

# Using Porous Media to Bridge Multiple Scales and Guide Clinical Experiments

*Alexandra K. Diem*

*Postdoctoral Fellow*

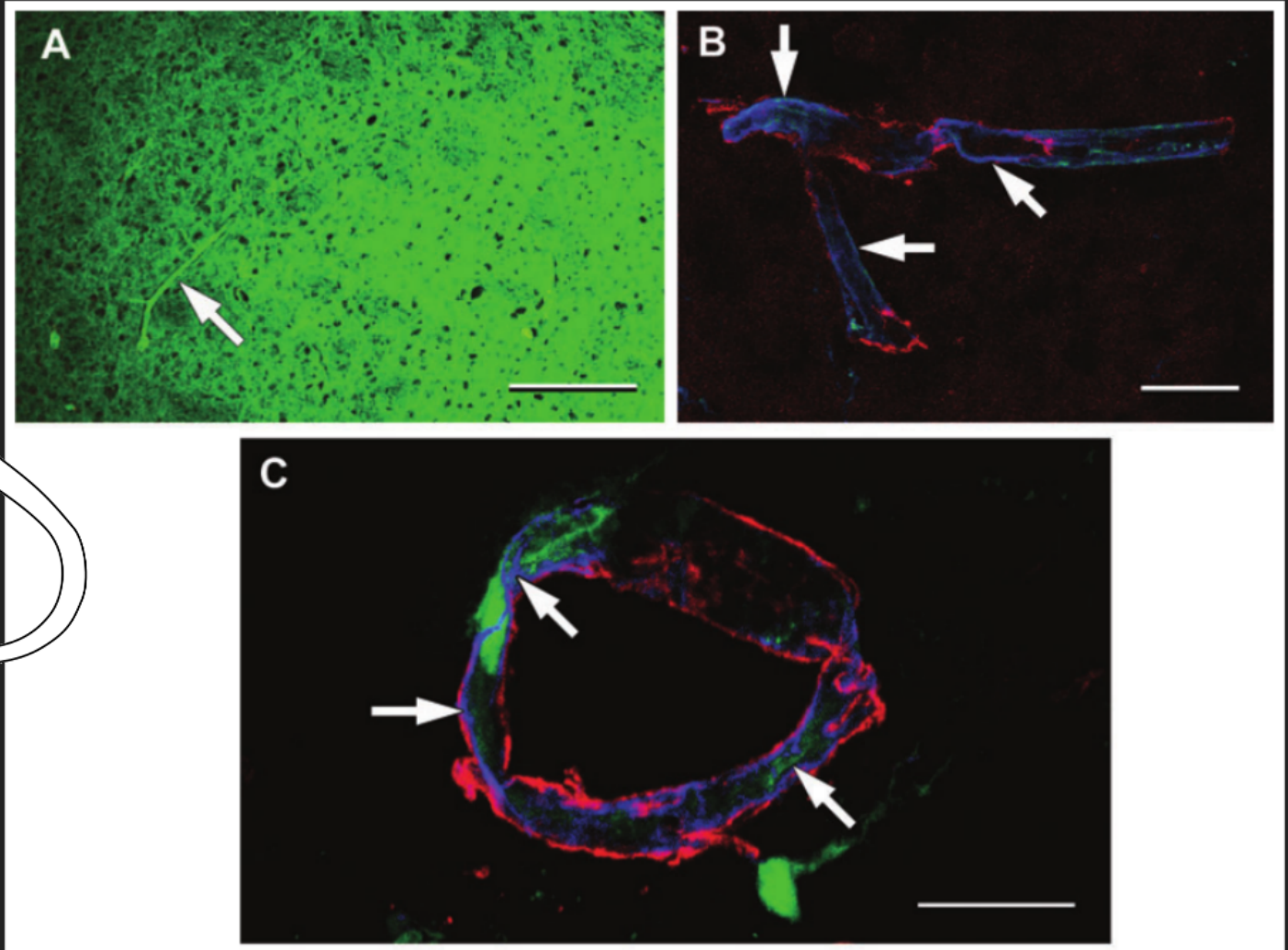
*Department of Computational Physiology*

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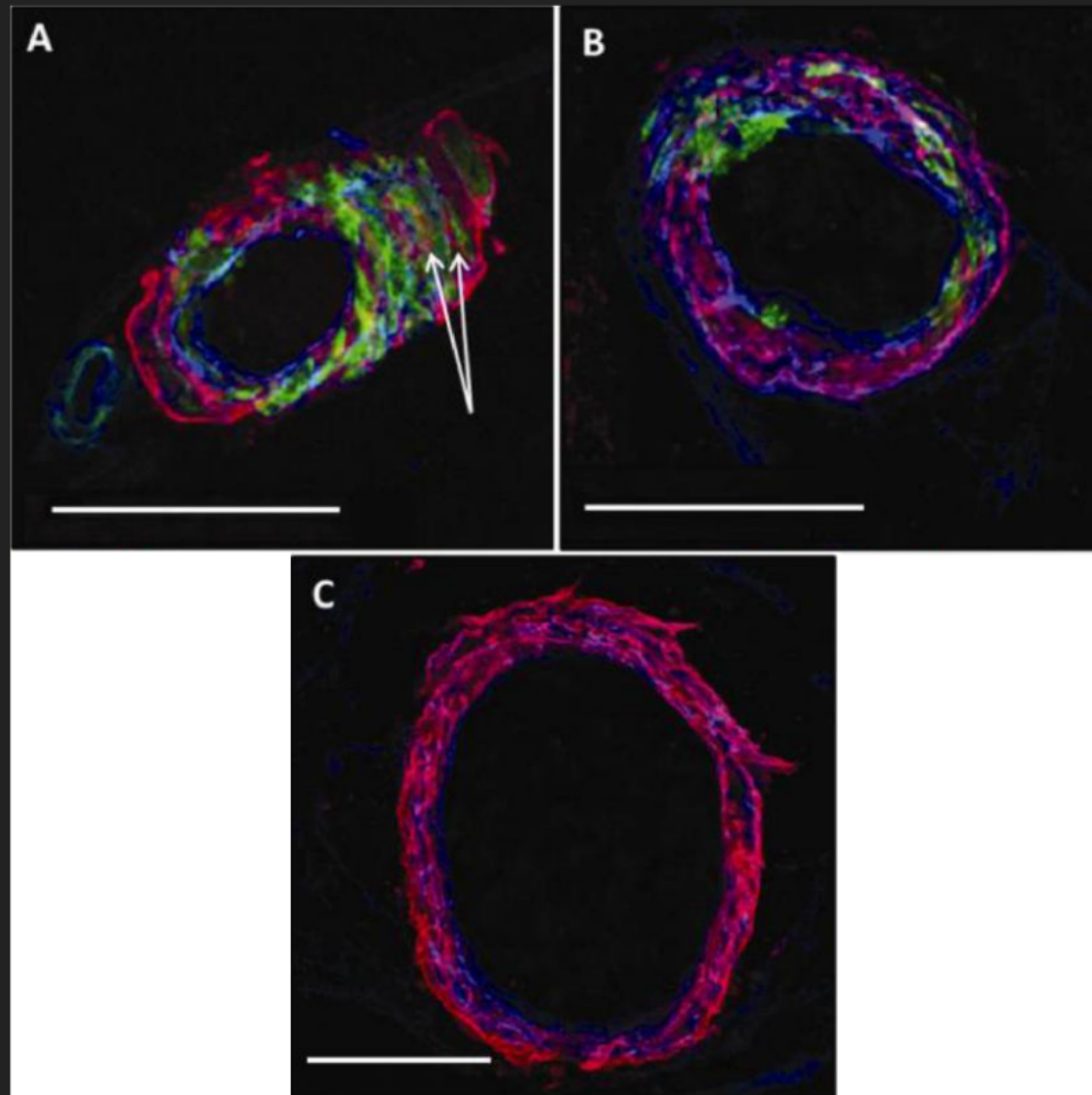
<http://www.akdiem.com>

[alexandra@simula.no](mailto:alexandra@simula.no)

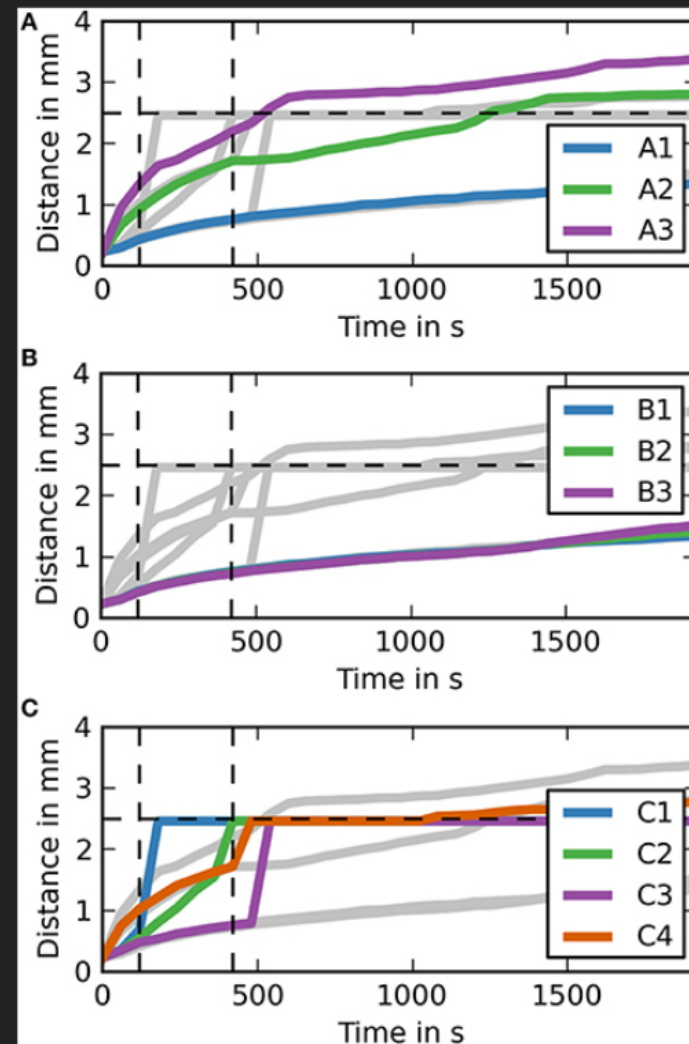
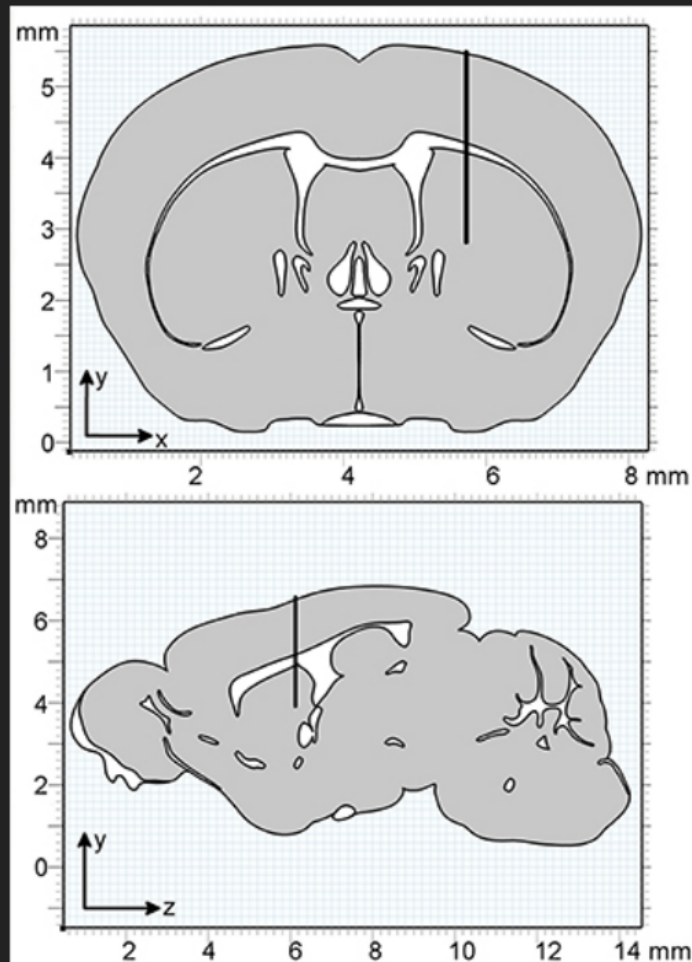
# Injection experiments in mice reveal tracer pathways



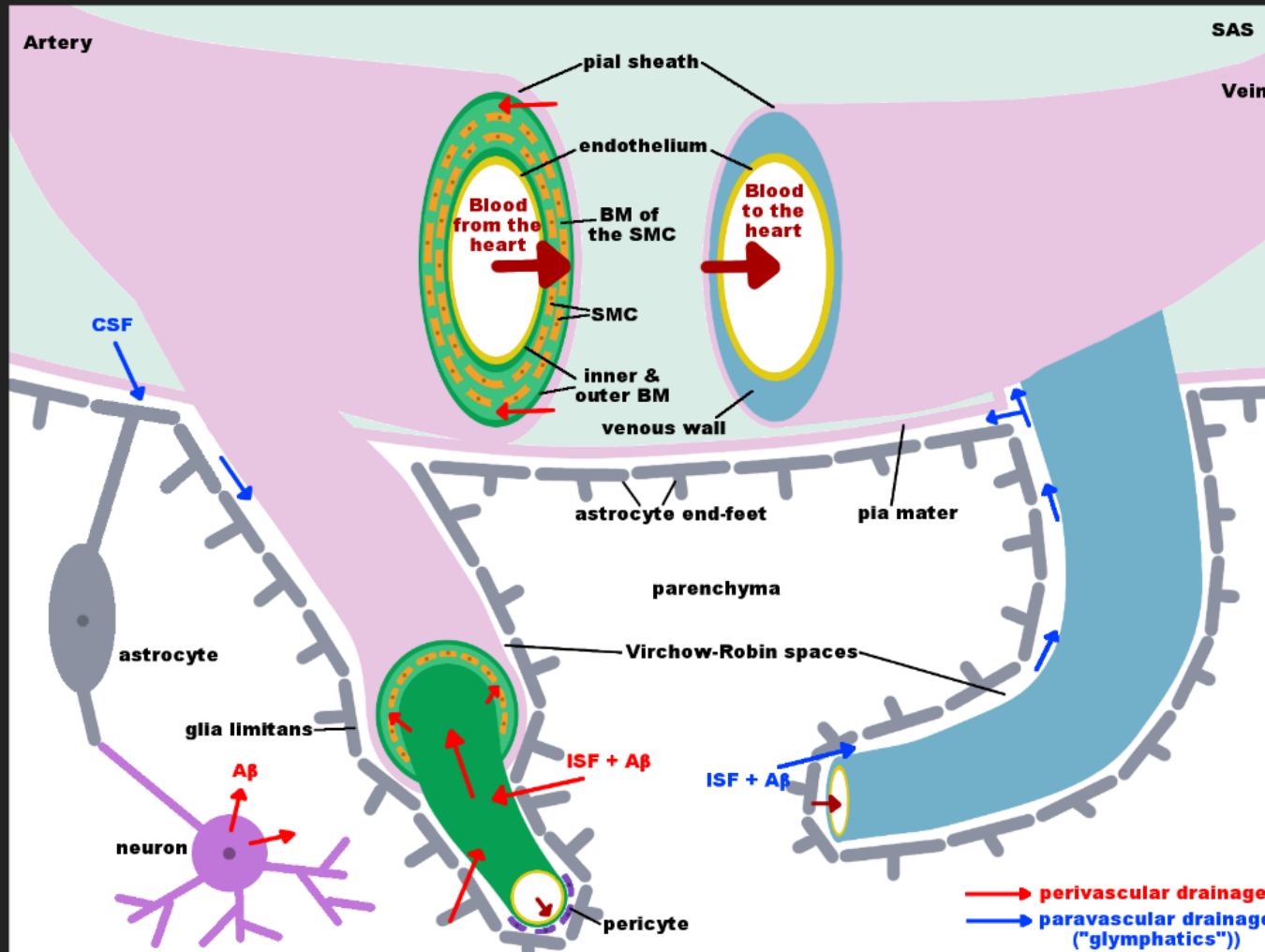
# Tracer pathways correlate with Alzheimer's pathology



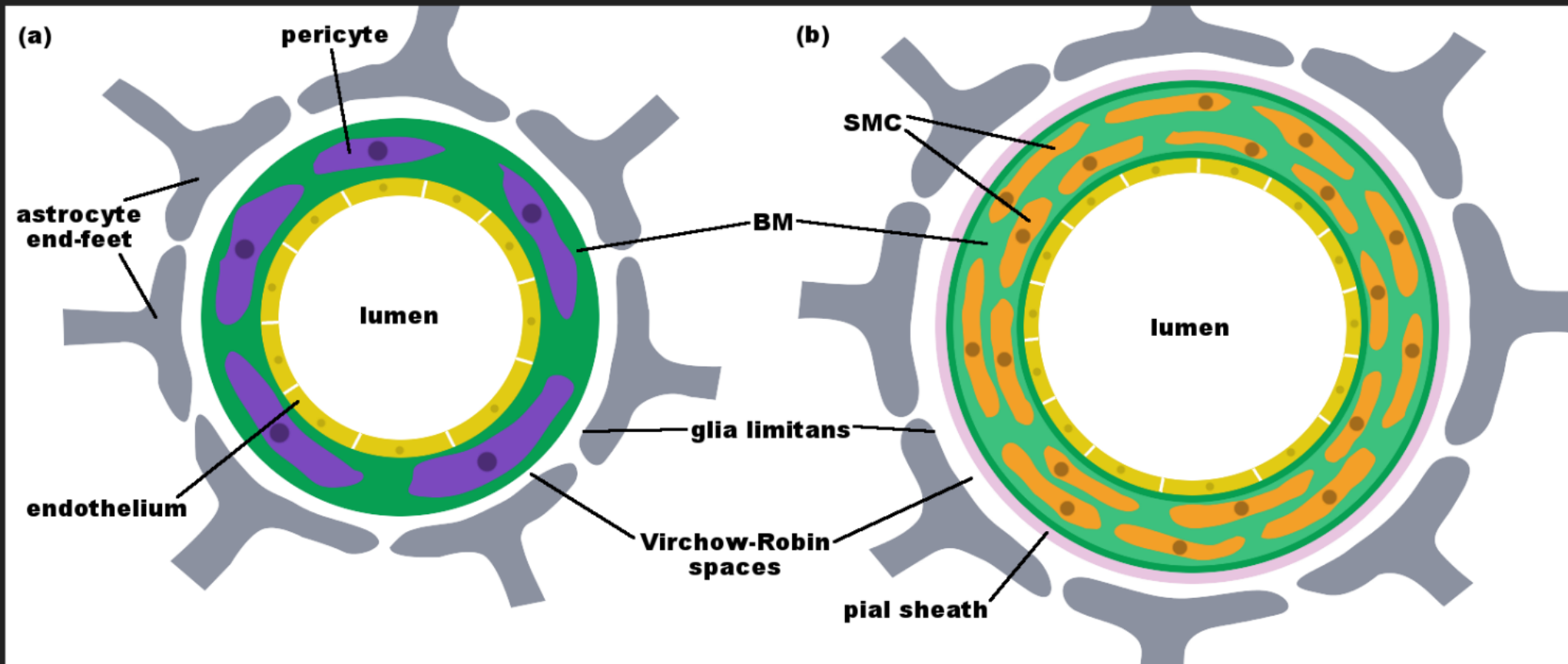
# "That's probably just diffusion through the extracellular space!"



# The physiology is pretty complex...



# Cerebral artery anatomy 101



# BM: Thin film flow inside a porous medium

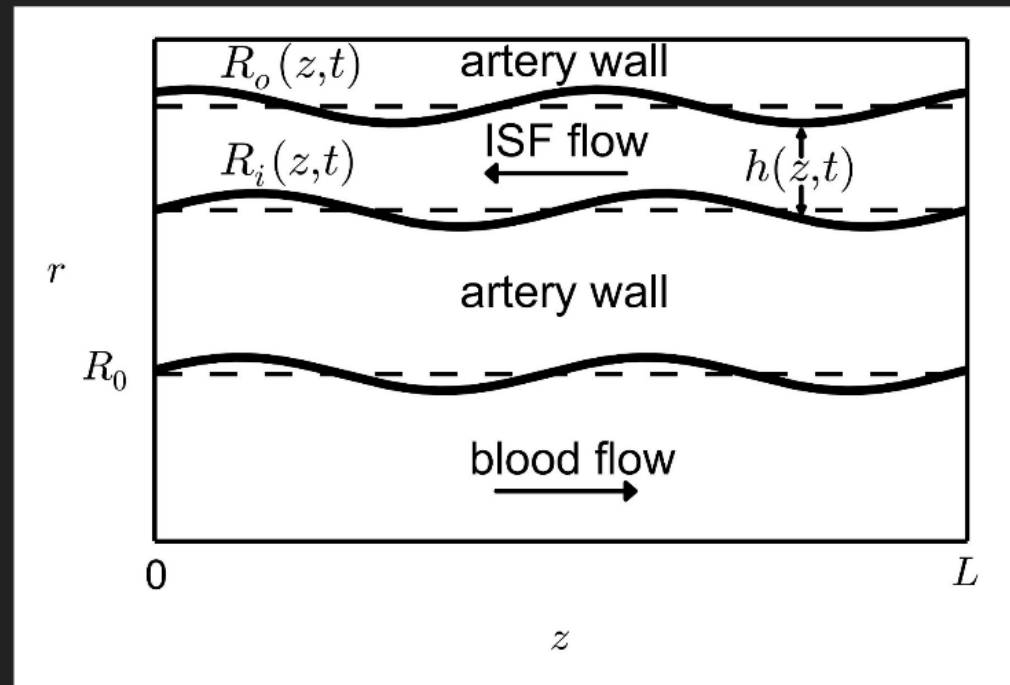
$$\mathbf{q} = -\frac{k}{\mu} \nabla p$$

$$\frac{\partial q_1}{\partial z} + \frac{1}{r} \frac{\partial}{\partial r} (r q_2) = 0$$

Boundary conditions:

$$\frac{D}{Dt} (r - R_i(z, t)) = 0$$

$$\frac{\partial}{\partial t} (\gamma R_i(z, t) \cdot h_{\text{bm}}(z, t)) = \frac{\partial}{\partial z} (R_i(z, t) \cdot h_{\text{bm}}(z, t) \cdot K(p_z) \cdot p_z)$$



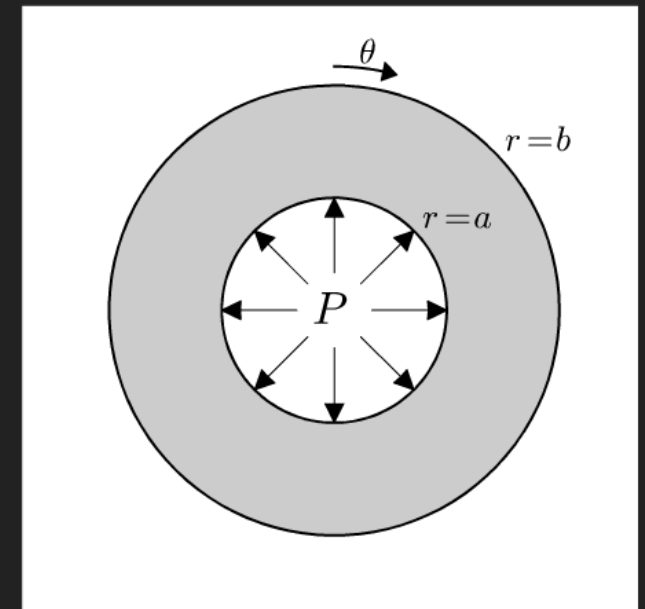
# BM pressure is directly proportional to artery wall stress

$$0 = \frac{1}{r} \frac{\partial}{\partial r} (r \tau_{rr}) + \frac{1}{r} \frac{\partial \tau_{r\theta}}{\partial \theta} - \frac{\tau_{\theta\theta}}{r}$$
$$0 = \frac{1}{r} \frac{\partial}{\partial r} (r \tau_{r\theta}) + \frac{1}{r} \frac{\partial \tau_{\theta\theta}}{\partial \theta} - \frac{\tau_{\theta\theta}}{r}$$

Boundary conditions:

$$\tau_{rr} = -P \quad \text{on } r = a$$
$$\tau_{r\theta} = 0$$

$$\tau_{rr} = 0 \quad \text{on } r = b$$
$$\tau_{r\theta} = 0$$



# Recovering stresses using an Airy stress function

$$\begin{array}{l|l}
 0 = \frac{\tau_{rr}}{r} + \frac{d\tau_{rr}}{dr} - \frac{\tau_{\theta\theta}}{r} & \nabla^4 \mathcal{A}(r) = 0 \\
 \tau_{rr} = -P \quad \text{on } r = a & \tau_{rr} = \frac{1}{r} \frac{d\mathcal{A}(r)}{dr} \\
 \tau_{rr} = 0 \quad \text{on } r = b & \tau_{\theta\theta} = \frac{d^2 \mathcal{A}(r)}{dr^2}
 \end{array}$$

$$\mathcal{A}(r) = k_1 r^2 + k_2 + k_3 r^2 \log(r) + k_4 \log(r)$$

$$\mathcal{A}(r) = \frac{Pa^2 b^2}{a^2 - b^2} \cdot \log\left(\frac{r}{b}\right) + \frac{Pa^2}{2(a^2 - b^2)} (b^2 - r^2)$$

$$\tau_{rr} = \frac{Pa^2}{b^2 - a^2} \left(1 - \frac{b^2}{r^2}\right) = -P_{BM}$$

# Blood flow through the MCA

$$\frac{\partial U}{\partial t} + \frac{\partial F}{\partial z} = S$$

$$U = \begin{pmatrix} A(z, t) \\ Q(z, t) \end{pmatrix}, S = \begin{pmatrix} 0 \\ S_1 \end{pmatrix}$$

$$F = \begin{pmatrix} Q(z, t) \\ \frac{Q(z, t)^2}{A(z, t)} + f(r_0) \sqrt{A_0(z) A(z, t)} \end{pmatrix}$$

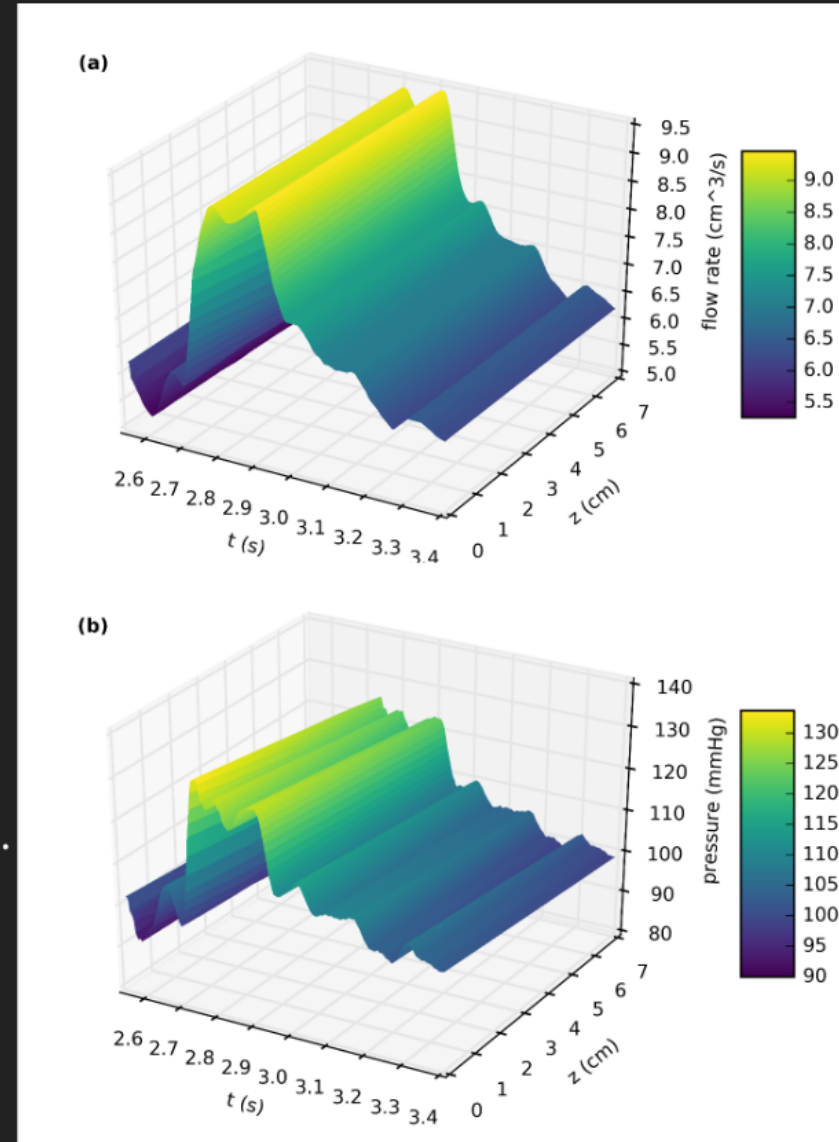
$$S_1 = -\frac{2\pi R(z, t)}{\delta_b \text{Re}} \frac{Q(z, t)}{A(z, t)} + \left( 2\sqrt{A(z, t)} (\sqrt{\pi} f(r_0) + \sqrt{A_0(z)} \frac{df(r_0)}{dr_0}) - A(z, t) \frac{df(r_0)}{dr_0} \right) \frac{dr_0(z)}{dz}$$

Olufsen et al. (2000), Annals of Biomedical Engineering 28 (11): 1281-1299

<https://github.com/akdiem/vampy>

Diem and Bressloff (2017), Journal of Open Research Software 5:17

**VaMpy**



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**REPORT**

# Sleep Drives Metabolite Clearance from the Adult Brain

Lulu Xie<sup>1,\*</sup>, Hongyi Kang<sup>1,\*</sup>, Qiwu Xu<sup>1</sup>, Michael J. Chen<sup>1</sup>, Yonghong Liao<sup>1</sup>, Meenakshisundaram Thiyagarajan<sup>1</sup>, John O'Do...

+ See all authors and affiliations

Science 18 Oct 2013:  
 Vol. 342, Issue 6156, pp. 373-377  
 DOI: 10.1126/science.1241224

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Health

### Sleep 'cleans' the brain of toxins

By James Gallagher  
 Health and science reporter, BBC News

17 October 2013

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### Goodnight. Sleep Clean.

By MARIA KONNIKOVA JAN. 11, 2014

**Forbes**

Health

OCT 18, 2013 @ 08:20 AM 137,662

### Sleep 'Detoxes' The Brain, New Research Suggests

The Little Black

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### Why do we sleep? To clean our brains, say US scientists

Cerebral spinal fluid found to pump around the brain of sleeping mice, flushing out waste products like a biological dishwasher

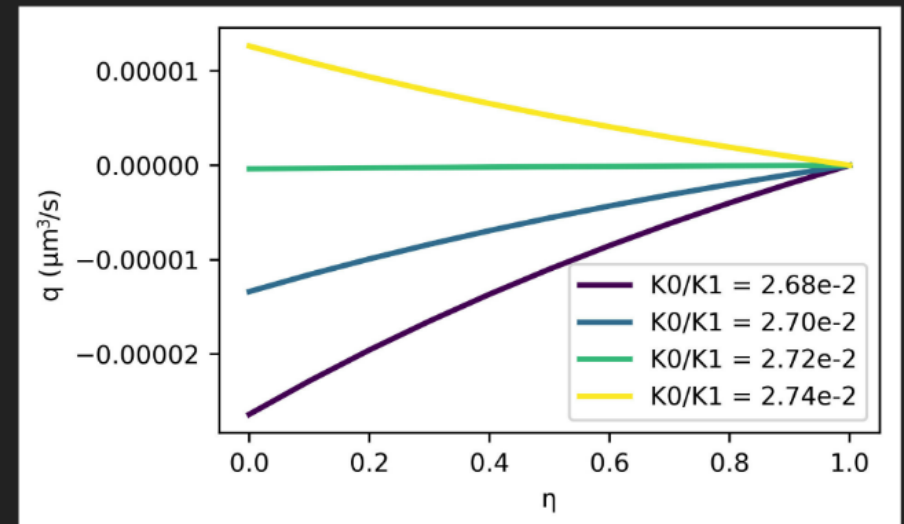
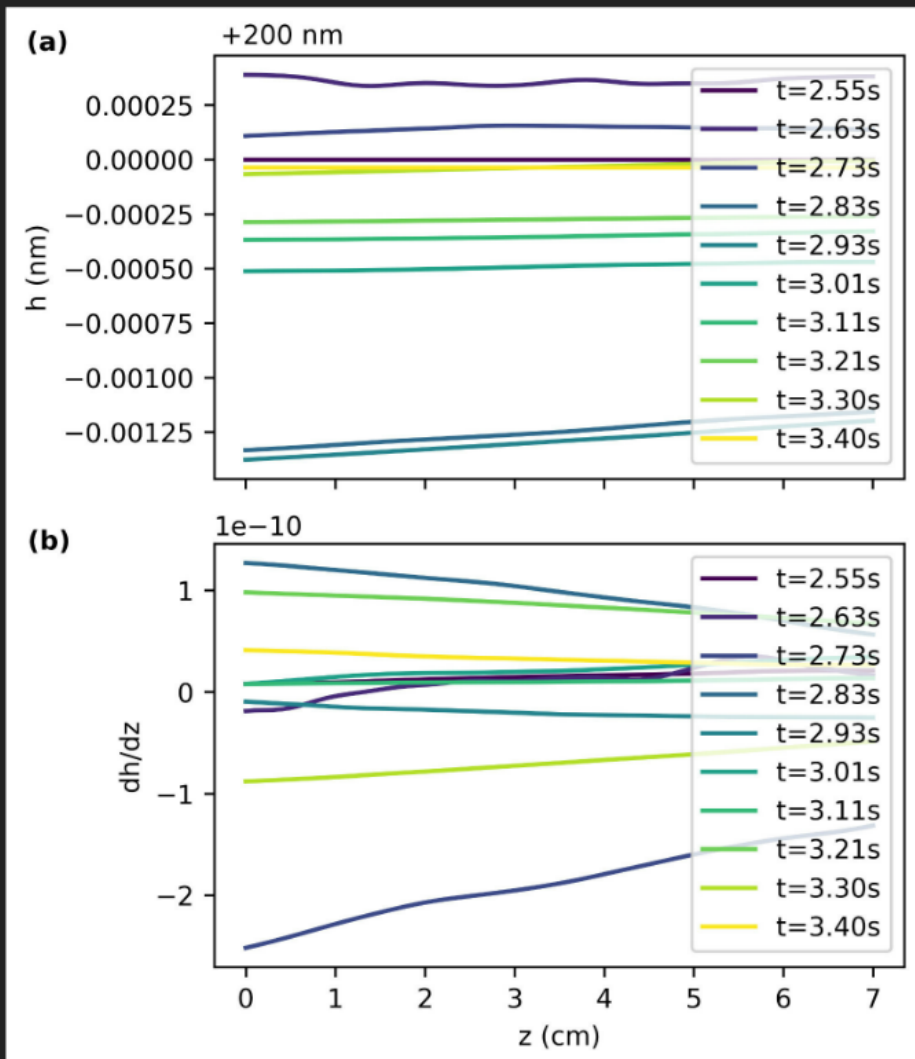
# IPAD through the MCA

$$k = \mu K(p_z)$$

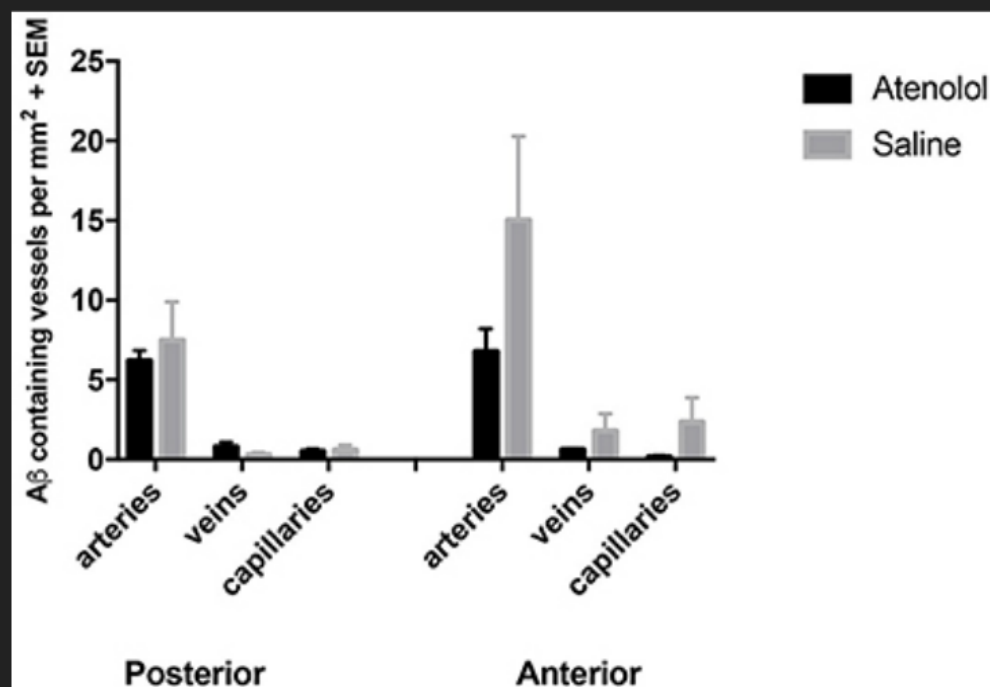
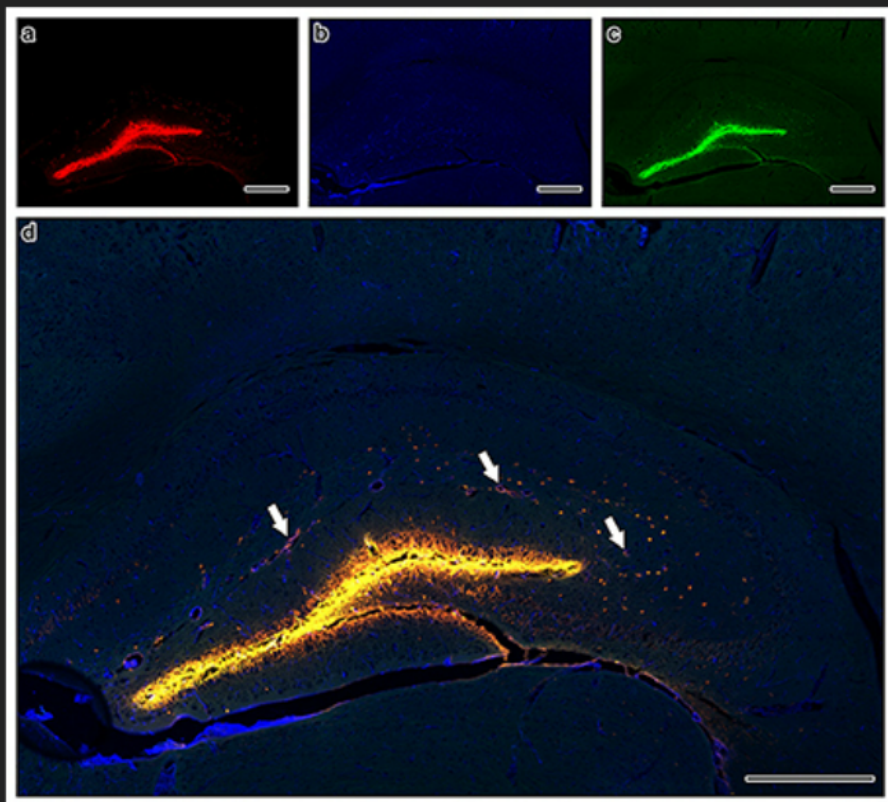
$$K(p_z) = \begin{cases} K_0 & p_z < 0 \\ K_1 & p_z \geq 0, \end{cases}$$

$$q = -1.12e-3 \text{ } \mu\text{m}^3/\text{s} \text{ for } K_0/K_1 = 0.01$$

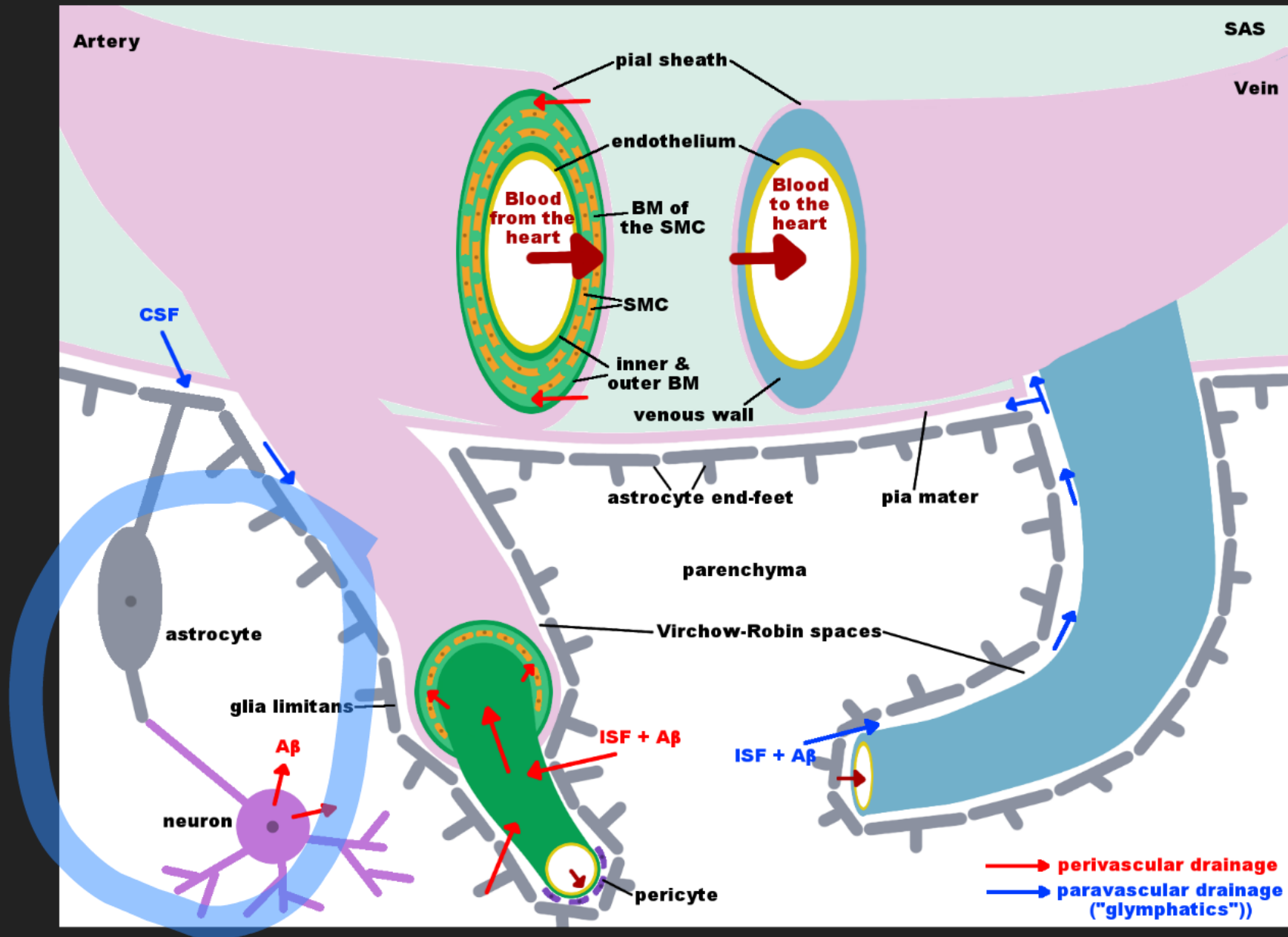
A single turnover of ISF (280 ml) would take  $1e11$  days (0.3 billion years)



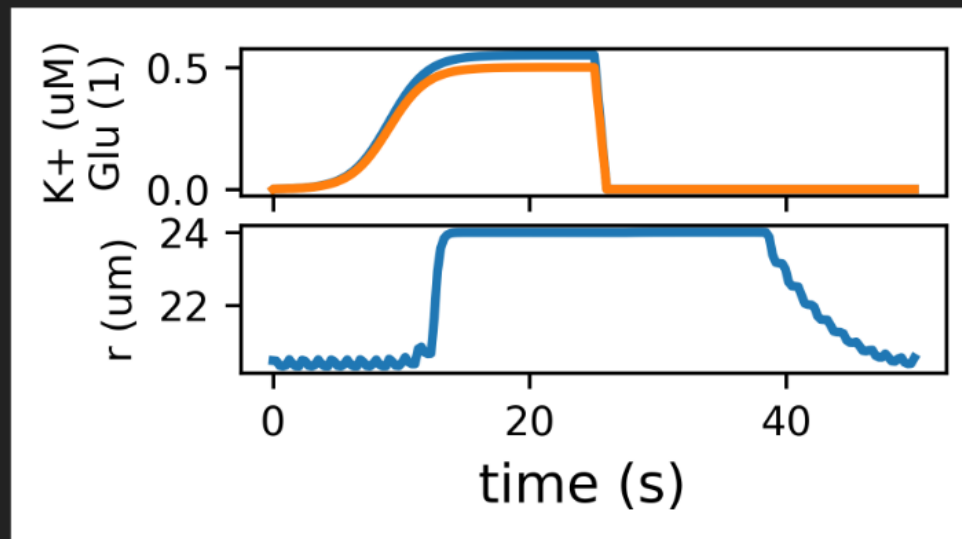
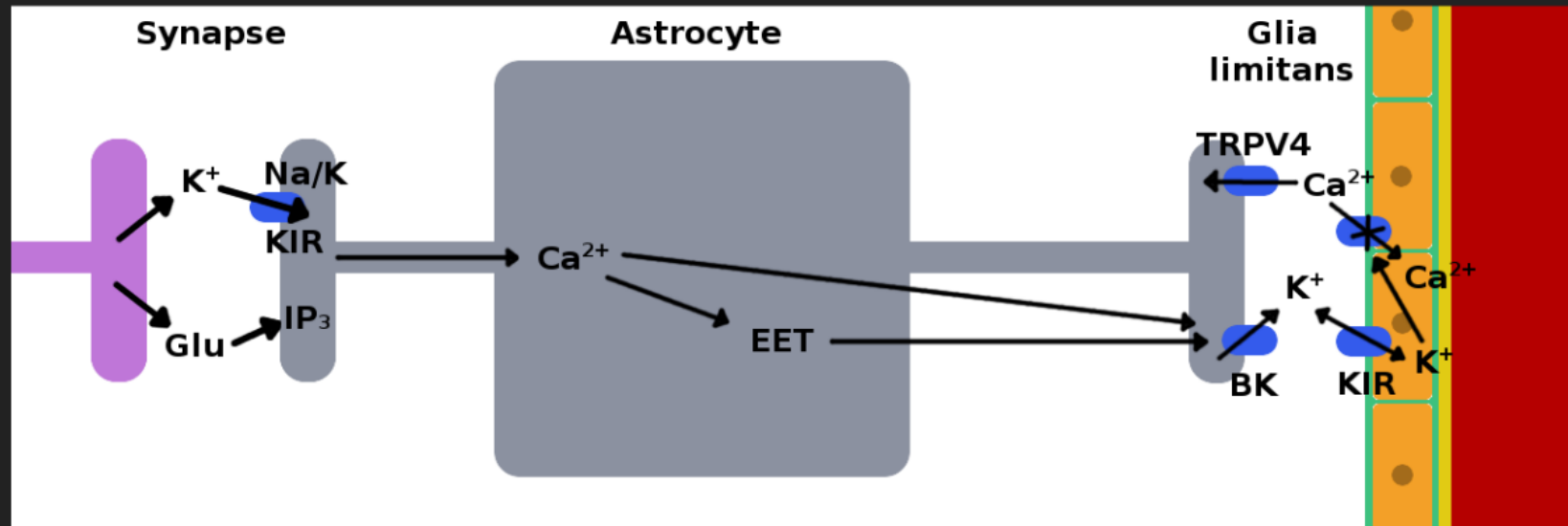
# Experimental verification



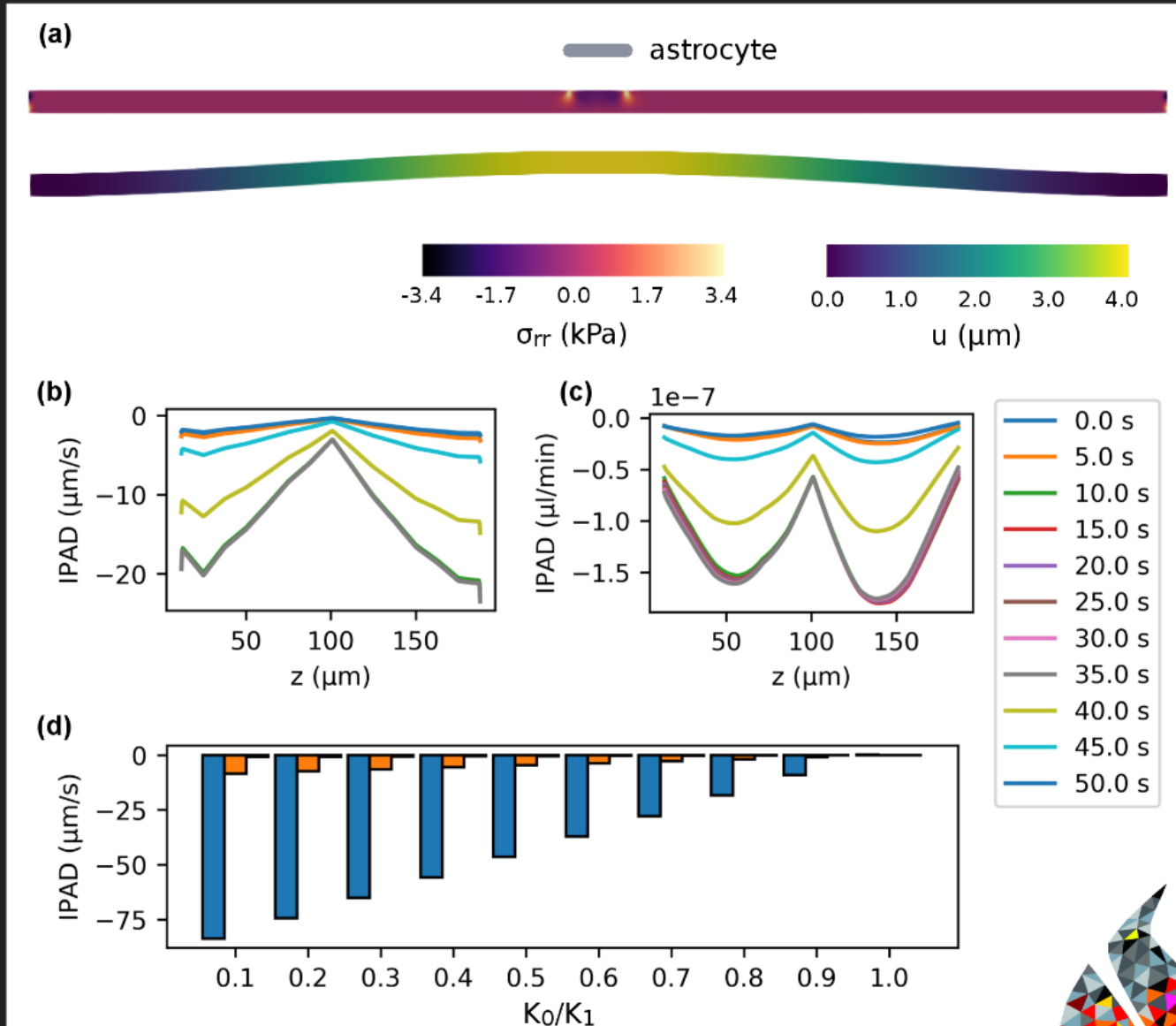
# Neurovascular unit to the rescue!



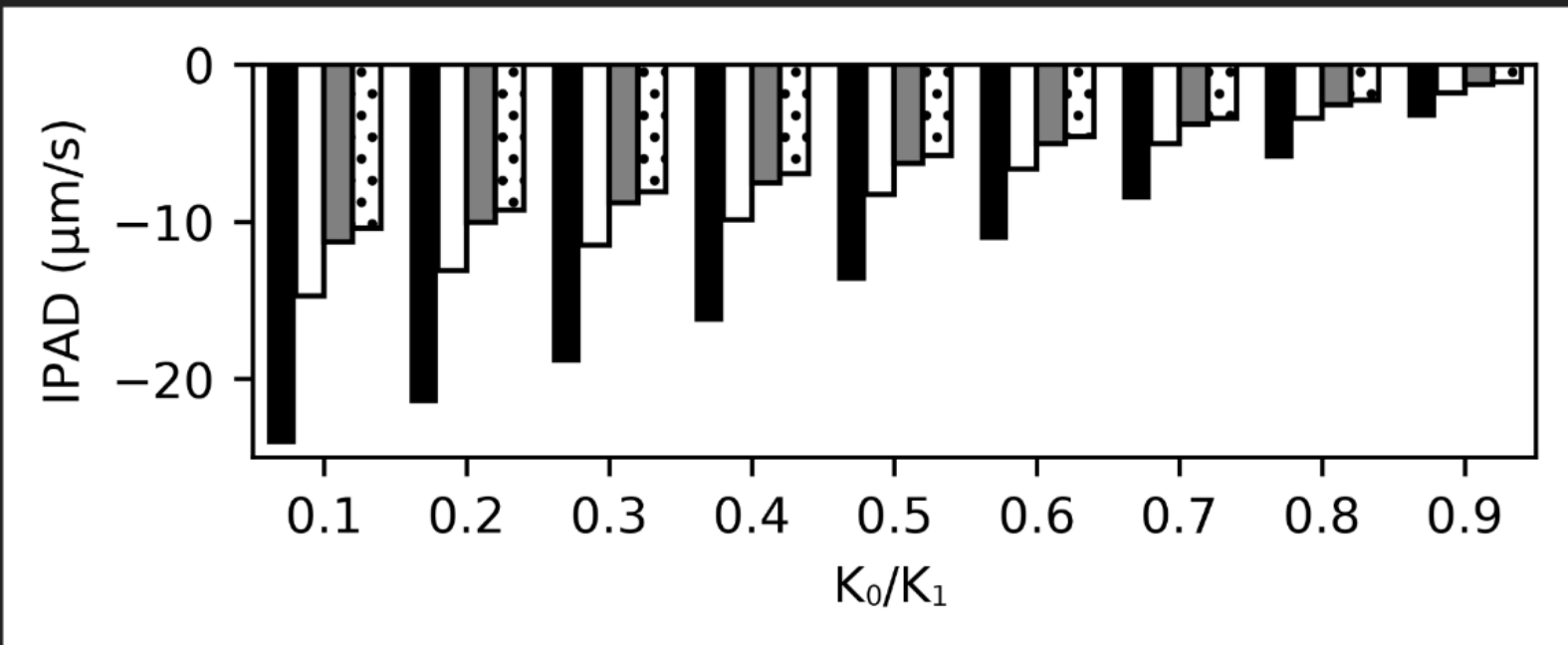
# Neurovascular unit to the rescue!



# Neurovascular unit to the rescue!



# NVU model is quite robust



**Conclusion: Mental and physical activity  
could be the key to prevent Alzheimer's!**

# Meanwhile, in our competitors' lab...

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February 2, 2018

### A Little Alcohol Helps the Brain Flush Waste

If you drink moderately—say, a couple of glasses of wine per day—you may want to toast your glymphatic system. It helps clear your brain of metabolites, including the proteins that are associated with Alzheimer's disease and other forms of dementia. According to new research from the University of Rochester, the glymphatic system may work better if you consume low amounts of alcohol.

# Thanks!

Supervision:



Neil Bressloff



Roxana Carare



Giles Richardson

Funding:



Papers:

Diem et al. (2016) Frontiers in Ageing Neuroscience 8: 18

Diem and Bressloff (2017) Journal of Open Research Software 5: 1

Diem et al. (2017) Frontiers in Neuroscience 11: 475

Diem et al. (2018) PloS One, under review, preprint arXiv:1710.01117