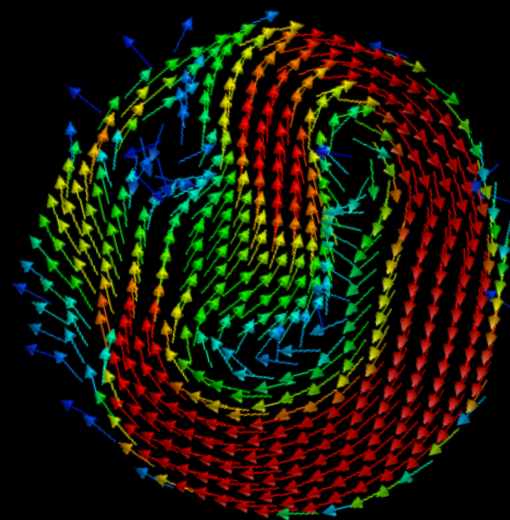
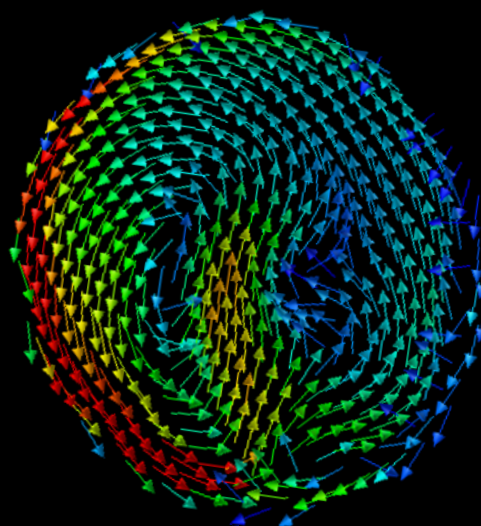
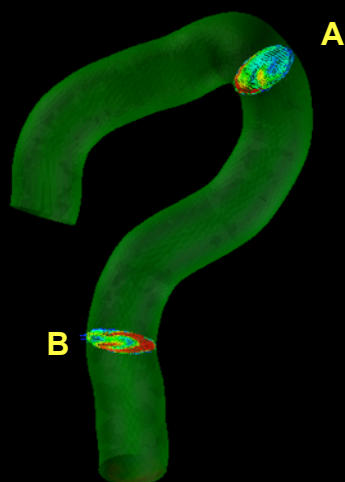
Secondary flow  
on the cross-section A



Secondary flow  
on the cross-section B



With torsion





# Wall Shear Stress

without torsion



soft



medium



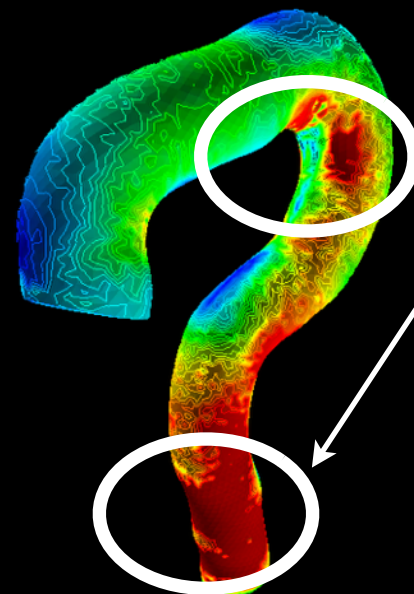
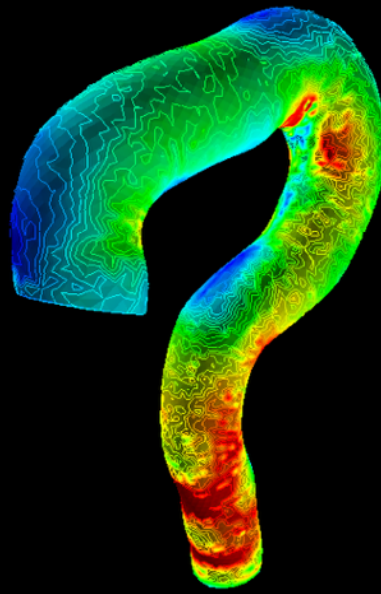
hard

with torsion



# Wall shear stress (at peak systole)

without torsion

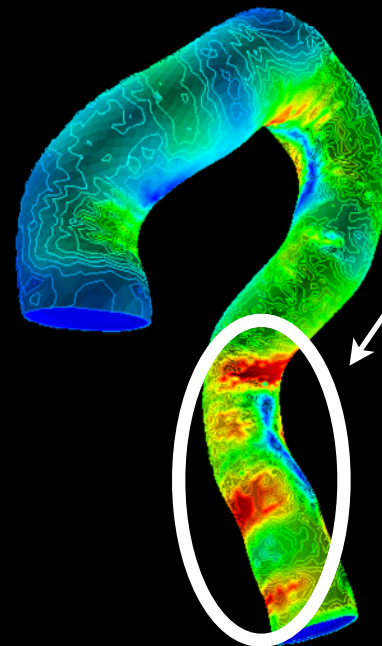
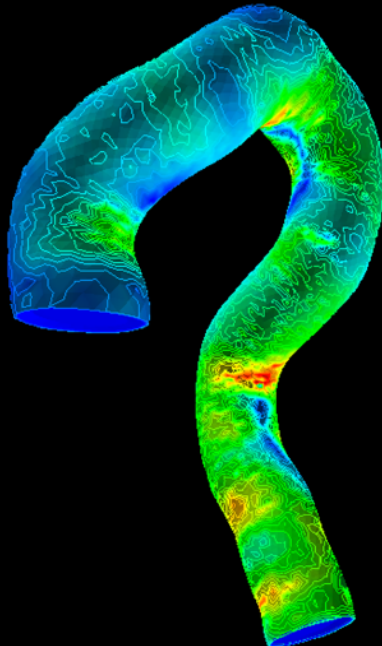


caused by  
Dean's vortices

soft

hard

with torsion



caused by  
Swirling flow

As this presentation has shown up to this point

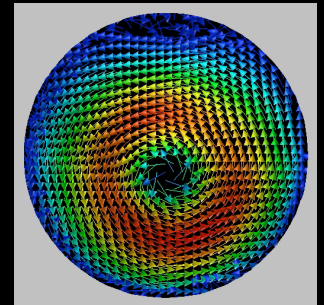
- Curvature of the aorta brings about strong Dean's twin vortices and strong WSS in the aortic arch

Difference among individuals  
for curvature: small

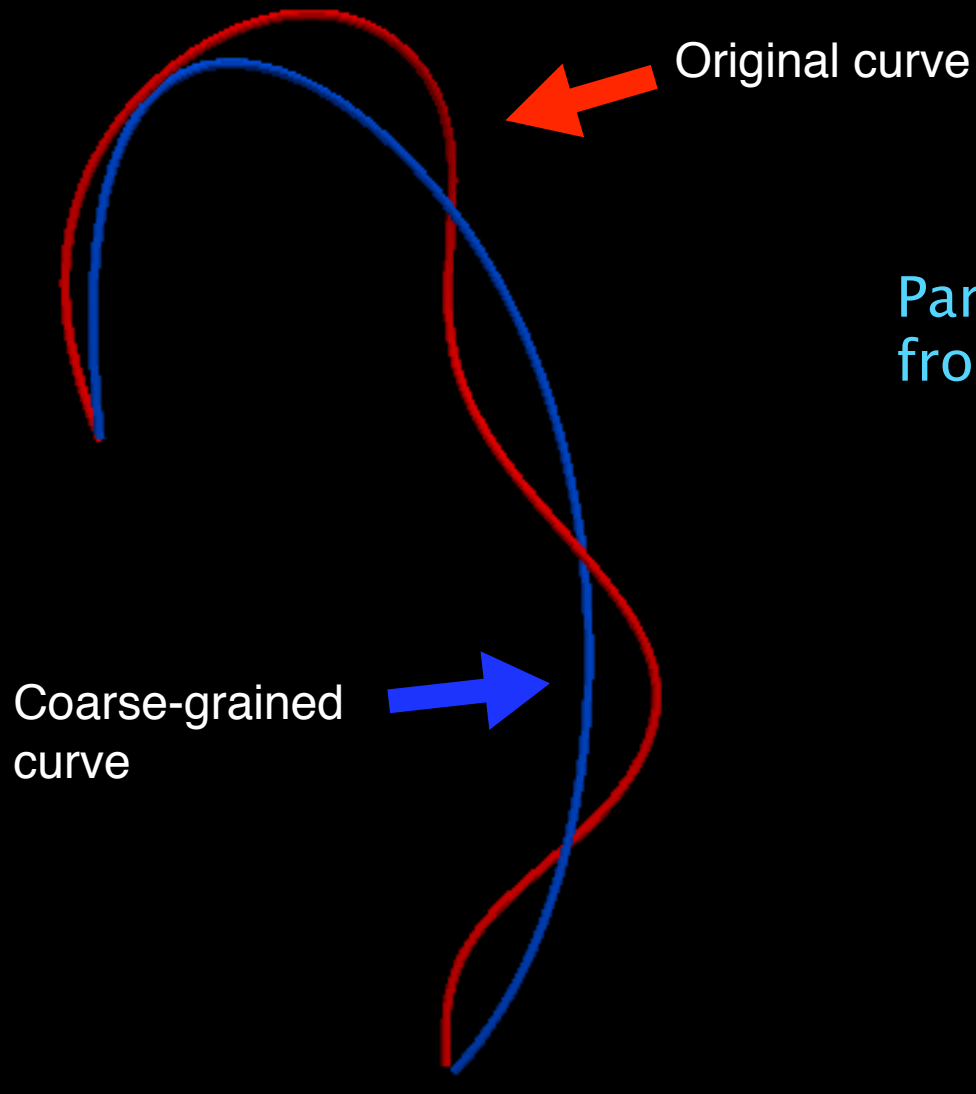
Difference among individuals  
for torsion: large

- Torsion in the aortic arch breaks down the Dean's vortices, which makes WSS weaker.

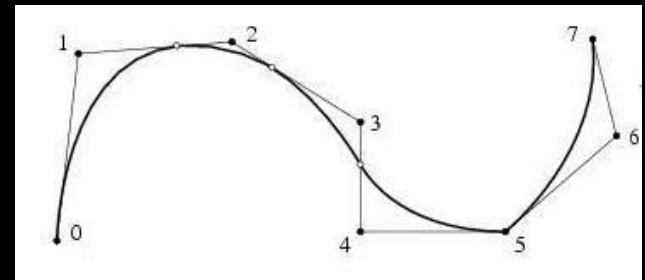
- Torsion brings about merging of Dean's vortices and generates swirling flow, which makes WSS stronger.



## Another means of understanding the characteristic difference between shapes



Parameterization using deviation from the coarse-grained curve



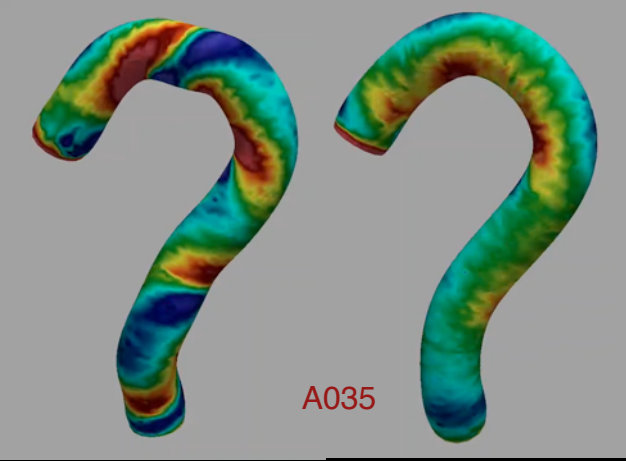
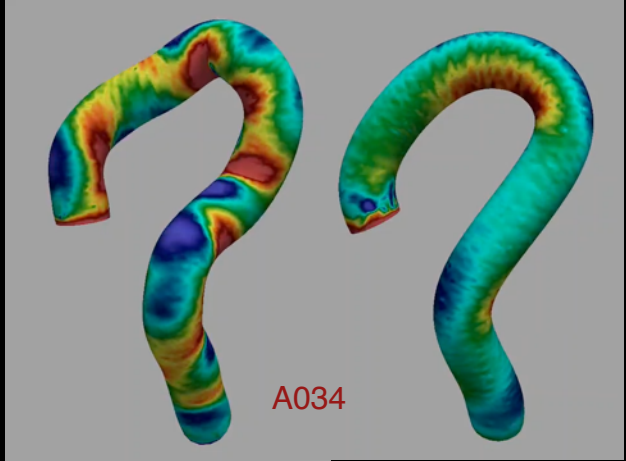
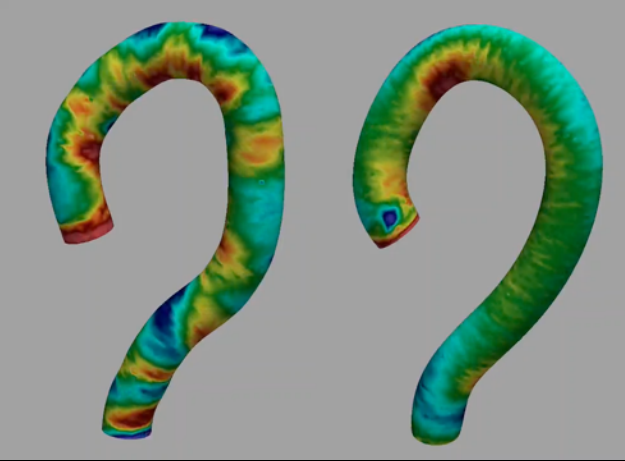
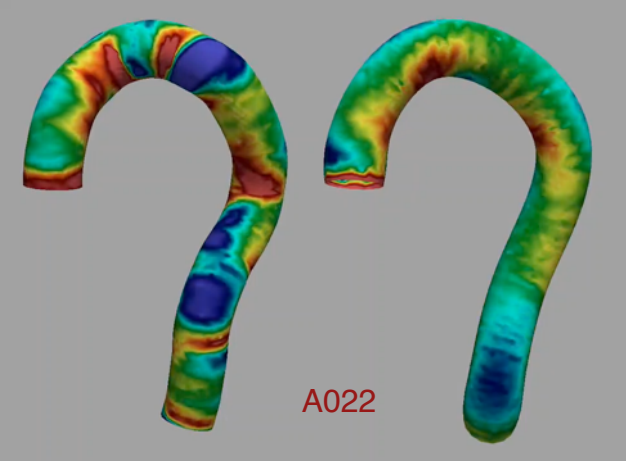
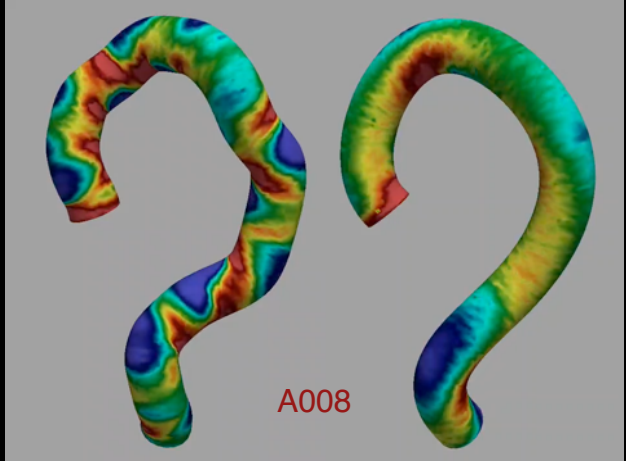
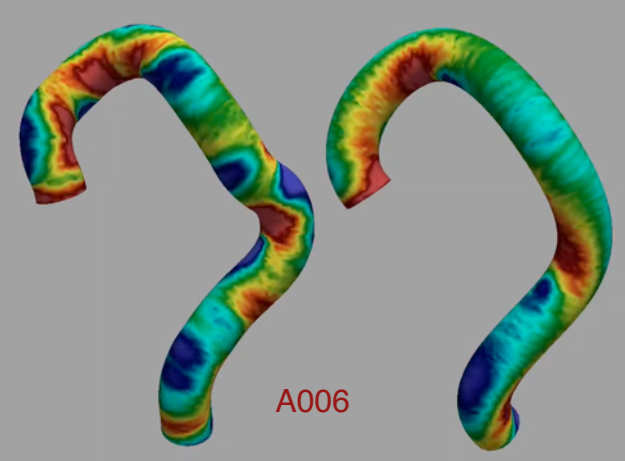
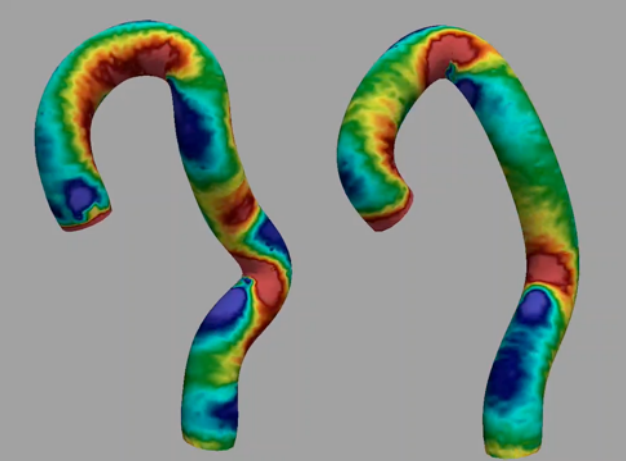
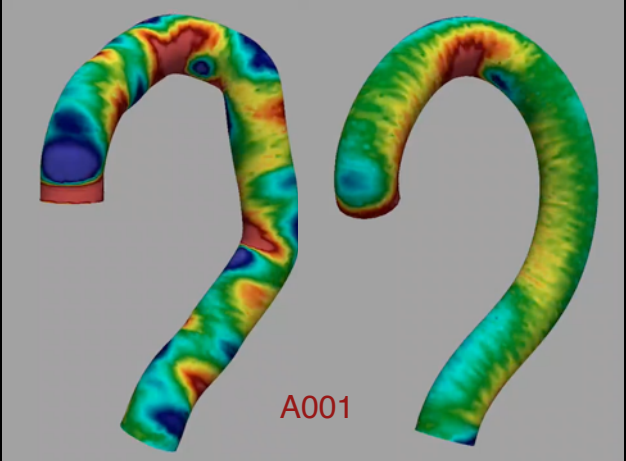
**based on NURBS  
representation**

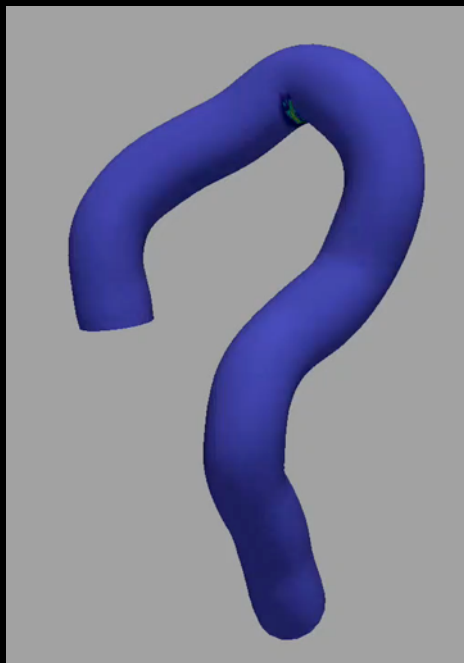
(NURBS: Non-Uniform Rational Basis Spline)



# Comparison for WSS

Left: original shape  
Right: coarse-grained shape

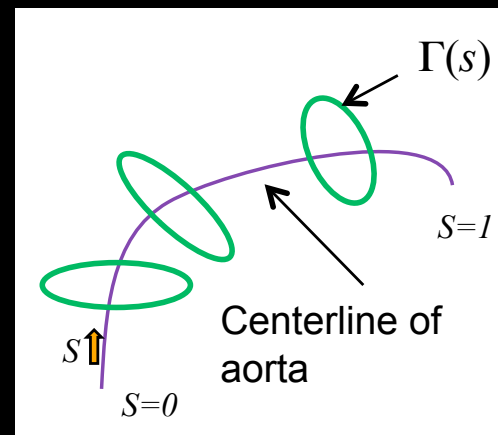




Original shape



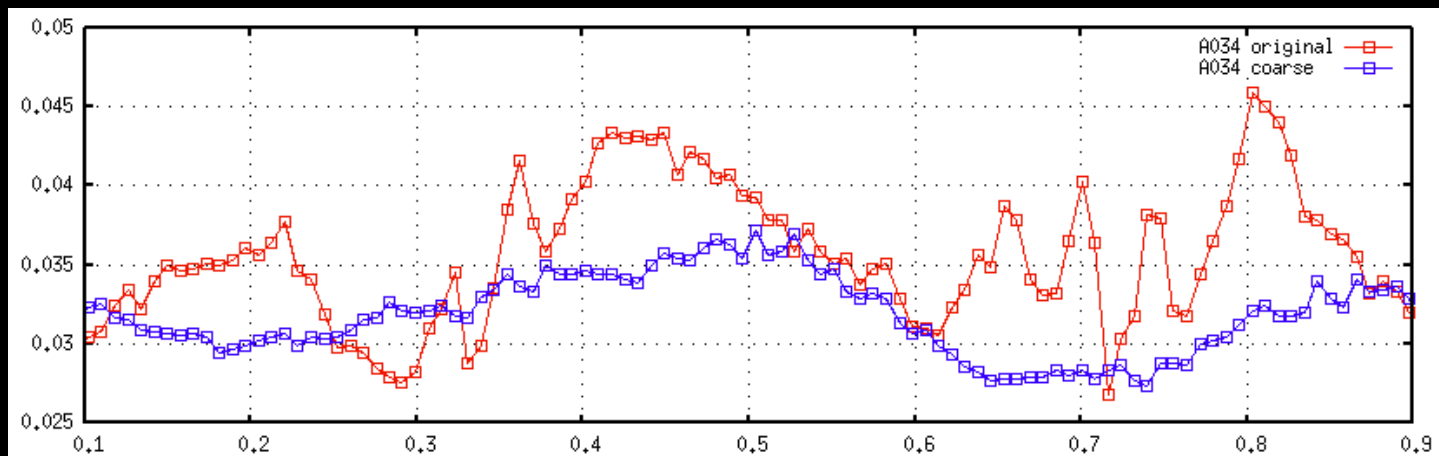
Coarse-grained shape



$$\tilde{\sigma}(s) = \int_{\Gamma(s)} \int_0^T |\sigma_\tau| dt d\Gamma$$

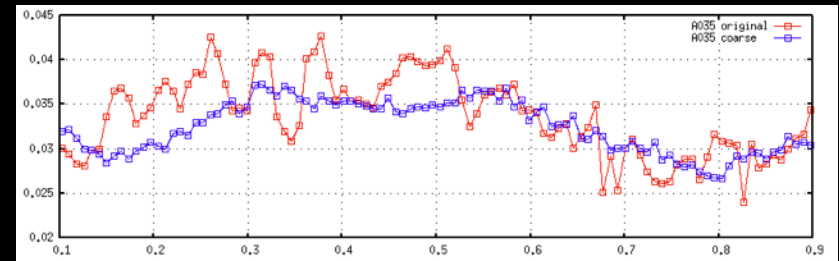
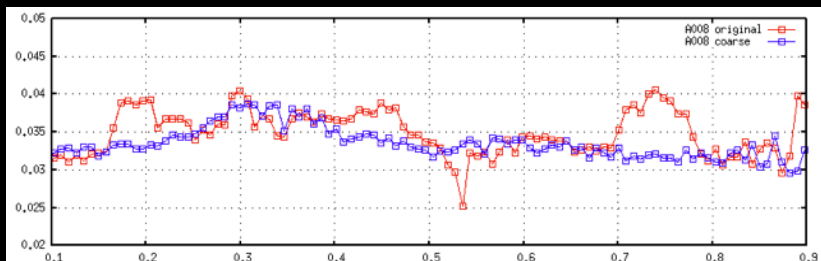
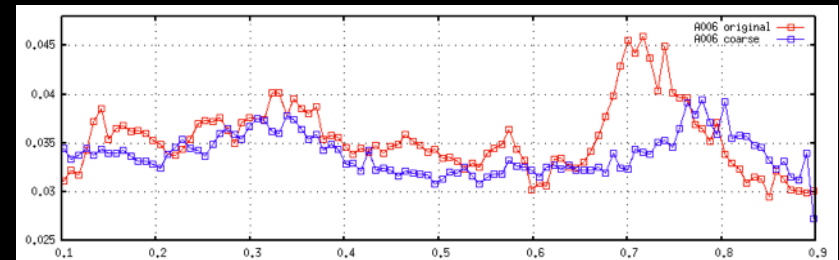
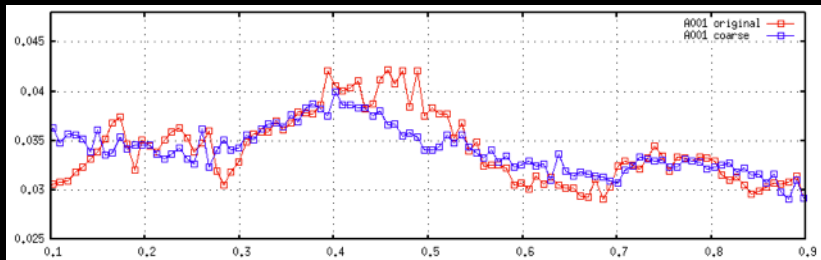
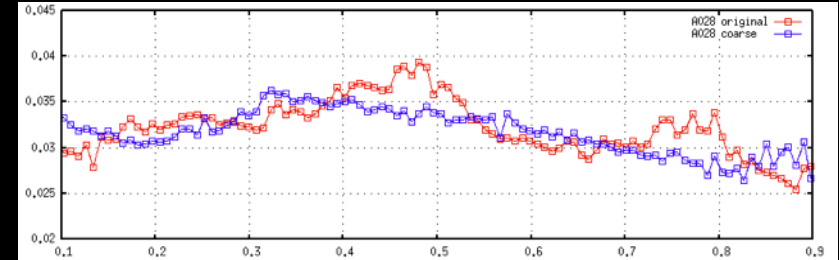
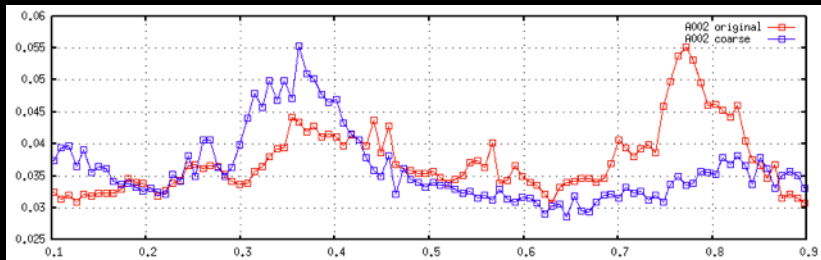
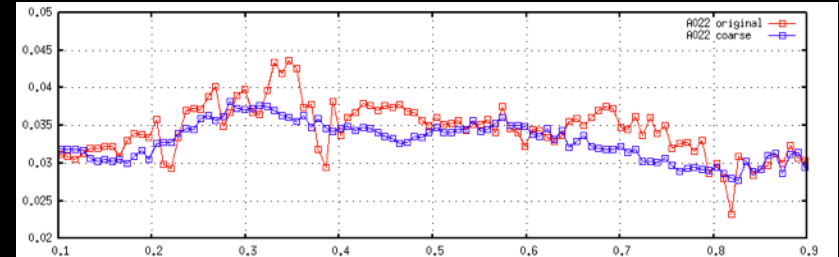
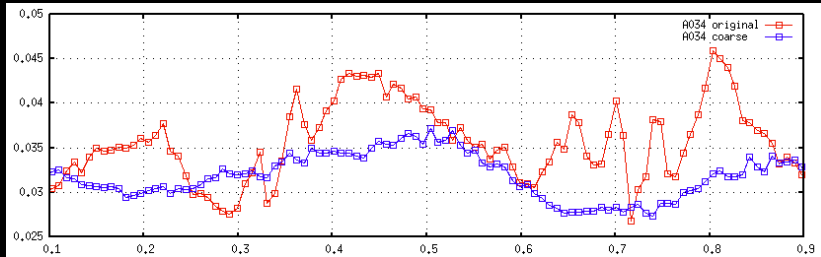


$\tilde{\sigma}(s)$

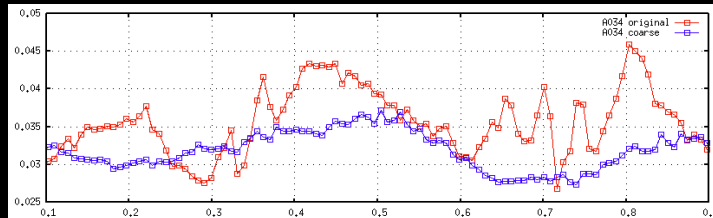
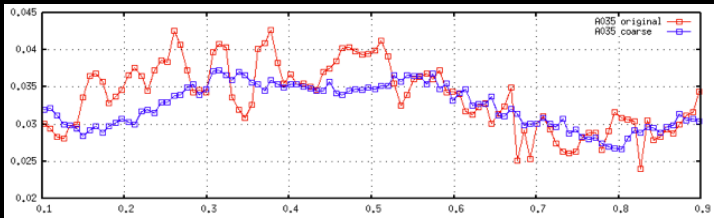
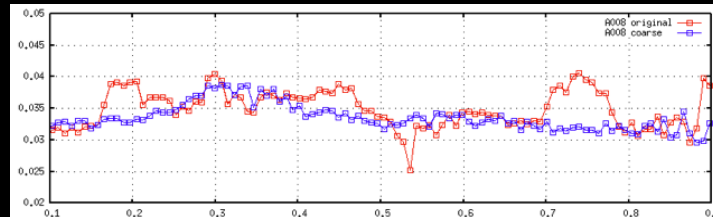
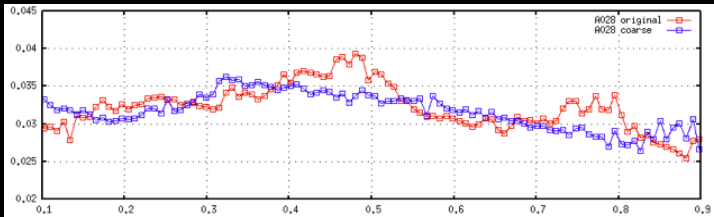
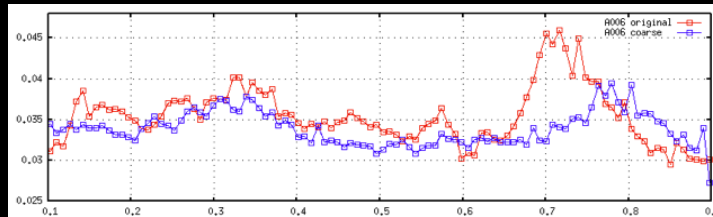
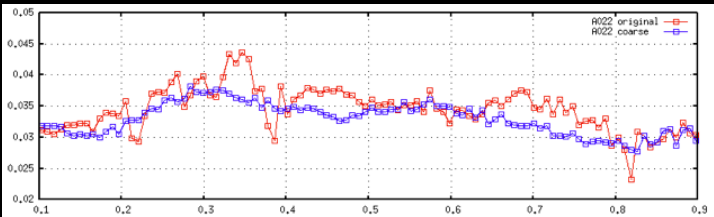
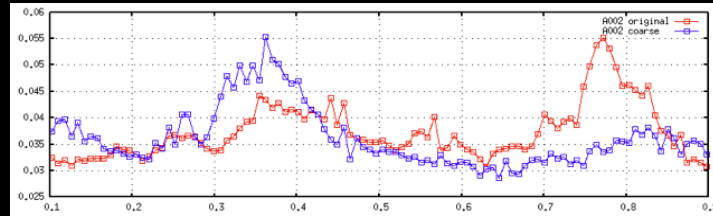
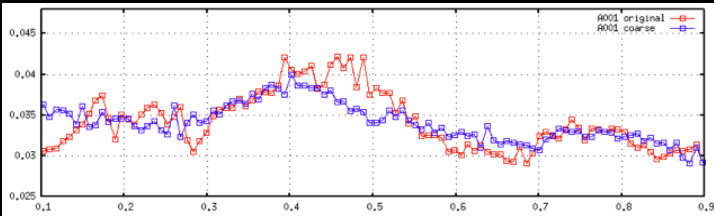
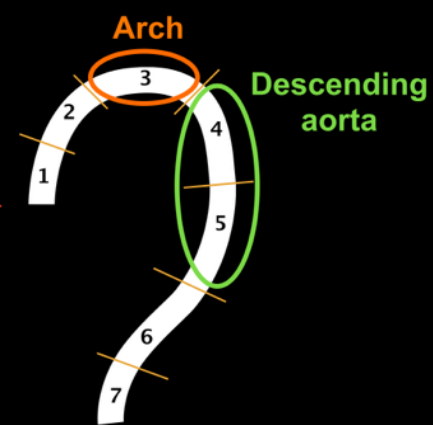


$s$

# Integration of time-averaged wall shear stress on cross-sections perpendicular to the centerline



Patient cases can be classified in locations where the aneurysm developed

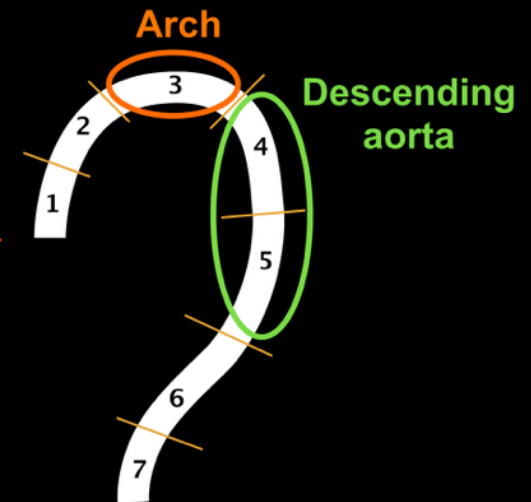
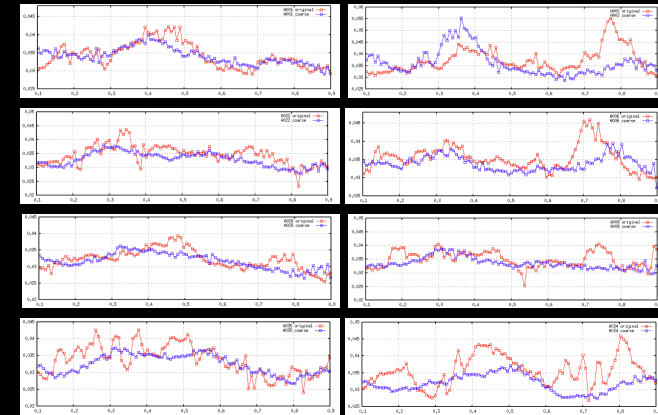
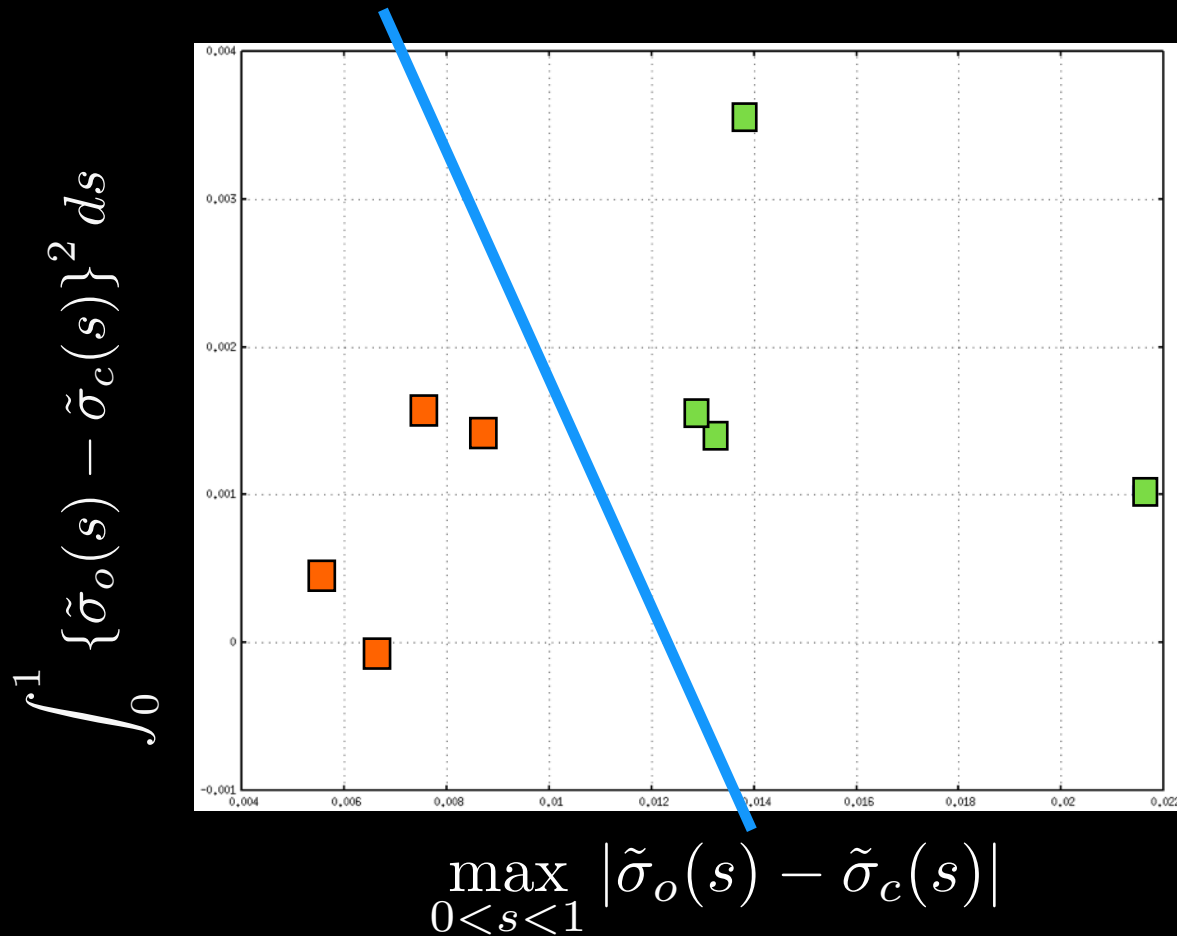


developed on aortic arch

developed on descending aorta



Differences in WSSs integrated along the centerlines  
between original and coarse-grained shapes

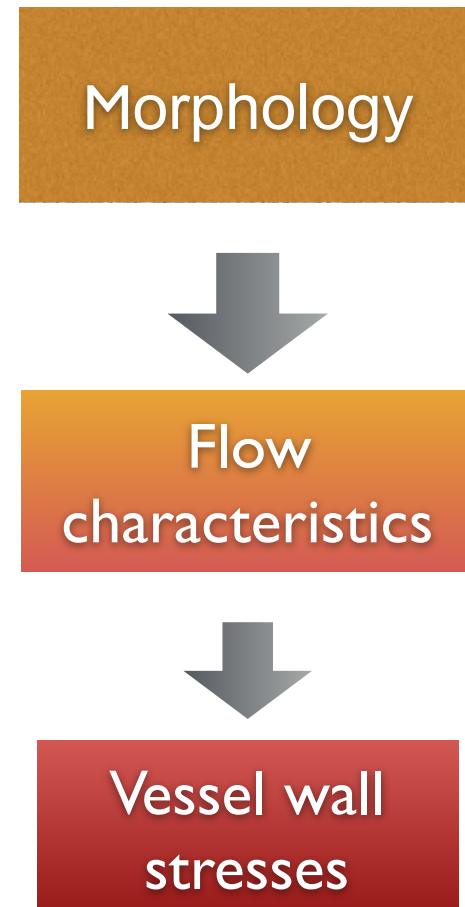


- Orange square: Patient cases with the aneurysms on the aortic arch
- Green square: Patient cases with the aneurysms on the descending aorta

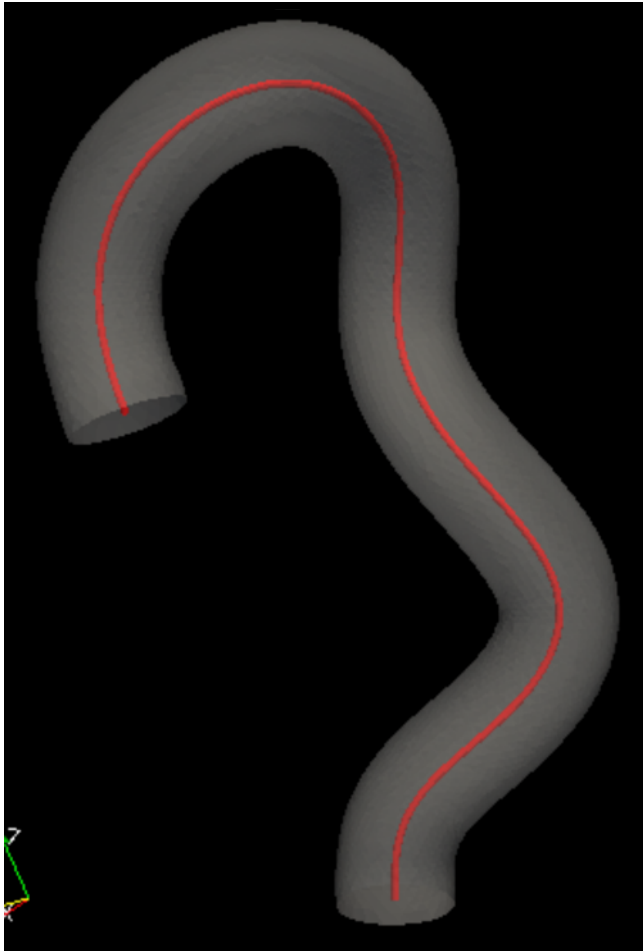
# Should we compute blood flow for each patient to obtain force distribution on the vessel wall?



- To compute blood flow, patient-specific mesh generation, parameter selection and many other specific tasks are necessary.
- Computing blood flow for all patients is not so realistic.
- If a fundamental relation exists between morphologies and WSS/OSI distributions, then artificial intelligence might be able to learn how to estimate WSS and OSI from morphological data.



## Geometrical characteristics of the centerlines

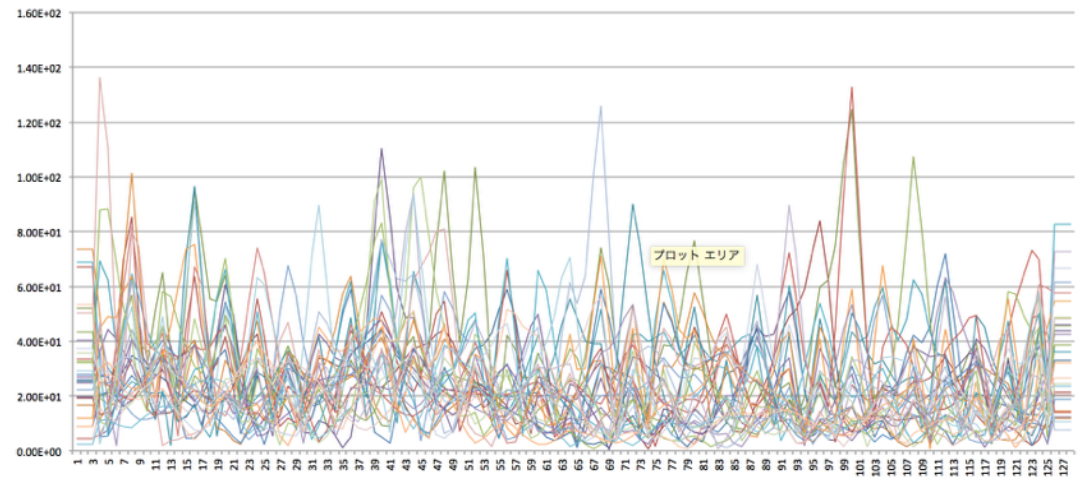


### Frenet—Serret formula

$$\frac{d}{ds} \begin{pmatrix} \tau \\ n \\ b \end{pmatrix} = \begin{pmatrix} 0 & Cv & 0 \\ -Cv & 0 & To \\ 0 & -To & 0 \end{pmatrix} \begin{pmatrix} \tau \\ n \\ b \end{pmatrix}$$

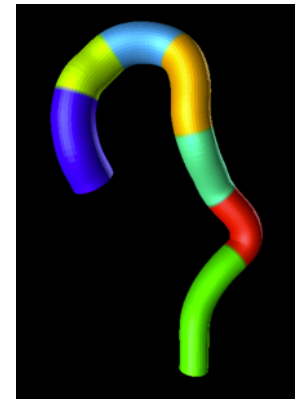
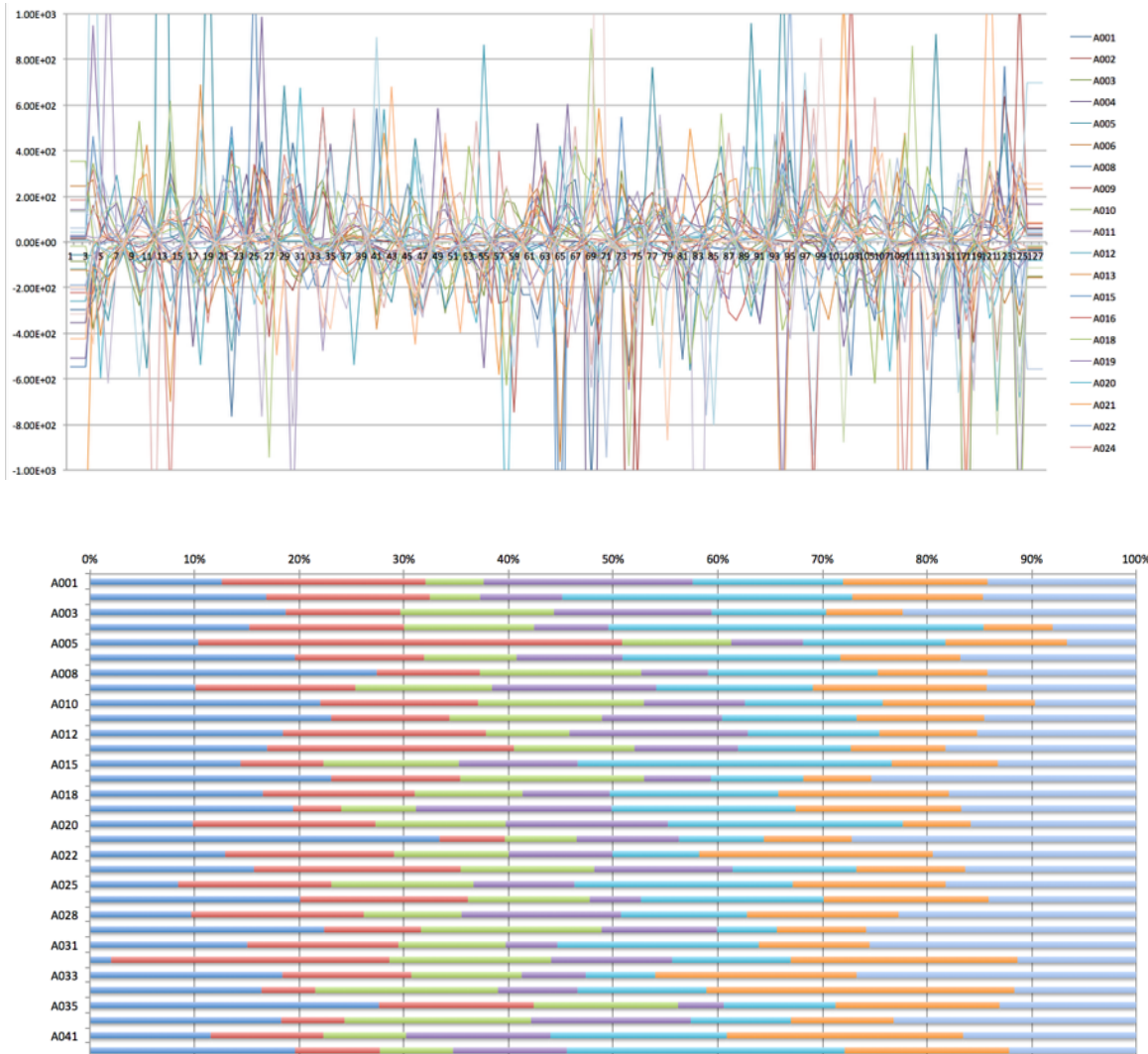
$Cv$ : Curvature

$To$ : Torsion



# Data representation for machine learning

Thoracic aorta can anatomically be divided to seven segments.



Averaging over each segment





# Machine learning for estimating WSS and OSI

## Inputs

- Location of the segments
- Curvature of the centerline  
averaged over the segment
- Torsion of the centerline  
averaged over the segment

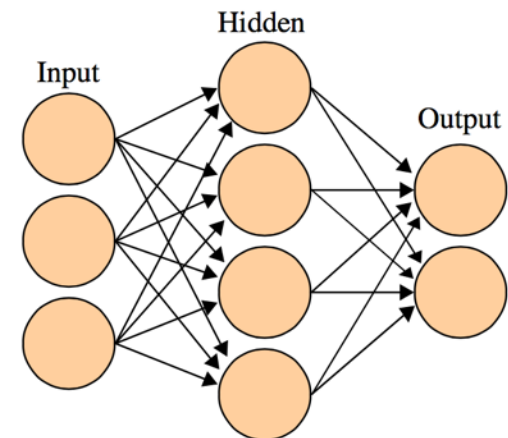
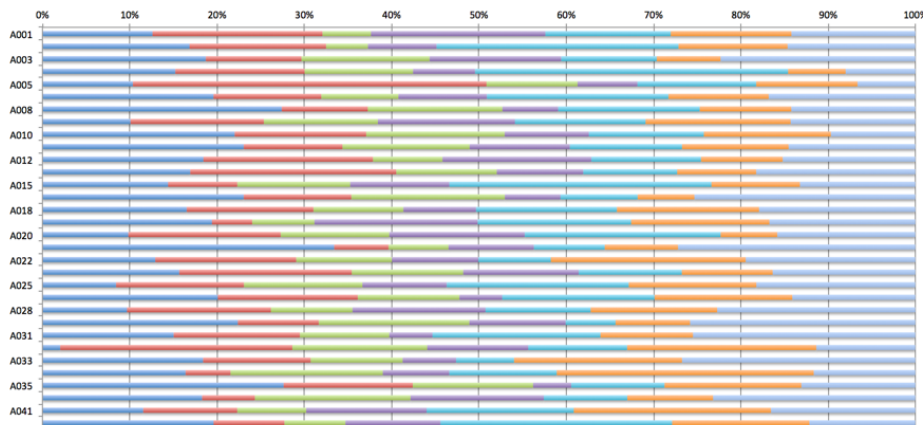
## Outputs (objective variable)

- WSS averaged over the segment
- OSI averaged over the segment

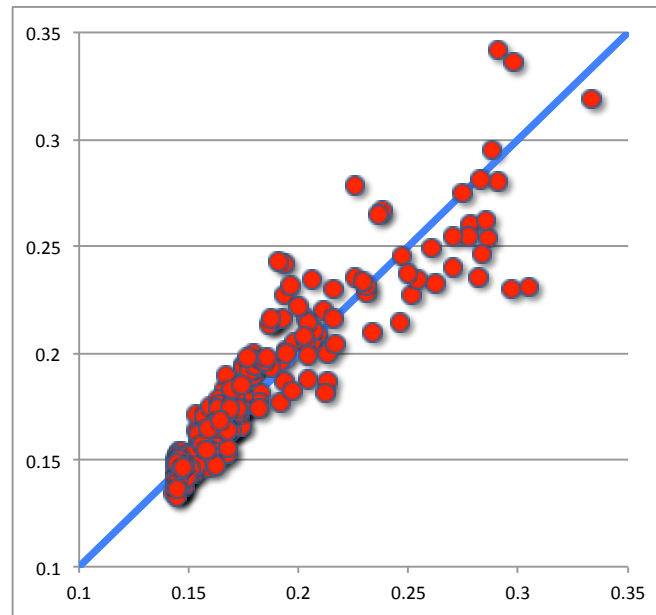


Machine learning

Number of patients = 32  
Number of segments = 7  
Total number of data = 224



Estimation (student)  
using curvature and torsion  
of each segment



Number of patients = 32  
Number of segments = 7  
Total number of data = 224

FEM computational results (teacher)

Neural network with sufficient number of hidden layers has higher prediction ability than traditional approaches, for example, linear regression analysis. However, “overfitting” problems frequently arise.



## Leave-one-out cross validation procedure

1. Remove one case from the input set of  $N$  cases.
2. Learn using the  $N-1$  remaining cases.
3. Try to estimate the objective variable of the removed case.
4. Repeat steps 1 — 3 for  $N$  Cases.
5. This procedure measures the ability of generalization

# Leave-one-out cross validation results

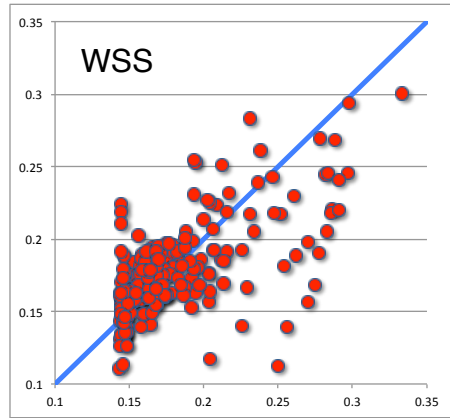
Number of learning cycles

10

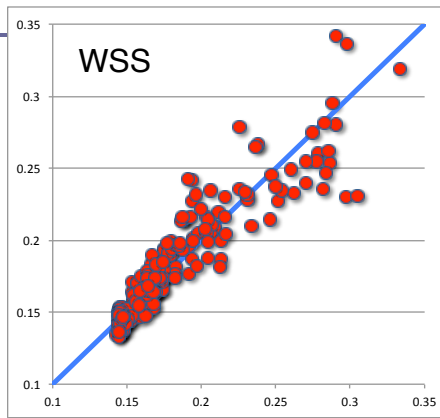
100

1000

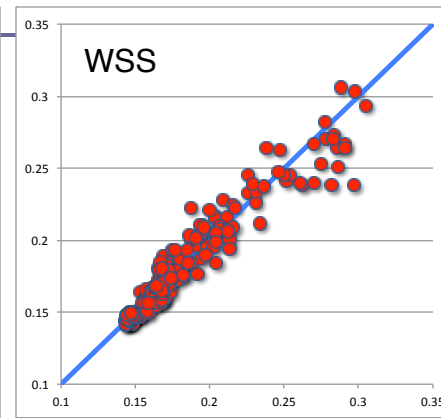
10000



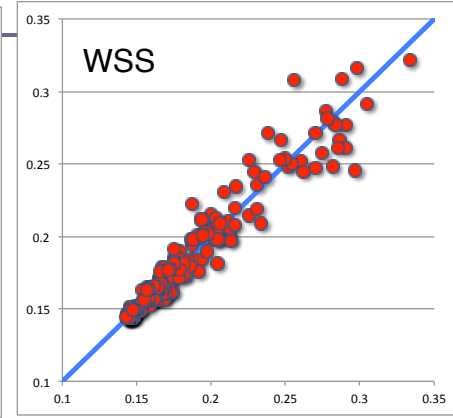
Corr = 0.66



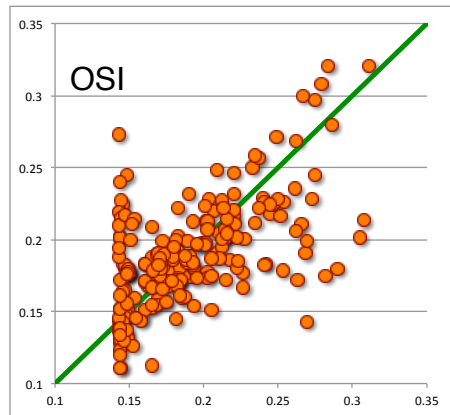
Corr = 0.91



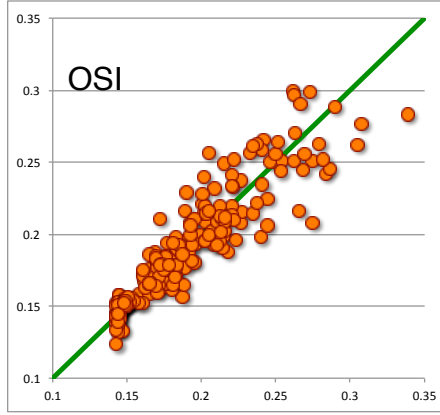
Corr = 0.93



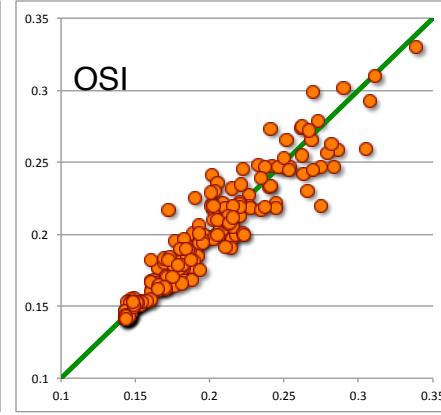
Corr = 0.97



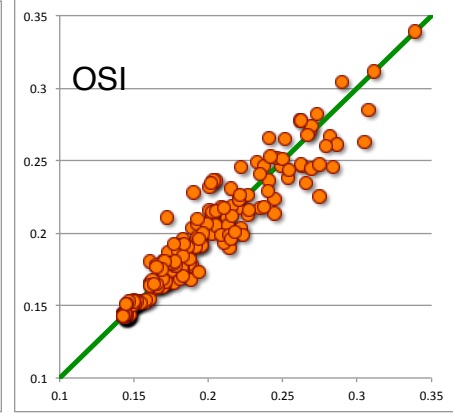
Corr = 0.53



Corr = 0.87



Corr = 0.95



Corr = 0.96

- WSS and OSI on each segment can be estimated without CFD.
- We don't see "over-fitting" phenomena usually seen with machine learning.
- Averaging over anatomically defined segments seems to be a "good" descriptor for machine learning.

# Conclusions

## Simulation

## Emulation

Morphology of individual patient's aorta

Image analysis

Parameterization

Simplification

Mesh generation and CFD

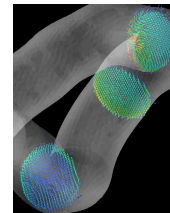
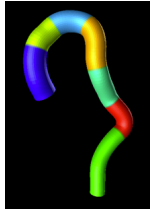


Image analysis

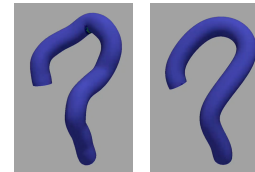


Characteristics of morphology (curvature, torsion)

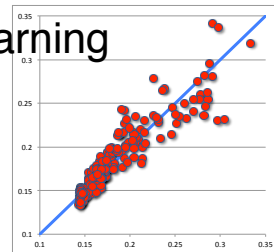
Basic understanding on flow structure

Blood flow distribution

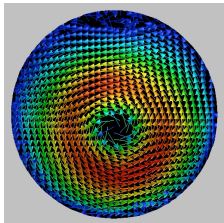
Integration to centerlines



Machine learning



Visualization



Characteristic quantities of the flow (WSS, OSI)

Location where aneurysm develops

